

BestSelf Behavioral Health



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Who is BestSelf Behavioral Health

- Largest Community-based Behavioral Health Organization serving all ages in WNY
- Created June 2017 when Child & Adolescent Treatment Services & Lake Shore Behavioral Health merged
- Annual Budget: \$48 million
- Employees: 700+
- In 2017 Served: 20,000+ children, adolescents & adults

What We Do:

- **Mental Health Counseling & Rehabilitation**
- **Substance Use Disorders & Recovery Supports**
- **Community & Mobile Treatment Services**
- **School-Based Prevention & Treatment**
- **Medicaid Health Home for Children & Adults**

Recovery Connections Mobile SUD Treatment



Mobile & Community Based SUD Services



- Fully mobile teams including nurses, counselors, peers & prescribers
- Seeing high risk people in the community for treatment
- Use of peers to assist those who previously could not link or stay linked to treatment

Rapid Access to Medication Assisted Treatment

- ▶ **Rapid access appointments to medication- assisted treatment within 24-48 hours of the initial referral for medication such as:**
 - ▶ **Buprenorphine**
 - ▶ **Vivitrol**

Telehealth



While waiting.....



Collaboration is the Key . . .



Recovery Connections works collaboratively with many community providers:

- ▶ Opioid Court
- ▶ Salvation Army
- ▶ Niagara Falls Memorial Medical Center
- ▶ Community Access Services – CLEAR
- ▶ Native American Community Services of Erie & Niagara Counties, Inc. (NACS)
- ▶ Save the Michaels

BestSelf was featured on local and National News:

- ▶ <https://www.wgrz.com/video/news/health/mobile-units-expand-addiction-treatment/71-8142576>

What Have We Done. . .

- ▶ **Served 1,388 individuals from 9/2017- 9/2018**
- ▶ **116 individuals were provided MAT**
- ▶ **977 provided services in-community via referrals or outreach**

Jail Initiative



Jail Project Video

- ▶ <http://www.wivb.com/news/local-news/niagara-county-sobriety-behind-bars/1194378237>

Services Delivered in the Jail

- ▶ **182 inmates served in Erie County jail**
- ▶ **229 inmates served in Niagara County jail**

Challenges...

- ▶ **Lack of client follow up with treatment after MAT prescribed**
- ▶ **Can't be “everything to everyone”**
- ▶ **Loss of time in travel**
- ▶ **Decreased time for outreach**
- ▶ **Other treatment providers able to accept client transfers rapidly**
- ▶ **Becoming self sustaining**

Questions

