BestSelf Behavioral Health



Who is BestSelf Behavioral Health

- Largest Community-based Behavioral Health Organization serving all ages in WNY
- Created June 2017 when Child & Adolescent Treatment Services
 & Lake Shore Behavioral Health merged
- Annual Budget: \$48 million
- Employees: 700+
- In 2017 Served: 20,000+ children, adolescents & adults

What We Do:

- Mental Health Counseling & Rehabilitation
- Substance Use Disorders & Recovery Supports
- Community & Mobile Treatment Services
- School-Based Prevention & Treatment
- Medicaid Health Home for Children & Adults

Recovery Connections Mobile SUD Treatment



Mobile & Community Based SUD Services



- Fully mobile teams including nurses, counselors, peers & prescribers
- Seeing high risk people in the community for treatment
- Use of peers to assist those who previously could not link or stay linked to treatment

Rapid Access to Medication Assisted Treatment

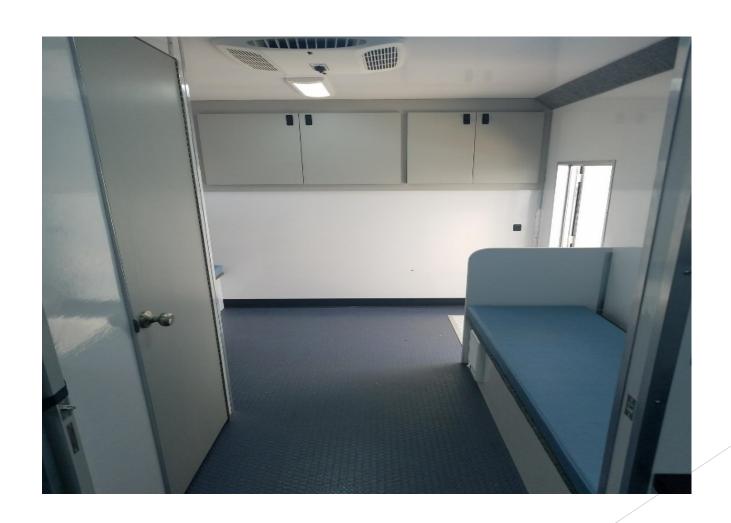
► Rapid access appointments to medication- assisted treatment within 24-48 hours of the initial referral for medication such as:

- **Buprenorphine**
 - Vivitrol

Telehealth



While waiting......



Collaboration is the Key . . .

Recovery Connections works collaboratively with many community providers:

- Opioid Court
- Salvation Army
- Niagara Falls Memorial Medical Center
- Community Access Services CLEAR
- Native American Community Services of Erie & Niagara Counties, Inc. (NACS)
- Save the Michaels

BestSelf was featured on local and National News:

https://www.wgrz.com/video/news/health/mobile-units-expand-addiction-treatment/71-8142576

What Have We Done. . .

Served 1,388 individuals from 9/2017- 9/2018

► 116 individuals were provided MAT

▶ 977 provided services in-community via referrals or outreach

Jail Initiative



Jail Project Video

http://www.wivb.com/news/local-news/niagara-county-sobriety-behind-bars/1194378237

Services Delivered in the Jail

▶ 182 inmates served in Erie County jail

229 inmates served in Niagara County jail

Challenges...

- Lack of client follow up with treatment after MAT prescribed
- Can't be "everything to everyone"
- Loss of time in travel
- Decreased time for outreach
- Other treatment providers able to accept client transfers rapidly
- Becoming self sustaining

Questions

