



## Completing CARC Training | CARC Electives - 10 hours minimum requirement

Contact: Ruth Riddick, Program Manager, ASAP-NYCB Trainer Registry & Training Approval [rriddick@asapnys.org](mailto:rriddick@asapnys.org)

In addition to approved foundational 46 hours approved training, candidates for Certified Addiction Recovery (CARC) are required to complete 4 hours Medication Assisted Treatment (MAT), plus 10 hours of electives.

Choose from these approved courses and visit the trainers at the ASAP-NYCB Trainer Registry <http://www.asapnys.org/asap-nycb-trainer-directory/>.

All listed and approved courses are also suitable for Continuing Education (CARC/CRPA), unless previously credited.

Course	# of Training hours	Trainer	Trainer #	Training Organization	email
Motivational Interviewing ..... 6 Trauma First Aid..... 7 Nurtured Heart ..... 6		Lisa Ardner	20207027	Authentic Trainings	<a href="mailto:lisaardner16@gmail.com">lisaardner16@gmail.com</a>
Culture of Respect ..... 4 Peer Competency..... 7 Peer Supervision ..... 7 Professional Growth..... 7 Tri-Focal Cultural Competence.....7		Lila Boyer	20207001	H.O.P.E	<a href="mailto:lilaboyer@helpingotherpeopleeveryday.com">lilaboyer@helpingotherpeopleeveryday.com</a> <a href="https://helpingotherpeopleeveryday.com/">https://helpingotherpeopleeveryday.com/</a>
CCAR Coachervision ..... 12 CCAR Spirituality ..... 12		Richard Buckman	20207030	Long Island Recovery	<a href="mailto:admin@lirany.org">admin@lirany.org</a>
CCAR Coachervision ..... 12 Family Supported Recovery .....7 Motivational Interviewing ..... 10		Lori Drescher	20207006	Recovery Coach University	<a href="mailto:lori@recoverycoachuniversity.com">lori@recoverycoachuniversity.com</a> <a href="https://www.recoverycoachuniversity.com/">https://www.recoverycoachuniversity.com/</a>
CCAR Coachervision ..... 12 CCAR Professionalism..... 12 CCAR Spirituality ..... 12		Kathryn Favaro	20207034	Seaway Valley Prevention Council	<a href="mailto:kfavaro@svpc.net">kfavaro@svpc.net</a> <a href="http://svpc.net/">http://svpc.net/</a>
Mental Health First Aid ..... 8		Toby Haskins	20207010	Recovery Tech NYC	<a href="mailto:recoverytechnyc@gmail.com">recoverytechnyc@gmail.com</a> <a href="https://www.recoverytechnyc.com/">https://www.recoverytechnyc.com/</a>
Boundaries & Burnout..... 10 CCAR Coachervision ..... 12 CCAR Professionalism..... 12 CCAR Recovery Coaching Basics..... 6 CCAR Spirituality ..... 12 Creative Storytelling..... 10 Motivational Interviewing ..... 10		Lisa Hope	20207037	Prepared Training	<a href="mailto:greyrecovery@gmail.com">greyrecovery@gmail.com</a> <a href="https://www.preparedacademy.org/">https://www.preparedacademy.org/</a>
Recovery through Wellness and Self Care .....7		Aloysius Joseph	20207012	Peer Alliance Recovery Center	<a href="mailto:aloysius.joseph@samaritanvillage.org">aloysius.joseph@samaritanvillage.org</a> <a href="http://www.samaritanvillage.org/people-we-serve/people-with-addictions/recovery">http://www.samaritanvillage.org/people-we-serve/people-with-addictions/recovery</a>
Our Stories Have Power .....3		Theresa Knorr	20200078	Friends of Recovery-New York	<a href="mailto:tknorr12@gmail.com">tknorr12@gmail.com</a> <a href="https://for-ny.org/upcoming-trainings/">https://for-ny.org/upcoming-trainings/</a>
Burnout ..... 4 Confidentiality ..... 4		Angela Lewin	20207014	Albany Behavioral Health	<a href="mailto:alewin@albanybehavioralhealthllc.com">alewin@albanybehavioralhealthllc.com</a> <a href="http://albanybehavioralhealthllc.com/">http://albanybehavioralhealthllc.com/</a>
Addictive Behaviors ..... 6 Coachervision ..... 12 Documentation..... 6 Essential Skills..... 6.5 Medical Issues in Recovery..... 6 Recovery Goal Setting ..... 6 Recovery in the 21st Century..... 6 Science of Addiction..... 6.5 Stages of Recovery..... 6 Trauma Informed Coaching ..... 6		Connie Pacheco	20207044	Recoveries R Us	<a href="mailto:cpacheco@recoveriesrus.org">cpacheco@recoveriesrus.org</a>
Cultural Competence-Improved Outcomes .....12		Dona Pagan	20207045	Do You See Opportunity	<a href="mailto:donarp59@gmail.com">donarp59@gmail.com</a>
CCAR Coachervision ..... 12 CCAR Professionalism..... 12 CCAR Spirituality ..... 12		Kelly Quinn	20207108	Finding Jude	<a href="mailto:kquinn@findingjude.com">kquinn@findingjude.com</a> <a href="https://www.findingjude.com/">https://www.findingjude.com/</a>
AT-Motivational Interviewing ..... 6 AT-Trauma First Aid ..... 7 Embodied Trust ..... 6		Sandy Rivers	20207022	Authentic Trainings	<a href="mailto:sandyrivers10@gmail.com">sandyrivers10@gmail.com</a> <a href="https://www.authentictrainings.com/">https://www.authentictrainings.com/</a>
CCAR Coachervision ..... 12		Deb Rhoades	20207066	Rhoades Recovery	<a href="mailto:deb@rhoadesrecovery.com">deb@rhoadesrecovery.com</a>
Mental Health First Aid ..... 8 Cultural Competence-Improved Outcomes .....12		Tawana Rowser-Brown	20207023	TRB Connections	<a href="mailto:trbconnections@gmail.com">trbconnections@gmail.com</a>
CCAR Coachervision ..... 12 CCAR Professionalism..... 12 CCAR Spirituality ..... 12		Stacy Simbrom	20207049	Healthspan	<a href="mailto:stacysimbrom@gmail.com">stacysimbrom@gmail.com</a>



Find training dates at <https://for-ny.org/upcoming-trainings/>, or contact individual trainers for further information