



New York State
RECOVERYCONFERENCE

CONFERENCE PROGRAM

SUNDAY, OCTOBER 20, 2019

LOCATION:

12:00 pm - 12:30 pm

Registration for Pre-Conference/Exhibitor Set-up

12:30 pm - 5:00 pm

YVM/OASAS/ FOR-NY Pre-Conference Institute

Empire Room
Salons A,B & C

5:00 pm - 6:00 pm

Dinner on Your Own

5:00 pm - 7:00 pm

FOR-NY Networking: Supervisors, Trainers & Peers

Salon E

6:00 pm - 7:30 pm

Networking/Dance Sponsor Exhibits and Raffle Kick Off

Outside Empire Room

7:30 pm - 10:00 pm

DANCE, DJ (Light Hors d'oeuvres)

Empire Room

MONDAY, OCTOBER 21, 2019

8:00 am - 8:30 pm

Tai Chi for Recovery (Theresa Knorr)

Empire Room

8:00 am - 9:00 am

Registration (Networking/Exhibits)

9:00 am - 9:30 am

Welcome– Opening (Angelia Smith-Wilson, John Coppola, Chacku Mathai & OASAS Commissioner Arlene González-Sánchez)

9:30 am - 10:00 am

Opening Plenary A

Dr. Valerie Mason-John—Eight Step Recovery

10:00 am - 10:30 am

Break (Networking/Exhibits)

10:30 am - 11:45 am

Workshop Series 1

- **Pathways:** I could never love anyone.... Wellness through movement
- **Health:** Complimentary Health Choices – Nutrition, Reiki, Yoga & Meditation
- **Community:** Our House, Ethical standards (Recovery Homes Panel)
- **Purpose:** Kickass Recovery: living a life of your dreams

Salon A
Salon B

Salon C
Albany/Colonie

11:45 am - 1:00 pm

Lunch/Networking/Exhibits

Salons D, E, F, G, H

1:00 pm - 2:15 pm

Workshop Series 2

- **Pathways:** Creative Recovery Cooperative -Building bridges through sustainable community programming
- **Health:** Integrated Somatic Mindful Recovery Centers (Panel)
- **Community:** Engaging with Law Makers -Advocacy 101 (Panel)
- **Purpose:** Do the Next Right Thing: Ethics for Peer Professionals

Salon A

Salon B
Salon C
Albany/Colonie



New York State
RECOVERYCONFERENCE

CONFERENCE PROGRAM

LOCATION:

2:30 pm - 3:45 pm

Workshop Series 3

- **Pathways:** Eight Step (Buddhist based) Recovery
- **Health:** Problem Gambling – Continuing Care
- **Community:** Addiction: An Occupational Hazard for Nurses & Law Enforcement officers
- **Purpose:** WALK LIKE A MAN: navigating strength, vulnerability, stereotypes and gender roles

Salon A
Salon B
Salon C
Albany/Colonie

3:45 pm– 4:00 pm

Break (Networking/Exhibits)

4:00 pm - 4:45 pm

Day One Closing Plenary B

Daphne Willis

Salons D, E, F, G, H

4:45 pm - 5:15 pm

Recovery Fine Arts Festival Awards

OASAS Commissioner’s Choice Award (5:00 pm)

Salons D, E, F, G, H

5:15 pm - 5:45 pm

Break (Networking/Exhibits)

5:45 pm - 7:00 pm

Dinner, Entertainment and Awards

6:00 pm

Music: Todd Podrazik

Salons D, E, F, G, H

6:15 pm - 7:15 pm

Mutual Aid Meetings:

Harm Reduction Works

One Recovery

Refuge Recovery

Yoga of 12step Recovery

Troy
Schenectady
Salon A
Salon B

7:30 pm - 9:00 pm

SPECIAL EVENT: Daphne Willis/YVM Concert

TUESDAY, OCTOBER 22, 2019

Salons D, E,
F, G, H

8:00 am - 8:30 am

Meditation (NYC Dharma Recovery)

Empire Room

8:00 am - 9:00 am

Registration (Networking/Exhibits)

Salons D, E, F, G, H

9:00 pm - 9:30 am

Day 2 Welcome – Opening Remarks

(Angelia Smith-Wilson, John Coppola, Chacku Mathai)

Salons D, E, F, G, H

9:30 am - 10:00 am

Day Two Opening Plenary A

Ryan Hampton

Salons D, E, F, G, H

10:00 am - 10:30 am

Break (Networking/Exhibits)

10:30 am - 11:45 am

Workshop Series 4

- **Home:** Harm reduction and Community Organizing
- **Health:** Yoga for Recovery: The 13th Step
- **Community:** Practical Spirituality for Recovery
- **Purpose:** Listening with Purpose: Coaching skills

Salon A
Salon B
Salon C
Albany/Colonie



New York State
RECOVERYCONFERENCE

CONFERENCE PROGRAM

11:45 am - 1:00 pm

Lunch/Networking/Exhibits

LOCATION:

Salons D, E, F, G, H

1:00 pm - 2:15 pm

Workshop Series 5

- **Pathways:** Exercise for Recovery: Cross Fit, Personal training
- **Health:** Suicide Safer Care for SUD
- **Community:** CHAMP's got your back, treatment on demand, accessing care and your insurance benefits
- **Purpose:** Engaging youth in recovery around the State

Salon A
Salon B
Salon C

Albany/Colonie

2:15 pm - 2:30 pm

Break (Networking/Exhibits)

Salons D, E, F, G, H

2:30 pm - 3:45 pm

Workshop Series 6

- **Pathways:** Engaging Faith Based Communities (Panel)
- **Health:** Chiropractic for prevention and Recovery
- **Community:** Cultural Humility vs. Cultural Competence; Do You Know Me?
- **Purpose:** Trauma First Aid for Peer professionals

Salon A
Salon B
Salon C

Albany/Colonie

3:45 pm - 4:15 pm

Break (Networking/Exhibits)

Salons D, E, F, G, H

4:15 pm - 4:45 pm

Day Two Closing Plenary E

Connie McMillian – Sobriety Queen

4:45 pm - 5:00 pm

Conference Closing Remarks

Salons D, E, F, G, H