## Alcoholism & Substance Abuse Providers of New York State, Inc. (ASAP) Presents A One-Day Summit Addressing

Freedom & Recovery - Progressions in Treatment Methods to Improve Patient Care Among Veterans



Sponsored by:



Office of Alcoholism and Substance Abuse Services



June 14, 2016

Albany Marriott Hotel 189 Wolf Road Albany, New York 12205 8:00 - 4:30

## A BIG THANK YOU TO OUR CONFERENCE SPONSOR & REGISTRATION SPONSOR





## **OUR VETERANS SUMMIT EXHIBITORS**









## MARWORTH

## LONG ISLAND CENTER FOR RECOVERY

The Long Island Center for Recovery is a 40-bed inpatient and outpatient rehabilitation facility with a medically supervised detoxification unit. LICR is OASAS Licensed and JCAHO Accredited and offers Group and Individual Therapy, Family Education and Counseling, cutting edge Rapid Resolution(Trauma Based) Therapy, Uniform Professional Group Therapy, Women's Groups, 12 Step Recovery, Relapse Prevention Groups and Educational Lectures and Workshops. Admissions are open 24 hours a day, 7 days a week.

## MARWORTH TREATMENT CENTER

Marworth Treatment Center, a division of the Geisinger Healthcare System, provides alcoholism and chemical dependency treatment services across the continuum of care. At Marworth, a foundation of treatment is established for continuing recovery that includes individual, group, family and recreational therapy. All clients are discharged with a full continuing care plan, which enables them to continue with the supports they will need to live healthy lives. In addition to treating the general adult population, Marworth provides specialized services for Healthcare Professionals and Uniformed Professionals. For more information about Marworth's services, please call 1-800-442-7722 or visit <a href="https://www.marworth.org">www.marworth.org</a>.

## SEAFIELD

Seafield is a comprehensive OASAS licensed and JCAHO accredited treatment system which includes: sub-acute detox, inpatient rehabilitation, intensive outpatient treatment, clinic groups and individual sessions for adults and adolescents 16 years and older. Treatment plans are individualized to meet the needs of the client.

Special treatment programs include: Trauma and Addiction for Uniformed Personnel and Domestic Violence Offender Program (Power and Control). Safe, supportive housing for men and women is available to assist those in early recovery. Visit us at: <a href="https://www.seafieldcenter.com/">www.seafieldcenter.com/</a>.

## SAMARITAN DAYTOP VILLAGE

What began as one community's compassionate effort to reach struggling youth, Samaritan Daytop Village has evolved into a comprehensive human services agency with more than 40 locations across New York City and beyond. Samaritan Daytop Village offers a rich array of programs including treatment for substance use, innovative services for veterans, and programs for homeless individuals, women and children, seniors and families. Visit us at: <a href="www.samaritanvillage.org/">www.samaritanvillage.org/</a> or call (718) 206-2000 to learn more.

#### ST. JOSEPH'S ADDICTION TREATMENT & RECOVERY CENTERS

St. Joseph's Addiction Treatment & Recovery Centers provides inpatient, outpatient, veterans, adolescent, and aftercare addiction treatment services. Our 65-bed inpatient facility, located on our main campus in Saranac Lake, NY, serves approximately 400 residents annually. The Col. C. David Merkel M.D. Veterans Residence, which is also on our main campus, has a capacity for 25 male clients. St. Joseph's operates Community Services in Franklin and Essex Counties which provide treatment for an average of 1,000 clients each year, while we provide adolescent care through our affiliate, Rose Hill, in Massena, NY. Our aftercare programs operate in Schenectady and Poughkeepsie.

## Freedom & Recovery: Progressions in Treatment Methods to Improve Patient Care Among Veterans

## **CONFERENCE PROGRAM**

8:00 – 9:00 a.m.

#### REGISTRATION AND CONTINENTAL BREAKFAST

9:00 - 10:10 a.m.

## WELCOME AND OVERVIEW (Salon ABC)

- Roy Kearse, Vice President of Recovery Services and Community Partnership, Samaritan Daytop Village
- John Coppola, Executive Director, Alcoholism and Substance Abuse Providers of New York State, Inc. (ASAP)
- Commissioner Arlene González-Sánchez, New York State Office of Alcoholism and Substance Abuse Services (OASAS)
- Eric Hesse, Director, NYS Division of Veterans' Affairs

10:10 - 10:55 a.m.

## ■ A Multi-System Approach to Veteran Housing (Salon ABC)

#### Presenter(s):

Steve Rockman, VP of Real Estate & Housing, Samaritan Daytop Village, Inc. Marty Teller, MA, Executive Director, FLACRA

The workshop will include discussion of all housing options and services available to Veterans in New York State. The Finger Lakes Addictions Counseling and Referral Agency (FLACRA) Cadence Square project represents a Continuum of Care of residential treatment and permanent supportive housing developed in the Finger Lakes. VASH Vouchers and other supplemental resources will also be discussed. This presentation will also feature Samaritan Village, which operates a VA funded SSVF program housing homeless veterans and their families and ensuring housing stability. They operate three veteran specific, OASAS funded residential treatment facilities - two downstate for male veterans and one upstate in Ellenville for female veterans – as well as five separate HRA funded, veteran permanent supportive housing programs located in the Bronx.

10:55 - 11:10 a.m.

**BREAK** 

11:10 a.m. - 12:10 p.m.

## ■ Substance Use Disorder Services Across the Continuum of Care in Veterans Health Administration (Salon ABC)

### Presenter(s):

Bruce F. Nelson, PhD, Behavioral Health Care Line Director, Veterans Integrated Service Network 2, Upstate New York

Ann Feder, LCSW, VA- VISN 2South Mental Health Care Line Programs Manager Interim VISN 2South Lead for Transition and Care Management Program

12:20 - 1:20 p.m.

## ■ Lunch Program: "Finding a Voice" *(The Empire Room)* Presenter:

Zachary Randolph MA, MAC, CASAC, CAMS-1, St. Joseph's Treatment

The decision to enlist in our nation's military always comes at a price. Returning troops never come home from their time in service the same way they left; regardless of military occupation specialty. Our responsibility to address the needs of veterans and their families must be met with compassion and respect for the amazing contributions made by these heroes on our behalf.

# Freedom & Recovery: Progressions in Treatment Methods to Improve Patient Care Among Veterans CONFERENCE PROGRAM

1:25 - 2:40 p.m.

### EDUCATIONAL BREAKOUT SESSIONS I

■ Problem Gambling, Substance Use Disorders & PTSD Among Veterans (Albany Colonie Room)

#### *Presenter(s):*

Maureen Corbett, MS, CPGC, Vocational Program Manager

Devon L. Cummings, Ph.D., Chemical Dependency Rehabilitation Program Manager, Stratton VA Medical Center

This workshop will increase awareness about assessing and treating veterans who are suffering from problem gambling disorders, substance use disorders (SUD), co-occurring substance use disorders and post-traumatic stress disorder (PTSD). Research indicates that the rate of problem gambling is significantly higher among the veteran population. Additionally, approximately half of individuals with lifetime PTSD also have a SUD. This workshop will discuss military culture with the goal of increasing knowledge of the unique aspects of serving in the military and the unique characteristics of veterans who seek treatment for problem gambling, SUDs and co-occurring PTSD and SUD.

## ■ Services for Women Veterans (Schenectady/Troy Room)

**Presenter:** Sharon Elise Gingola, MA, LMSW, Director Women Veterans Program, Samaritan Daytop Village

Females represent the fastest growing group of veterans who are enrolling in Veterans Administration (VA) healthcare. Many of these female veterans who return from deployment are made significantly stronger from this experience, however, many struggle with issues related to substance use, mental health concerns (PTSD), and military sexual trauma (MST). These issues make the transition from military to civilian life much more strained and difficult. Samaritan Village provides long-term residential treatment services tailored to the needs of women veterans; addressing substance use disorders, PTSD and MST in an environment which is trauma informed, and well versed in military culture. Many of the clinical team are veterans themselves and are all women. The workshop will review evidence-based practices, family reattachment and reintegration into civilian lifestyle with supportive services.

## ■ The Intimate & Destructive Relationship between Trauma & Addiction (Salon F Room)

**Presenter:** Bonnie E. Owens, LCSW, Director Of Seafield's "Honor and Resiliency" A Trauma and Recovery Program Dedicated to Uniformed Service Members

This workshop will explore the relationship of earlier life experiences, including the dynamics of generational addiction within a family system, using the lens of trauma informed care. Highlighting the manifestation of symptoms and the devastating and destructive relationship of addiction and trauma; discerning differences between substance use disorders and pseudo substance use disorders.

2:40 - 2:50 p.m. **BREAK** 

# Freedom & Recovery: Progressions in Treatment Methods to Improve Patient Care Among Veterans CONFERENCE PROGRAM

2:50 - 4:05 p.m.

## EDUCATIONAL BREAKOUT SESSIONS II

## ■ An Integrative Approach to Therapy (Salon F Room)

Presenter: Danielle Centofranchi, M.A., LCSW

This course will introduce the effects and prevalence of substance use disorders among the military population and provide an overview of various evidenced-based psychological treatments. Emphasis will be placed on the application of techniques to effectively communicate using Motivational Interviewing, Cognitive Behavioral Family Therapy, and Seeking Safety. Different types of commonly used substances will be reviewed, as will empowerment strategies using community partnerships that support the behavioral health of service members, veterans, and their families.

## ■ TRUCE: A Holistic Approach to Treating Veterans and Their Families

(Schenectady/Troy Room)

Presenter: Zachary Randolph MA, MAC, CASAC, CAMS-1, St. Joseph's Treatment

This presentation will introduce interventions, models, and perspectives that are integrating the most effective evidence-based modalities in a manner that reflects the special needs of veterans.

## ■ Working with Aging Veterans (Albany Colonie Room)

#### Presenter(s):

James V. McFarlane, LMSW, Program Director, Ed Thompson Veterans Center, Samaritan Daytop Village

Beverly Houston, MSW, Program Director, 43rd Street Veteran Program, Samaritan Daytop Village

This workshop will highlight some of the critical issues aging veterans experience before, during, and after completing treatment, as well as offer some helpful practice principles that meet the needs of its aging veterans. Attendees will learn to conceptualize and deliver services that are holistic and speak to a comprehensive scope of treatment; and identify how to link veterans to community resources that provide specific services for the aging veteran: aftercare, medical, psychological, housing and other recovery sustaining services.

4:10 - 4:25 p.m.

### **CLOSING REMARKS (Salon ABC)**

Roy Kearse, Vice President of Recovery Services and Community Partnership, Samaritan Daytop Village

Diane Gonzalez, CEO, MSW, Queens Village Committee for Mental Health for JCAP, Inc.

## ASAP VETERANS COMMITTEE MEMBERS

Roy Kearse, LCSW, Chair Samaritan Daytop Village

Diane Gonzalez, CEO, MSW, Co-Chair

Queens Village Committee for Mental Health for JCAP, Inc.

**Janetta Astone-Twerell, Ph.D.**Samaritan Daytop Village

Ricky Cottingham, MSW, CASAC, CRCT

Queens Village Committee for Mental Health for JCAP, Inc.

**Charlie Devlin** 

Brightpoint Health

**Danny Eglowitz** 

Dynamic Youth Community, Inc.

**Judy Gilbert, CASAC** 

Richards & Otto House

Sharon Gingola, MA, LMSW

Samaritan Daytop Village

Carolyn T. Jackson, Ph.D.

Syracuse VAMC/Rome CBOC

**Paul Noonan** 

**NYS OASAS** 

**Bonnie Owens** 

Bonnie E. Owens, LCSW Seafield Center

Zachary Randolph MA, CASAC

St. Joseph's Addiction Treatment and Recovery Centers

**Max Rose** 

Brightpoint Health

Marty Teller, MA

FLACRA

Julia Floyd Ventura, CASAC

Phoenix House

