BestSelf Behavioral Health
Who is BestSelf Behavioral Health

• Largest Community-based Behavioral Health Organization serving all ages in WNY
• Created June 2017 when Child & Adolescent Treatment Services & Lake Shore Behavioral Health merged
• Annual Budget: $48 million
• Employees: 700+
• In 2017 Served: 20,000+ children, adolescents & adults
What We Do:

• Mental Health Counseling & Rehabilitation
• Substance Use Disorders & Recovery Supports
• Community & Mobile Treatment Services
• School-Based Prevention & Treatment
• Medicaid Health Home for Children & Adults
Recovery Connections Mobile SUD Treatment
Mobile & Community Based SUD Services

• Fully mobile teams including nurses, counselors, peers & prescribers
• Seeing high risk people in the community for treatment
• Use of peers to assist those who previously could not link or stay linked to treatment
Rapid Access to Medication Assisted Treatment

- Rapid access appointments to medication-assisted treatment within 24-48 hours of the initial referral for medication such as:
  - Buprenorphine
  - Vivitrol
Telehealth
While waiting........
Collaboration is the Key . . .

Recovery Connections works collaboratively with many community providers:

- Opioid Court
- Salvation Army
- Niagara Falls Memorial Medical Center
- Community Access Services – CLEAR
- Native American Community Services of Erie & Niagara Counties, Inc. (NACS)
- Save the Michaels
BestSelf was featured on local and National News:

What Have We Done... 

- Served 1,388 individuals from 9/2017- 9/2018
- 116 individuals were provided MAT
- 977 provided services in-community via referrals or outreach
Jail Project Video

Services Delivered in the Jail

- 182 inmates served in Erie County jail
- 229 inmates served in Niagara County jail
Challenges...

- Lack of client follow up with treatment after MAT prescribed
- Can’t be “everything to everyone”
- Loss of time in travel
- Decreased time for outreach
- Other treatment providers able to accept client transfers rapidly
- Becoming self sustaining
Questions