

**RECOVERY CONFERENCE 2018 - The Journey to Recovery Wellness**  
**WORKSHOP SCHEDULE**

<b>Day/Time:</b>	<b>Track: HOME</b>	<b>Track: HEALTH</b>	<b>Track: COMMUNITIY</b>	<b>Track: PURPOSE</b>
Monday 10:30 am	<b>Employment in Recovery Panel</b>  Julie Dostal - LEAF Mike Carpenter- The Northeast Group Kellie Roe - Second Chance Opportunities	<b>Narcan Training</b>  Lauren Bendall -OASAS	<b>Mothers in Recovery panel</b>  Fawn Montanye-Peer Advocacy Consultancy Jennifer Wilks-Celebrate Recovery Valerie Walters -Lower East Side Center	<b>Finding Life's Purpose in Recovery</b>  Ruth Riddick, CARC - ASAP
Monday 1:00 pm	<b>Family Support Group Facilitators (RCA/CRAFT)</b>  Lori Drescher & Keith Greer-Recovery Coach University	<b>Holistic Health for Recovery panel</b>  *Feldenkrais Method/Massage Therapy-Evan Rock-Saratoga Awareness *Nutrition/Fitness-M. Norland-ROcovery Fitness *Acupuncture/Ayurveda-Bridgette Shea-Ageless Acupuncture *Aromatherapy/Aroma Touch – Ginger Miller-Healing Springs RCOG	<b>Initiating Recovery in the Community -panel</b>  Meghan Hetfield-Council Addiction Prevention Education Carl Hatch-Fier-Recovery Net (Open Access Centers) Tylica Pope-BestSelf Behavioral Health, Inc. (Mobil Outreach) Joe Cavallo-Long Island Recovery Association Carlee Hulsizer YVM-NY (Engaging Youth)	<b>Work Place Wellness: Developing a Purpose Driven Culture</b>  Cortney Lovell, Laurie Quinn and Chip White -Our Wellness Collective
Monday 2:30 pm	<b>Recovery Housing: safe, permanent, sustainable</b>  Bill Penepinto -Panepinto Consulting Anne Rhodes- FHM Prevention Council Rita Zimmer- Housing Plus Solutions	<b>Secondary addictions panel</b>  *Gambling; Bill Hill-Center for problem gambling *Food Addictions; Elsie Demers LIRA *Sex Addiction; Amber Haig-	<b>Peer Recovery Professionals - adding value to the community</b>  Ruth Riddick-CARC- ASAP	<b>Activities of Purpose for Recovery – panel</b>  Yana Khashper - ROcovery Fitness *Photo Journalism – Simone Ochrym *Recovery Blogging – Carlee Hulsizer * Film Making – Tawny Lara * Art and Drumming – Sandra Sabene

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Tuesday 10:30 am	<b>Siblings / Grandparents- Intergenerational needs panel</b>  Ambi Daniel-CFLR Rachele Brown- Joseph Davis- Carol Michelle Hulsizer	<b>Harm Reduction/MAR - panel</b>  Keith Brown-Katal Center Rheannon Croy- Alliance for Positive Health Bethany Medley-Harm Reduction Coalition Angela Lewin- Albany Behavioral Health Amy Jones-Center for Law and Justice, Inc Will Robertson-VOCAL	<b>ER protocols – panel</b>  Lori Drescher- Recovery Coach University Patrick O'Connor Yale School of Medicine Mark O'Brian-Addiction Policy Forum Meghan Hetfield-CAPE Sue Martin- RAIS	<b>Gifts of Recovery Coaching – panel</b>  Keith Greer - Recovery Coach University Denis King - Champlain Valley Family Center Kevin Cleare - NYC DOHMH Ashley Livingston - FOR-WW Erin Eishler - HFM Prevention Council
Tuesday 1:00 pm	<b>Soft Skills/Vocational Training for the peer workforce</b>  Jason Page; Syracuse Behavioral Health	<b>Hope After Loss, turning grief to purpose</b>  Kristen Hoin - Summer's Run/FOR-Albany/GRASP Sheila Morris-GRASP Daniel Totten- Red Hook Community Center	<b>Community Asset Mapping RCOs building partnerships</b>  Allison Weingarten-FOR-NY Luis Laboy-Bronx Council Ashley Livingston- FOR-WW Tammy Butler Fluitt- FOR- NY/Greater Monroe RCO DJ Rhodes-YVM-NY Caren Schwartz FOR- Rockland Shana Kaplanov-FOR- NY	<b>A “Purpose FULL” Life; fighting internalized stigma/a journey to recovery wellness and advocacy</b>  James Mayer- True to Self-Counseling
Tuesday 2:30 pm	<b>Engaging Faith Based Communities in Recovery - panel</b>  Jennifer Wilks -Celebrate Recovery, Troy Ambi Daniel- Center for Family Life & Recovery, Utica Shelly McDade-Church of the Ascension, NYC Donna Potter-In His Name Outreach, Buffalo Kay Alameen -TAUBAH Training Academy, Poughkeepsie Barry Wertheimer - CARC, Monroe	<b>Alternative Self-Healing Techniques</b>  <b>1) Self-hypnosis for Recovery</b> Peter Blum  <b>2) The Emotional Freedom Technique</b> Aisha Mohammad	<b>Telephone &amp; Text Peer Support - panel</b>  Richard Buckman Joe Cavallo Conor Mulvaney - LIRA	<b>How Artists Can Be Friend of Recovery</b>  Daniel Totten