

# **Introducing CRPA-Family**

Ruth Riddick, CARC-RCP

# Community Outreach | ASAP-New York Certification Board Administrator | ASAP-Peer Workforce Initiative

Alcoholism & Substance Abuse Providers of New York State

a 501(c)3 Organization Certifying the Peer Recovery Profession Supporting the Peer Recovery Workforce

http://www.asapnys.org/



# Welcome!



"Thank you for your interest in CRPA-Family and welcome to this overview. Enjoy!

At ASAP, we're very honored to have developed this new certification, and to partner with authorized trainers of the required curriculum statewide."

-John Coppola, ASAP Executive Director July 2019



ASAP NYS gratefully acknowledges the contribution of the following organizations and their staff in developing the CRPA-Family:

- NYS OASAS
- Research Foundation for Mental Hygiene
- The Change Group
- New York Certification Board
- ASAP-Peer Workforce Initiative
- Families Together in New York State
- New York University Community Technical Assistance Center



[Recovery is] "A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential."

- SAMHSA, 2011 http://www.samhsa.gov/recovery

# Peer Recovery Engagement



Purpose:

- To embody & leverage a personal vision of SUD recovery; and
- To support individuals building their own Recovery Capital Professional Authority:
  - Based on utilizing (lived) Experience and (communications) Expertise

# Peer Recovery Profession

Components:

- Practice-specific Education
- Profession-specific Ethics
- Role-specific Certification:
  - Promotional & Protective value; ensuring
  - > Transparent & Accountable practice

# Peer Recovery Profession in NYS

CRPA: The Medicaid-billable peer recovery role CRPA-Family: Specialization under CRPA

- Certification requirements & Ethical standards
- Training program & opportunities



The purpose of the peer recovery (PR) engagement is to:

Share a personal message of recovery across a lifetime (vision)



Support individuals develop their sustainable life in recovery (capital)

&



Peer Recovery is based on the professional's:

**Experience** coming from a personal history of, or exposure to, (i) substance use disorder, (ii) the process of change, and (iii) a sustainable life in recovery

**Expertise** requiring application of that knowledge to the skill of helping others establish, and live in, their own definition and pathway of recovery across a lifetime



Peer Recovery (PR) Professionals add unique value to the continuum of care, improve efficacy and outcomes, and build recovery capital by:

- Leveraging experience "I've been there, maybe I can help?"
- Bringing expertise to purposeful conversations – "How can I help you with your recovery today?"
- Navigating systems to connect treatment and therapy clients with recovery resources – "Take my hand and let's walk this journey together?"



# > Peer Recovery Profession:

- Education
- Ethics
- Board certification

| practice-specific | profession-specific | role-specific

# > Professional Role Purpose:

Support individuals build Recovery Capital by

- Sharing experience through expertise
- Coaching in Purposeful Conversations

# > Role Certifications in NYS:

http://www.asapnys.org/ny-certification-board/nycb-certifications/

- Certified Recovery Peer Advocate (CRPA)(Medicaid) *CRPA-Provisional (billable role experience) CRPA-Family; CRPA-Youth (specializations/parenthetics)*
- Certified Addiction Recovery Coach (CARC)

# Certification



Certification is typically a voluntary process, and is not required for non-licensed employment. Certification is often provided by a non-governmental organization (such as ASAP-NYCB) for the purpose of confirming that certificants have met all experiential, educational and ethical requirements for the credential, and demonstrated their ability to perform their professional role competently and ethically, usually by written or oral examination.

Certification is NOT a license, which is a state's grant of legal authority to practice a profession within a designated scope of practice. Non-clinical Peer Recovery is not a licensed practice.

# Certification

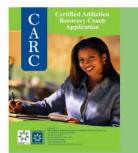




# **Ten-Step Certification Development Process**

- Convene Subject Matter Experts (SMEs): SMEs are recognized experts in the community who bring a deep knowledge of the value, purpose, duties and processes of the role under review
- 2) Develop a Job Task Analysis (JTA): In facilitated discussion, SMEs deliberate these issues with a view to identifying the unique scope and limits of the role. These deliberations are facilitated by a professional psychometrician who ensures that the session is psychometrically-sound and includes a statistically-driven validation process. The psychometrician produces the resulting formal Job Task Analysis on which the certification is based.
- 3) Identify Knowledge/Skills/Abilities (KSAs): In this JTA profile, the SME panel inventories specific characteristics and competencies required by the role. These identified KSAs are considered to be the essential attributes an individual must have in order to safely and competently perform the functions associated with his/her role. This inventory forms the basis of the work/lived experience, specialized training content and competency-based exams appropriate to the role.
- 4) Set Certification Standards: The certifying board (NYCB) examines the JTA and KSAs to determine standards for identifying role-qualified candidates for professional certification. These standards constitute the minimum requirements for candidates to demonstrate that they are prepared to perform competently in the role. When these standards have been adopted, the Board publishes them in the interest of transparency:
  - a) Personal: What are the personal qualifications required for the role; for example, is there a defined "lived experience" profile attached to the role?
  - b) Educational: Are there any educational prerequisites? What specialized training is required? Is there an exam attached?
  - c) Experiential: Does the role require direct experience in the field before competence can be assessed?
  - d) Examination: Will candidates be required to demonstrate competency through a formal, psychometrically-sound testing process?
  - e) Ethical: What are the specific ethical requirements of the role? What disciplinary procedures will be followed in cases of complaint?
- 5) Approve Role Training: A certifying board such as NYCB has primary responsibility for safeguarding the integrity of its certifications. Accordingly, the board reviews specialized training programs to confirm that they deliver content appropriate to the role knowledge/skills/abilities inventory. Additionally, board may require trainers to be approved as competent to deliver this content.
- 6) Create Certification Application Forms: The certifying board is responsible for each stage of the certification process from setting certification standards through publishing a searchable database of its certificants. The certification Application Form will elicit relevant information from candidates in a format allowing for Board consideration. Processing fees will also be assessed.
- Review Candidates: The certifying board, meeting in quorum, determines whether candidates have satisfactorily demonstrated that they meet the Board's standards,
- Issue Certifications: The Board arranges for the awarding of certifications to successful candidates.
- 9) Determine Continuing Education Requirements: As guardian of role integrity, the Board determines appropriate content and volume of continuing education required for certificants to demonstrate continued competence and adherence to the code of ethical conduct in the face of a continuously evolving field.
- 10) Manage Renewals: The certifying board posts these standards and manages the certification renewal process.

published-guide-to-certification-development-process http://www.asapnys.org/2019/05/13/asap-nycb-





# PEER RECOVERY (PR) PROFESSION The Value of Certification

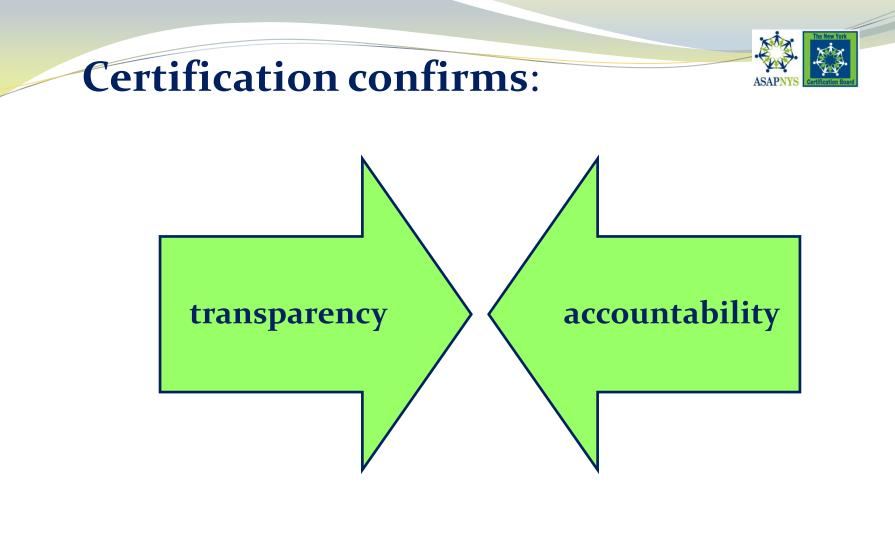


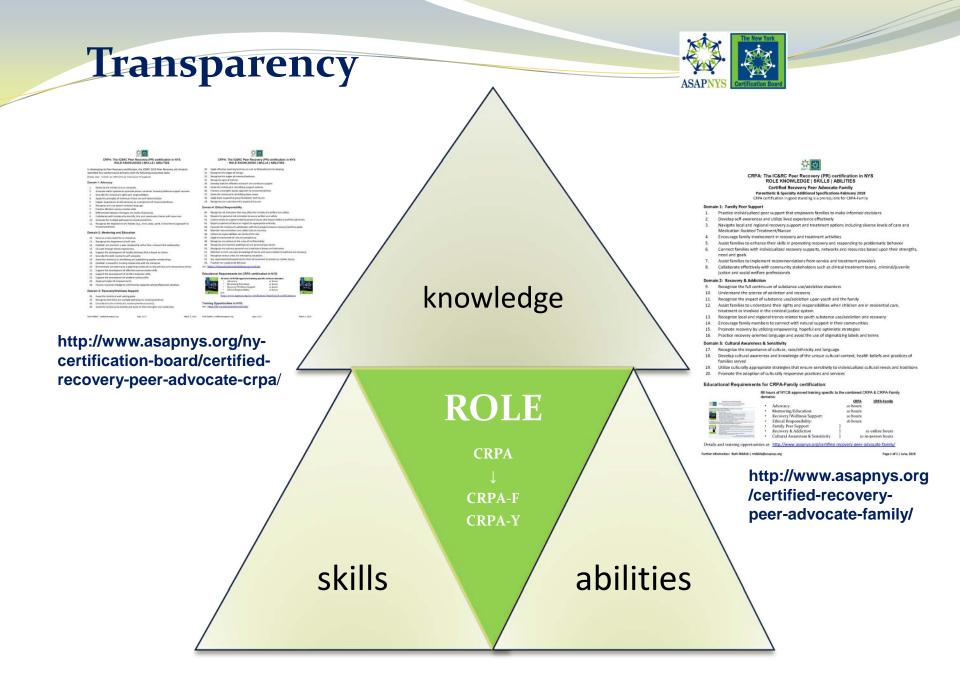
# **Promotes** the profession by

- Describing the knowledge, skills and abilities required to perform the professional role competently
- Establishing the necessary minimum experiential and educational standards for role competence
- Recognizing professionals who meet these standards
- Publishing these competencies and standards

# Protects the public by

- Providing transparency in role description, certification standards, and oversight procedures
- Ensuring ethical practice through the mandatory Code of Professional Conduct
- Delivering accountability through the accompanying Disciplinary Procedures for ethical offenses





# Accountability



New York Certification Board Code of Ethical Conduct & Disciplinary Procedures





A Project of Alcoholism & Substance Abuse Providers of New York State, Inc. 11 North Pearl Street, Suite 801 Albany, NY 12207 Phone: 518.426.1046 Support@asapnys.org www.asapnys.org/ny-certification-board/

# NYCB CODE OF ETHICAL CONDUCT ADDENDUM

# Commitment to Families

**Empowerment and Self-Determination** 

# Respect for Diversity

**Professional Competence** 

Propriety

Confidentiality/Privacy

Commitment to Partnership

Integrity

**Responsibilities When Certified** 



CRPA-Family FamilySupported Recovery - Ethical Standards Adopted manufalement to the NYCE Code of Ethical Conduct Phonesay 2019

Commitment to Families: Promote family supported practices that focus on strengths, view families as part of the solution, and ensure families and youth participate as partners in all aspects of care.

Empowerment & Self-Determination: Promote recovery oriented practice whereby the primary caregiver is recognized as having an essential role when decisions are being made about treatment, services, and other aspects of care of the child.

Respect for Diversity: Recognize cultural, individual and role differences and demonstrate competence in providing services that are sensitive to diverse family cultures.

Professional Competence: Keep current with latest knowledge about family supported practice and family supported recovery; and seek guidance and feedback from colleagues and supervisors to improve effectiveness.

Propriety: Act in accordance with the laws and statutes regarding all issues that affect the CRPA-F's work. Recognize situations that involve ethical difemmas and consult with supervisors and colleagues to seek appropriate resolution.

Confidentiality & Privacy: Respect the right to privacy and confidentiality of families and youth in accordance with the law and professional best practices.

Commitment to Partnership: Partner with a wide range of community organizations, and resource people, to support families to make connections to ongoing natural supports that reflect their culture, interests, and preferences.

Integrity: Act with integrity in relationships with colleagues, families, youth, other providers and organizations, referral sources and other professionals in a way that promotes respect for the profession and improved outcomes for families and youth.

Responsibilities when Certified: Meet and comply with all terms, conditions, or limitations of the CRPA-F. Treat colleagues and other professionals with respect and dignity, working with them to serve the best interests of the family and youth.



# **Peer Recovery Professionals**

Leverage lived experience and advocacy/coaching expertise Connect treatment agency clients with community resources Support successful daily living in recovery

# Certified Recovery Peer Advocate | Medicaid-reimbursable

Advocacy, mentorship and systems-navigation



- 18 + years of age
- High School Diploma or equivalent
- 46 hours education (30 hrs peer recovery training + 16 hrs peer ethics)
- 500 hrs peer work experience & IC&RC exam (passing grade) required
- Attest to NYCB Code of Ethical Conduct for Peer Recovery Professionals
- \$100 application fee, plus \$80 exam fee
- Scholarship support for application and exam fees may be available
- Certification valid for three years from date of issue; renewal fee, \$50
- Continuing education credits required for renewal

# **Certified Recovery Peer Advocate-Family** | Medicaid-reimbursable (from July 2019)

# Bringing CRPA to family members impacted by substance use disorder



- CRPA in good standing (per the requirements above)
  - Lived experience as a parent, or primary caregiver, of a youth (21 years or younger at onset of family exposure to youth's substance use) who has participated in, or navigated, the substance use disorder services system
- 20 hours specified training (10 hrs online prerequisite + 10 hrs in-person with an authorized CRPA-F trainer)
- Attest to CRPA-Family ethical standards supplemental to the NYCB Code of Ethical Conduct
- \$100 application fee
- Certification valid for three years from date of issue; renewal fee, \$50
- Continuing education credits required for renewal

http://www.asapnys.org/ny-certification-board/ Ruth Riddick, Community Outreach | rriddick@asapnys.org | July 2019





# Medicaid-billing

"The CRPA Family Parenthetic is for Family Peer Support Services for families with youth under 21 years of age, and can only be billed using the rates and rate codes for Family Peer Support Services when delivered in Part 823 Children's Services. The rate codes for this service are not available to bill in a Part 822 Community Based Outpatient Service."

- Maria Morris Groves OASAS, May 2019





ARCHIVES LINKS INTERNSHIPS

NEW YORK CERTIFICATION BOARD

Certified Recovery Peer Advocate-Family Trainers

### Welcome to the CRPA-F training page

- . Here you will find details of our CRPA-F Trainer Panel, featuring experienced peer retrainers statewide authorized to deliver this special curriculum
- · Please also follow the links to find scheduled CRPA-F in-person trainings and to access the prerequisite online training modules

To find authorized CRPA-F trainers in your region, simply click on the map of New York State. Please click on the photographs below to email them direct.

To find a scheduled training, please click on the link at FOR-NY (see sidebar).

To access the prerequisite online training modules, please click on the link at ASAP-PWI (see sidebar)

To download the CRPA-Family Certification Application Form, please click on the link at ASAP-NYCB (see sidebar)



Please click on the photographs below to email individual trainers

Capital / Saratoga Area



ortney Lovell	Laurie Quin
o-Founder	Co-Founder
ur Wellness	Our Wellness
ollective	Collective

Adirondacks





Ginger Cato Denis King Sandra Marnell Ann Rhode

# Search Our Website Search this website

Find an In-Person Training



ASAP-PWI is northering with Friends of R - New York which offers a comprehensive list of statewide peer recovery training opportunities in New York state. Listings are continuously updated, and you have the option of secure registration for your preferred training. Please click here to find and register for a CRPA-Family and other trainings in your area. Post a training here





For technical reasons, we will not be able to access the ASAP-PWI online modules until July 20. 2019 Please check back here at that time Thank you for your patience while we resolve

Please click here to access the prerequisite CRPA-Family 10 hour online training modules presented In partnership with Families Together in New York State

**CRPA-F** Certification Application



Please click here to download the CRPA-Family Certification Application form

ASAP-Peer Workforce Initiative



ASAP-Peer Workforce Initiative (PWI), a project of Alcoholism & Substance Abuse Provides of New York State (ASAP), seeks to enhance the peer recovery workforce through developing and promoting training programs which prepare candidates to meet the requirements of professional certification in New York State. In support of this mission, ASAP-PWI partners with community public and private entities as



AS AD-034 CRPA-F Project Administrate



ABOUT ASAP POLICY AND ADVOCACY ASAP MEMBERSHIP JOB BANK UPCOMING EVENTS NEWS

NEW YORK CERTIFICATION BOARD ASAP, PWI ARCHIVES LINKS INTERNSHIPS

## Certified Recovery Peer Advocate-Family What is CRPA-F?

offer specialized family peer support.

The Certified Recovery Peer Advocate-Family is a new specialization under the existing CRPA - see this page. It affords existing Certified Recovery Peer Advocates (CRPA) an additional opportunity to

The CRPA-Family certification and specialized training have been developed in response to new opportunities under provisions of the Children's Health and Behavioral Health Services New York State Plan, effective July 1, 2019,

### What are the career opportunities for CRPA-F?

Demand for CRPA-Family is expected to grow as peer expertise in serving eligible families affected by substance use in services delivered in Part 823 Children's Services.

These services consist of formal and informal activities and supports provided to the parent or primary caregiver of families caring for/raising a child who is experiencing social, emotional, medical, developmental, substance use, and/or behavioral challenges in the home, school, placement and/or community.

Services may be offered in a variety of settings including community locations, the home where the child lives, works, attends school, engages in services and/or socializes.

The specialized expertise of the CRPA-F is expected to address a critical need in those agencies that serve families impacted by substance use disorders and want to enhance their service outcomes through peer-supported, long-term recovery.

### Who is qualified to become CRPA-F?

CRPA-Family requires that candidates meet the following standards:

- · Are already certified as CRPA (not CRPA-Provisional)
- · Have completed 10 hours online family supported recovery training
- · Have completed 10 hours in-person CRPA-F training via ASAP-PWI authorized trainers

 Attest and adhere to the ASAP-NYCB Code of Ethical Conduct found under "Downloads" on the CRPA page, and its addendum. Family Supported Recovery-Ethical Standards

Search Our Website Search this website

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The CRPA-Family training program, required for certification was developed by ASAD-DWI in partnership with Families Together In NYS. It epresents a synthesis of the key concepts contained in the Parent Empowerment Program (PEP) (offered by Families Together) and essentis recovery principles that have been identified and Incorporated Into the ORPA-Family Job Task Analysis underlying the certification

The training program comprises:

**CRPA-Family Overview @ ASAP-NYCB Professional Certification Application** http://www.asapnys.org/certifiedrecovery-peer-advocate-family/

Training Summary @ ASAP-PWI List of Authorized Trainers http://www.asapnys.org/crpa-f-trainers/



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# "Certifying the Peer Recovery Profession in New York State."

The mission of the New York Certification Board (NYCB), a project of Alcoholism and Substance Abuse Providers of New York State (ASAP), is to strengthen health and human services outcomes and enhance the recovery-oriented skills and capacity of the workforce.



NYCB Board President

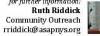
ASAP





Adrienne Brown	Peer Recovery Certifications http://www.asapnys.org/ny-certification-board/nycb-certifications/ Certified Recovery Peer Advocate (CRPA) CRPA-Provisional CRPA-Family (July 1, 2019) CRPA-Youth (January 1, 2020) Certified Addiction Recovery Coach (CARC) NYCB Code of Ethical Conduct & Disciplinary Procedures application forms and submission directions	Jason Page
Jim Conklin		Charlene Payne
	CRPA Candidate Information http://www.asapnys.org/ny-certification-board/certified-recovery-peer-advocate crpa/	
Ricky Cottingham	<ul> <li>Connecting to Recovery Oriented Systems of Care overview</li> <li>CRPA Knowledge, Skills, Abilities competencies inventory</li> <li>Six Steps to CRPA</li> </ul>	Margaret Price
	<ul> <li>Simple Steps to CRPA upgrade</li> <li>Peer Recovery (CRPA) Exam Prep Workshop</li> <li>Scholarships (when available)</li> </ul>	
Jackson Davis	Certification Support http://www.asapnys.org/ny-certification-board/	Keith Stack
Jennifer Faringer	<ul> <li>Ten Steps Certification Development Process</li> <li>Certifications Renewal Program</li> <li>Certification Verification</li> <li>Training Program Approvals</li> </ul>	Chris Taylor
	Community Services	
Vickie D. Griffiths	http://www.asapnys.org/nycb-news/  News & Event Listings  Peer Recovery Subject Matter Expertise and Consultations Community Outreach & Presentations Job Postings	Joe Turner
Aisha Muhammad	Resources      Elisabeth Kranson Certification Coordinator EKranson@asapnys.org 518-426-3122 x 101      Cathie Gifford Program Associate CGifford@asapnys.org 518-426-3122 x 115	Patricia Wooldridge
New	y York Certification Board at ASAP for further information Ruth Riddicl	





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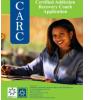
June 2019













# **Preparing for the** Peer Recovery Exam

Community Outreach Alcoholism & Substance Abuse Providers Certifying the Peer Recovery Profession New York State

Ruth Riddick, CARC-RCP

http://www.asapnys.org/

















# New York Certification Board a project of ASAP

Ruth Riddick Community Outreach & Communications

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ASAPNYS



Friends of Recovery-New York (FOR-NY) is excited to announce that OASAS Commissioner, Arlene González-Sánchez, has once again approved funding to provide scholarships for peers statewide to attend the New York Recovery Conference October 20-22, 2019 at the Albany Marriott, Albany, NY.

Friends of Recovery-NY (FOR-NY) will coordinate the application/approval process and payment of 40 peer scholarships across the state (30 statewide and 10 in the Albany-area).

# SCHOLARSHIP INCLUDES

- Conference Registration for 2 ½ days (includes pre-conference, evening dance, two lunches, one dinner, and concert)
- Two nights hotel lodging (must live more than 35 miles from Albany)
- Two breakfasts and one dinner provided at the hotel

Note: this scholarship does not include transportation to and from the Albany Marriott. Additionally, the 10 local scholarships are for full conference registration only. Local scholarships do not include lodging or additional meals.

# SELECTION CRITERIA

Any one or a combination of the following:

- Peers that have completed recovery coach training
- Peers that are CRPAs, provisional CRPAs or CARCs
- Peers that are currently volunteering at a Recovery Community Organization (RCO), Recovery Community and Outreach Center (RCOC), Youth Clubhouse (YCH)
- Peers that are currently employed within the SUD system and/or RCOC/RCOs

# APPLY

Click this LINK to apply now

# DEADLINE

Tuesday, July 30, 2019

Notification to Applications will take place approximately two weeks after the deadline

# https://for-ny.org/nys-recovery-conference-2019/





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HOME REGISTRATION AGENDA SPEAKERS SPONSORSHIPS CONTACT

REGISTRATION NOW OPEN

JOIN US IN 2019 FOR MPRC: THE NATIONAL RECOVERY CONFERENCE

November 13-15, 2019

Charlotte Harbor Event & Conference Center in Punta Gorda, Florida.

# New for 2019! Adventure Day -Preconference!

Save the Datel November 12, 2019 This year we will be offering an opportunity for a separate preconference event on Tuesday, November 12, 2019.





# From CCAR, the conveners...

You may have noticed the change in the title from Multiple Pathways of Recovery Conference to MPRC: The National Recovery Conference. In discussions with an advisory council of more than 60 national recovery advocates and leaders, we expand our scope. Multiple Pathways sessions are still the focus along with tracks on Recovery Coaching, Recovery Advocacy and Self-Care. Topics will be delivered through keynotes and workshops. Bill White will deliver the closing.



criminal justice. Tara is a person in long term recovery and has been in recovery for over eight years. In May of 2014, she began working with Young People in Recovery. She is now a Program Manager and Chapter Coordinator to develop chapters of Young People in Recovery.



Proudly in recovery, Ruth Riddick is a Certified Addiction Recovery Coach, an experienced CART Recovery Coach Academy trainer, and a CCAR Recovery Coach Professional. Widely acknowledged as a peer recovery subject matter expert and a best practice trainer, she primarily serves at Sobriety Together™ and ASAP's New York Certification Board.



Barry Richardson Barry came to CCAR as an



# /ww.ccarconference.org

# Rick Pacukonas

Recovery Coach and Teaching Artist, Phoenix Tales Recovery Storytelling Meghann Perry, CARC, is a Certified Addiction Recovery Coach, speaker, actor, teaching artist, and award-winning storyteller. She uses her degree in Theater Education and her passing for ardroming at is in

Meghann Perry

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