

Alcoholism & Substance Abuse Providers
of New York State's 3rd Annual Veterans Summit

“Arms Around Our Forces”

Conference Program



May 9, 2017
Doubletree by Hilton Tarrytown
455 South Broadway, Tarrytown, New York 10591

THANK YOU TO OUR CONFERENCE SPONSORS



**Office of Alcoholism and
Substance Abuse Services**



VETERANS SUMMIT EXHIBITORS



Alkermes plc is a fully integrated, global biopharmaceutical company developing innovative medicines for the treatment of central nervous system (CNS) diseases. The company has a diversified commercial product portfolio and a substantial clinical pipeline of product candidates for chronic diseases that include schizophrenia, depression, addiction and multiple sclerosis. Headquartered in Dublin, Ireland, Alkermes plc has an R&D center in Waltham, Massachusetts; a research and manufacturing facility in Athlone, Ireland; and a manufacturing facility in Wilmington, Ohio.



Braeburn Pharmaceuticals, an Apple Tree Partners company, is a commercial-stage pharmaceutical company delivering individualized medicine in neuroscience. Long-acting therapeutic treatment options can be essential to improving patient outcomes and facilitating recovery in neurological and psychiatric disorders, which are often complicated by stigma and present significant public health challenges. Braeburn's commercial product, Probuphine® (buprenorphine) implant was approved by the FDA in May 2016.



The Long Island Center for Recovery is a 50-bed Inpatient and Outpatient rehabilitation facility with a medically supervised detoxification unit. LICR is OASAS Licensed and JCAHO Accredited and offers Group and Individual Therapy, Family Education and Counseling, cutting edge Rapid Resolution(Trauma Based) Therapy, Military Services-Veterans and First Responders Program, Gender Specific Groups, 12 Step Recovery, Relapse Prevention Groups and Educational Lectures and Workshops. Admissions are open 24 hours a day, 7 days a week. Insurance pre-certifications are conducted by our admissions team. Transportation is available for all admissions and discharges upon completion of treatment.



Samaritan Daytop Village is nationally-recognized for our work in treatment for substance use disorder, specialized services for veterans, and services for homeless individuals and families. Our continuum of services include health care, mental health care, addiction treatment, employment and training services, care coordination, and transitional and permanent housing assistance and services for seniors.

Annually, Samaritan Daytop Village serves over 28,000 people at more than 40 facilities throughout New York City, Long Island and upstate New York, and we continue to grow. With our dedicated staff and partners in the community, we roll up our sleeves and find the Good within the people we serve.



TruetoX Laboratories, LLC was incorporated in August 2012. Located in Garden City Park, NY, the company provides medication management and drug testing to help clinicians deal effectively with substance misuse or addiction.

TruetoX gives you confidence in decision-making and improves the quality of patient care by providing the most advanced and accurate clinical tools available. TruetoX offers indispensable information to support your assessment and treatment plans in all facets of addiction treatment.

Purpose and Goal of Veterans Committee/Mission Statement

- The ASAP Veterans Committee seeks to enhance the quality of services that veterans receive through the prevention, treatment and recovery network. This includes those veterans who have less than honorable or dishonorable discharges because we believe that, regardless of discharge status, substance abuse is an issue that must be treated with the appropriate benefits and services through the healthcare system.
 - Help promote and educate providers on best practices to ensure special needs for Veterans are met.
 - Coordinate and promote networking and collaboration opportunities between providers that offer Veteran services, i.e. education, etc.
 - Ensure competent training of Veterans.
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WELCOME



Hello Fellow Veteran Summit Attendees,

By now, almost everyone knows that the United States is experiencing an epidemic of drug overdoses that is claiming approximately 91 deaths daily according to the CDC. Too many of those deaths occur in New York State and some of them are veterans. Our veterans have often made sacrifices that most civilians cannot even begin to imagine. Often dealing with medical situations that require pain medications which sometimes lead to addictions. As Americans, I believe we have a responsibility to support our veterans with the best possible prevention, treatment and recovery resources available.

To that end, ASAP has held an annual Veterans Summit for the past two years to help promote and educate service providers on best practices and provide networking opportunities to coordinate referrals and service access. Your attendance at this our 3rd Annual Summit helps to support our efforts on behalf of veterans. I want to take this opportunity to thank the ASAP Veterans Committee for all its hard work in making this Summit possible. Thank you for coming.

Roy Kearse, LCSW

Vice President of Recovery Services and Community Partnerships, Samaritan Daytop Village
Chair, ASAP Veterans Committee

8:00 am - 9:00 am	REGISTRATION & CONTINENTAL BREAKFAST
9:00 am - 10:00 am	<p>WELCOME AND OPENING REMARKS</p> <ul style="list-style-type: none"> ▪ Welcome/Color Guard, Resident of Samaritan/Daytop Village Veterans' Program ▪ Roy Kearse, ASAP Veterans Committee Chair, Samaritan/Daytop Village ▪ John Coppola, Executive Director, Alcoholism & Substance Abuse Providers of New York State, Inc. ▪ Commissioner Arlene Gonzalez Sanchez , New York State Alcoholism & Substance Abuse Services ▪ Jay Carruthers, MD, Director, New York State Office of Mental Health, Bureau of Psychiatric Services ▪ Commissioner Loree Sutton, NYC Department of Veterans Services
10:00 am - 10:20 am	MORNING BREAK
10:20 am - 11:10 am	<p>Bill Wedekind, Vietnam Veteran</p> <p>At age 18, after an encounter with an IED in Vietnam left him without eyes or hands, Bill Wedekind's career options seemed limited. When the VA failed to come up with viable options, Bill's grandmother stepped up. Myrtle Fincham was an established ceramicist in Blue Rapids, Kansas and was convinced her grandson could follow in her footsteps. This <i>Unlikely Potter</i> spent a few years at Kansas State under the tutelage of Angelo Garzio. 47 years later he is still at it!</p> <p>An unintended consequence of being the only known blind, handless potter has been a myriad of invitations to speak about his experience to a variety of audiences eager to be inspired by his courage and wisdom.</p>
11:10 am - 11:25 am	Colonel Eric J. Hesse, Director, NYS Division of Veterans' Affairs
11:25 am - 11:45 am	COFFEE BREAK
11:45 am - 12:35 pm	<p>Bruce Nelson, PhD, Behavioral Health Care Line Director, Veterans Integrated Service Network 2, Upstate New York and Ann Feder, LCSW, VA-VISN 2 South Mental Health Care Line Programs Manager Interim VISN 2South Lead for Transition and Care Management Program</p> <p>VA Update</p> <p>The presenters will share their experiences and perceptions concerning the VA's behavioral health services for Veterans in New York State. This will include the most pertinent information available regarding: the newly surfacing or pressing issues impacting today's veterans; the extent and magnitude of such issues; and any novel or innovative strategies or programs developed to address them. The speakers will also discuss the VA's efforts in firming community partnerships as well as any noteworthy gains made.</p>

12:35 pm - 1:35 pm	NETWORKING LUNCHEON
1:35 pm – 2:40 pm	EDUCATIONAL BREAKOUT SESSIONS I
<p>SESSION 1</p> <p>Tina Atherall, Faculty Member, Touro College Graduate School of Social Work and Blue Star Families Advisory Member</p> <p>Military Families – Responding to Unique Challenges of the Military Lifestyle</p> <p>The fabric of the United States military consists of 3.5 million military personnel. 51.2 percent of military personnel are married. Alongside these warriors, are a community of family warriors. Although the families do not deploy to combat zones and endure the rigorous demands of the occupation, the demands of the military family lifestyle are equally challenging. In particular, frequent moves, lack of child care, deployments of spouse, distance from close family, and isolation from peers and civilian community are a few of the lifestyle challenges. This presentation will cover the challenges of military lifestyle on the family system. Participants will gain an understanding of the military care system and programs available to families. Additionally, examples of community collaboration and opportunities for providers to engage the military family in their service area will be discussed. A co-presenter from A Better Balance will conclude the presentation with information regarding Paid Family Leave and provisions for military families.</p>	
<p>SESSION 2</p> <p>Paul Noonan, MPA (Moderator), Coordinator of Veterans Services, NYS OASAS; Lt. Sharon Gingola, MA, LCSW, New York State Guard, Active Reserve, Director, Women Veterans Program, Samaritan/Daytop Village; Jordanna Mallach, Special Programs Coordinator, NYS Division of Veterans Affairs; Mark Lombardo, PsyD, Suicide Prevention Coordinator, Hudson Valley Health System, US Department of Veterans Affairs (VA) and Rachel Marshall, Outreach Coordinator, Samaritan/Daytop Village</p> <p>Social Isolation and Addiction</p> <p>Veterans can often show signs of social isolation withdrawal while transitioning from military to civilian life or during other major life changes. Other Veterans and Service members may have been avoiding other people and activities for a long time and have become uncomfortable being around other people more generally. Social isolation and withdrawal can make it difficult to perform normal daily activities and functions or engage in once-enjoyable recreational pursuits. Some effects of this isolation can include loneliness, relationship problems, alcohol or drug problems, and trouble sleeping. Left unchecked, social withdrawal or isolation can lead to or be associated with depression. Such behavior can also negatively affect those you care about. This panel will examine the causes of this condition, provide personal experiences and offer some insight into promising interventions.</p>	

SESSION 3

Richard Gray, PhD, Research Director and Command Sargent Major Van Wagner, Retired United States Army

Research in Sleep Disturbances and Nightmares

PTSD has as one of its distinguishing characteristics a cluster of intrusive symptoms that include flashbacks and nightmares. Nightmares and sleep disturbances are often the only clearly visible evidence of the disorder but their impact on the individual is considerable. Nightmares, more properly night terrors, can have the effect of throwing the individual back into a real time re-experience of the traumatic event in a way that makes them a danger to themselves and others. They may awaken violently striking out at anyone around them or being otherwise destructive. Even when the nightmares are content-free (the client has no memory of the dream content) they can lead to various modes of acting out including, sleep walking and violence. At the very least, the presence of nightmares can set off emotional sequelae that can make the return to sleep impossible, and carry through for hours or days making work and family life difficult at best if not impossible. These problems can feed into a vicious cycle of nightmares and flashbacks in which one feeds into the other. This presentation will explore the relationship between PTSD and nightmares and how the RTM protocol is providing answers for active war fighters, veterans, and their families.

2:40 pm – 2:55 pm

AFTERNOON BREAK

2:55 pm - 4:00 pm

EDUCATIONAL BREAKOUT SESSIONS II

SESSION 1

Deirdre Rice-Reese, MPA, CASAC, Assistant Vice President of Residential Treatment (Moderator), Sharon Gingola, New York State Guard, Active Reserve, Director, Women Veterans Program, Samaritan/Daytop Village; Beverly Houston, MSW, Program Director 43rd Street, Samaritan/Daytop Village and James McFarland, LMSW, Program Director, ETVS Samaritan/Daytop Village

Services for Veterans “Do We Have What They Need” – A Comprehensive look at Statewide Services and some of the gaps.

This presentation will focus on different elements in providing continuing care to veterans’ population. Care coordination for veterans requires specialized skills and knowledge, military cultural competence and a passion to serve those who have served. Presenters will also identify supports within our agency structure as well as access to VA services and Non VA community resources. All are crucial to the provision of quality care for our veteran population.

SESSION 2

Zachary D. Randolph, MA, MAC, CASAC, CAMS-1 and Shane Ash

Coming Home - The Spirituality Behind Reintegrating

The presentation will identify challenging consequences that occur while serving in any capacity in the military (i.e. moral injury, PTSD, anxiety, hyper-sensitivity). These experiences, and the practice of coping with their resulting symptoms, can become barriers for the veteran to reintegrating back into families and communities in healthy, connected ways. Practical recommendations for veterans, loved ones and clinicians will be offered during this workshop in order to create sensitivity to this spiritual transition and ideas of how communities and families can help their heroes come home and find purpose and peace.

SESSION 3

Laurie Lieberman, MPA, LMSW, CASAC-2, CRPA, Director of Recovery Services, Samaritan Daytop Village and Ricky Cottingham, MSW, CASAC-2, CRCT, Clinical Program Director, J-CAP

Recovery Support for Veterans. “Embracing all Forces”

This workshop will focus on the various aspects of the Veteran’s culture and will explore the different recovery support approaches that can be utilized to assist veterans in their recovery.

Participants will learn about:

- A. Recovery oriented systems of care for veterans (ROSC)
- B. Peer support for Veteran’s (recovery clubs, alumni)
- C. Utilizing existing RCC with specialized tracks for Vets.
- D. Challenges and positive engagement techniques

4:00 pm - 4:15 pm

Closing Remarks

- Roy Kearse, ASAP Veterans Committee Chair, Samaritan/Daytop Village
- Diane Gonzalez, ASAP Veterans Committee Chair, CEO, QVCMH for JCAP



18TH ANNUAL CONFERENCE

SEPTEMBER 17-20, 2017 BUFFALO NIAGARA CONVENTION CENTER



New York State
RECOVERYCONFERENCE

SAVE THE DATE

October 1-2, 2017
Albany Capital Center

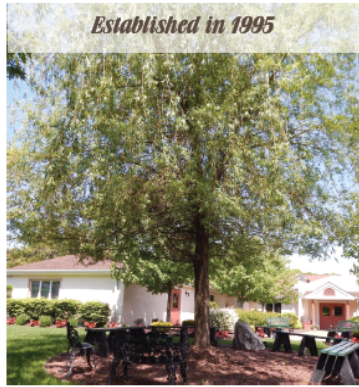


2 QUALITY ADDICTION TREATMENT CENTERS YOU CAN TRUST - BOTH AFFORDABLE AND ACCESSIBLE

Long Island Center for Recovery (LICR) and Florida Center for Recovery (FCR) are combining over 35 years of expertise and experience to make comprehensive and affordable addiction treatment services available on both sides of our nation. These two JCAHO accredited treatment centers provide medical detox, alcohol and drug rehabilitation for adults in both inpatient and outpatient settings. Our rehab programs are comprehensive and solution-oriented with individualized treatment plans that focus on treating the physical, emotional, and spiritual aspects of the disease of addiction. Our engaging environment provides clients with the opportunity to become immersed and focused in the recovery process through a variety of non-threatening therapeutic counseling. Clients, whose recovery are affected by psychological trauma, are treated by Dr. Jon Connelly, the developer and founder of Rapid Resolution Therapy® (RRT), which is one of the most effective trauma treatments available to date.

LONG ISLAND CENTER FOR RECOVERY TREATMENT HIGHLIGHTS

50-Bed Facility
Medical Detox
Addiction Treatment Assessment
Individual & Group Psychotherapy
Educational Lectures & Workshops
Relapse Prevention
12-Step Study Groups
Women and Men's Group
Family Education & Counseling
First Responders & Military Groups
RAPID RESOLUTION THERAPY®
Nutritional Counseling
Fully Equipped Gym
Outpatient with DWI Groups
AA and NA Meetings
Poets of Wellbeing Writing Workshop
Recover the Laughter Therapeutic
Stand Up Comedy
Meditation & Yoga
Recreational Therapy
Aftercare Program
Discharge Planning



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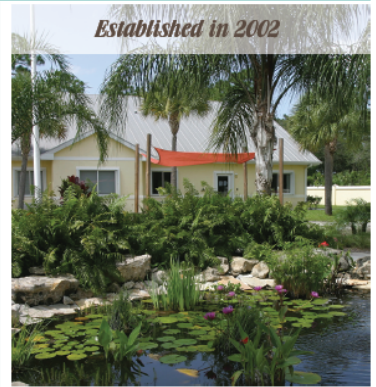
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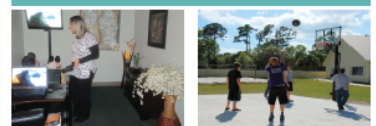
Long Island Center for Recovery, Inc.
320 West Montauk Highway
Hampton Bays, NY 11946

FLORIDA CENTER FOR RECOVERY TREATMENT HIGHLIGHTS

72-Bed Facility
Medical Detox
Medical and Psychological Evaluation
Addiction Treatment Assessment
Treatment for Co-Occurring Disorders
Individual & Group Psychotherapy
Relapse Prevention Therapy
RAPID RESOLUTION THERAPY®
Family Therapy
Gender Specific Counseling
Pregnant Women Program
12 Step & SMART Recovery®
Recovery Educational Workshops
Spiritual Counseling
Biofeedback Therapy
Massage Therapy
Recreational Therapy
Yoga & Meditation
Personal Training
Art Therapy
Nutritional Counseling
Aftercare Program
Discharge Planning



1.800.851.3291



FloridaCenterForRecovery.com



Florida Center for Recovery, Inc.
3451 W. Midway Road
Fort Pierce, FL 34981

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OASAS CEUs:

This training is provided under New York State Office of Alcoholism and Substance Abuse Services (OASAS) Education and Training Provider Certification Number 0709. Training under a New York State OASAS Provider Certification is acceptable for meeting all or part of the CASAC/CPP/CPS education and training requirements. This training has been approved for up to a total of four (4) CEU's.

Social Work CEUs:

Alcoholism and Substance Abuse Providers of New York State, Inc. (ASAP) is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0396. ASAP's 3rd Annual Veterans Summit has been approved for up to a total of four (4) CEU's for Social Workers.

NOTES

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