



# Completing CARC Training | Elective Courses for Initial Certification

Contact: Ruth Riddick, Program Manager, ASAP-NYCB Trainer Registry & Training Approval [rriddick@asapnys.org](mailto:rriddick@asapnys.org)

In addition to the standard 46 hours approved foundational training, candidates for Certified Addiction Recovery (CARC) are required to complete 4 hours Medication Assisted Treatment (MAT), and 10 hours of electives. Choose from these approved courses and visit our Trainer Registry for further information on trainers (<http://www.asapnys.org/asap-nycb-trainer-directory/>). Updated monthly.

Course	# of Training hours	Trainer	Trainer #	Training Organization	email
Motivational Interviewing.....	6	Lisa Ardner	20207027	Authentic Trainings	lisaardner16@gmail.com
Trauma First Aid.....	7				
Nurtured Heart.....	6				
Culture of Respect.....	4	Lila Boyer	20207001	H.O.P.E	lilaboyer@helpingotherpeopleeveryday.com
Peer Competency.....	7				
Peer Supervision.....	7				
Professional Skills.....	7				
CCAR Coachervision.....	12	Lori Drescher	20207006	Recovery Coach University	lori@recoverycoachuniversity.com
Motivational Interviewing.....	10				
A Coach Approach.....	6	Keith Greer	20207009	Greer Coaching	keith@keithgreercoaching.com
Engaging Family Members.....	6				
Mental Health First Aid.....	8	Toby Haskins	20207010	Recovery Tech NYC	recoverytechnyc@gmail.com
Mental Health First Aid.....	8				
MAT/MAR.....	8				
Boundaries & Burnout.....	10	Lisa Hope	20207037	Prepared Training	greyrecovery@gmail.com
CCAR Coachervision.....	12				
CCAR Professionalism.....	12				
CCAR Recovery Coaching Basics.....	6				
CCAR Spirituality.....	12				
Creative Storytelling.....	10				
Motivational Interviewing.....	10				
Burnout.....	4	Angela Lewin	20207014	Albany Behavioral Health	alewin@albanybehavioralhealthllc.com
Confidentiality.....	4				
Addictive Behaviors.....	6	Connie Pacheco	20207044	Recoveries R Us	cpacheco@recoveriesrus.org
Coachervision.....	12				
Documentation.....	6				
Essential Skills.....	6.5				
MAT/MAR.....	6				
Medical Issues in Recovery.....	6				
Recovery Goal Setting.....	6				
Recovery in the 21st Century.....	6				
Science of Addiction.....	6.5				
Stages of Recovery.....	6				
Trauma Informed Coaching.....	6				
MAT/MAR.....	7	Dona Pagan	20207045	DoYouSeeOpportunity	dpagan@exponents.org
CCAR Coachervision.....	12	Kelly Quinn	20207108	Finding Jude	kquinn@findingjude.com
CCAR Professionalism.....	12				
CCAR Spirituality.....	12				
AT-Motivational Interviewing.....	6	Sandy Rivers	20207022	Authentic Trainings	sandyrivers10@gmail.com
AT-Trauma First Aid.....	7				
Embodied Trust.....	6				
Mental Health First Aid.....	8	Tawana Rowser-Brown	20207023	TRB Connections	trbconnections@gmail.com
CCAR Coachervision.....	12	Stacy Simbrom	20207049	Healthspan	stacysimbrom@gmail.com
CCAR Professionalism.....	12				
CCAR Spirituality.....	12				
Medication Assisted Treatment.....	4				

Find training dates at <https://for-ny.org/upcoming-trainings/>