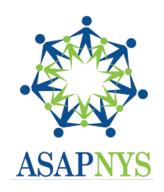
2019 New York State

RecoveryConference



"Working Our Recovery"

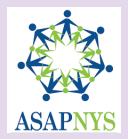
October 20-22, 2019
Albany Marriott







2019 New York State RecoveryConference co-hosted by



Alcoholism and Substance Abuse Providers of New York State, Inc. (ASAP) represents the interests of the largest substance use disorders and problem gambling services system in the United States. Through advocacy at the state and federal levels, ASAP champions the urgent message that substance use and problem gambling are public health issues that with adequate resources can be effectively addressed. ASAP offers professional development, program development, technical assistance, and community education to strengthen and increase access to prevention, treatment and recovery support services. ASAP serves as a catalyst for cross systems collaboration with public health, mental health, criminal justice, juvenile justice, child welfare, and social services, policy makers and service providers. We represent the field on numerous policy development and implementation work groups with a regional, statewide and national focus.

www.asapnys.org



Friends of Recovery - New York (FOR-NY) is a statewide, non-profit organization with a mission to demonstrate the power and promise of Recovery from alcohol & drug addiction as well as the value that Recovery provides to individuals, families, and entire communities throughout New York State. We envision a world in which recovery from addiction is not only common, but celebrated; a world in which the entire spectrum of effective prevention, treatment, and recovery support services are available and accessible to all.

www.for-ny.org



The New York Certification Board (NYCB) is a project of the Alcoholism and Substance Abuse Providers (ASAP) of New York State. Its mission is to strengthen health and human services outcomes and enhance the recovery-oriented skills and capacity of the workforce by providing high quality testing, credentialing, and technical assistance. NYCB certifies the following peer professional roles: Certified Addiction Recovery Coach (CARC), Certified Recovery Peer Advocate (CRPA and CRPA-Provisional), and is developing CRPA-Youth and CRPA-Family certifications. NYCB provides resources and support to assist peers in obtaining required training, experience, and job opportunities.

www.asapnys.org/ny-certification-board/

RECOVERY IS ACHIEVABLE, SUSTAINABLE AND POWERFUL!

Please share your NYS Recovery Conference experience on your social media platforms and remember to use #NYSRecoveryCon

Thank you for participating!

Welcome!

Alcoholism & Substance Abuse Providers of New York State (ASAP), Friends of Recovery-New York (FOR-NY), and the New York Certification Board happily welcome you to the 2019 New York State Recovery Conference.

Building on last year's theme, "Journey to Recovery Wellness," we are excited to offer a program this year focused on "Working Our Recovery."

The Conference Planning Committee has gathered many of the most notable experts on addiction and recovery to serve as our keynote speakers, panelists, and presenters. This year's program will include a pre-conference session focused on trauma informed care, an excellent array of workshops, our popular Sunday evening dance, and a Monday evening Recovery-focused concert featuring a renowned recovering artist!

The Planning Committee has worked tirelessly to ensure that the program content is innovative, comprehensive, and most importantly, will enrich us in "Working Our Recovery."

Thank you to ASAP's team of Sherry LaFountain and Lou Desso; FOR-NY staff members Theresa Knorr, Allison Weingarten, Paulette Doudoukjian, Debbie Brosen, Ashton Daley, and Shannon Schielke; all who served on the planning committees, and all others who volunteered to help shape this year's event. Our appreciation is also extended to all of the speakers, panelists, and program participants for their roles in what will be an excellent conference experience.

Thank you to our generous sponsors and exhibitors whose participation helps make this conference possible. We especially thank Commissioner Arlene González-Sánchez and her OASAS team for their support of this event and all that they do throughout the year.

We celebrate the recovery community's diverse backgrounds and experiences which provide richness in our work together, a shared belief that recovery works, and brings hope and healing to us all.

Inglia Smith-101100

Welcome and enjoy the 2019 Recovery Conference!

Sincerely,

Angelia Smith-Wilson Executive Director Friends of Recovery - New York

John J. Coppola Executive Director Alcoholism & Substance Abuse Providers of NYS

2019 New York State RecoveryConference





ARLENE GONZÁLEZ-SÁNCHEZ, M.S., L.M.S.W.

Commissioner

October 20, 2019

Dear Friends and Colleagues:

On behalf of Governor Cuomo and OASAS, welcome to the 4th annual New York State Recovery Conference!

I want to thank Friends of Recovery - New York (FOR-NY), Alcoholism and Substance Abuse Providers of New York State (ASAP), and the New York Certification Board (NYCB) for holding this annual event, as well as all of you for attending. OASAS is pleased to once again offer scholarships for peers to attend this conference.

We continue to make great strides in advancing recovery here in New York State. As you know, OASAS prides itself on offering a recovery-oriented system of care. This includes ongoing efforts to expand recovery services and supports, as well as to address the stigma that keeps many people from seeking help for their addiction. Over the past several years, we have opened new recovery centers and youth clubhouses, trained Certified Recovery Peer Advocates, and worked with our community-based providers throughout the state to implement recovery services in all regions of New York. Our collective hard work has helped thousands of New Yorkers to realize the promise of a life in recovery.

This year, New York State also established the nation's first recovery tax credit, which provides tax credits for businesses to hire people in recovery. We know that steady employment can be an important factor in an individual's successful recovery, and we are proud to be involved in this innovative effort.

Throughout this conference, you will have a great opportunity to hear from leading experts in the recovery field on topics which reflect the conference theme Working Our Recovery. The organizers have put together an excellent program, including some fantastic speakers, workshops, exhibits, and other activities to showcase New York's recovery community and help us build more recovery capital.

I know you all come from many different backgrounds, but no matter your experiences, this event has something for everyone. I hope you take advantage of the great learning experiences this conference has to offer, and I look forward to continuing to collaborate with all of you on the fight against addiction here in New York State.

Sincerely,

Arlene González-Sánchez

arlene Gorgalez-Sanskez

Commissioner

501 7th Avenue | New York, New York 10018-5903 | oasas.ny.gov | 646-728-4720

1450 Western Avenue | Albany, New York 12203-3526 | <u>oasas.ny.gov</u> | 518-473-3460

PROGRAM-AT-A-GLANCE

| SUND | AY, | OC1 | TOB | ER | 20 |
|------|-----|-----|------------|----|----|
| | , | | | | |

| 12:00 - 12:30 pm | Pre-Conference Registration | |
|------------------|---|----------------|
| 12:30 - 5:00 pm | YVM/OASAS/FOR-NY Pre-Conference Institute | |
| | TRACK ONE: Lisa Najavits | EMPIRE |
| | TRACK TWO: Workshops | SALONS A, B, C |
| 5:00 - 6:00 pm | Dinner Break - on your own | |
| 5:00 - 7:00 pm | Best Practice Supervision: Supervisors, Trainers, Peers (RSVP only) | SALON E |
| 6:00 - 7:30 pm | Networking/Dance Sponsor Exhibits and Raffle Kick Off | OUTSIDE EMPIRE |
| 7:30 - 10:00 pm | Dance with DJ Darrell Bonelli - light hors d'oeuvres available | EMPIRE |

MONDAY OCTOBER 21=

| 8:00 - 8:30 am | Tai Chi for Recovery - Theresa Knorr | EMPIRE |
|--------------------|--|------------------|
| 8:00 - 9:00 am | Registration - Networking & Exhibits | |
| 9:00 - 9:30 am | Welcome & Opening Remarks - Dr. Angelia Smith-Wilson & John Coppola & OASAS Commissioner Arlene González-Sánchez | SALONS D,E,F,G,H |
| 9:30 - 10:00 am | Day One Opening Plenary - Dr. Valerie Mason-John, M.A. "Mindfulness: A Path to Transformation" | SALONS D,E,F,G,H |
| 10:00 - 10:30 am | Break - Networking & Exhibits | |
| 10:30 - 11:45 am | Workshop Series 1 | |
| | PATHWAYS: "I could never love anyone" Wellness Through Movement | EMPIRE |
| | HEALTH: Complimentary Health Choices: Nutrition, Reiki, Yoga & Meditation | SALON C |
| | COMMUNITY: Our House, Ethical Standards (Recovery Homes Panel) | ALBANY - COLONIE |
| | PURPOSE: Kickass Recovery - Living a Life of Your Dreams | SALONS A & B |
| 11:45 am - 1:00 pm | Lunch - Networking & Exhibits | |
| 12:00 - 4:00 pm | OASAS Public Awareness Campaigns | TROY |
| 1:00 - 2:15 pm | Workshop Series 2 | |
| | PATHWAYS: Creative Recovery Cooperative - Building Bridges Through Sustainable Community Programming | ALBANY - COLONIE |

PURPOSE: Do the Next Right Thing: Ethics for Peer Professionals **EMPIRE**

Nothing About Us Without Us!

COMMUNITY: Engaging with Law Makers: Advocacy 101 (panel)

HEALTH: Integrated Somatic Mindful Recovery Centers

SALONS A & B

SALON C

PROGRAM-AT-A-GLANCE

| MONDAY, | OCTOBER 21 | (continued) |
|---------------------------------------|-------------------|-------------|
| · · · · · · · · · · · · · · · · · · · | | \ |

| * | | |
|----------------|--|------------------|
| 2:15 - 2:30 pm | Break - Networking & Exhibits | |
| 2:30 - 3:45 pm | Workshop Series 3 | |
| | PATHWAYS: Eight Step (Buddhist-based) Recovery | SALON A & B |
| | HEALTH: Problem Gambling - Continuing Care | ALBANY - COLONIE |
| | COMMUNITY: Addiction: An Occupational Hazard for Nurses & Law Enforcement Officers | SALON C |
| | PURPOSE: Walk Like a Man: Navigating Strength, Vulnerability, Stereotypes and Gender Roles | EMPIRE |
| 3:45 - 4:15 pm | Break - Networking & Exhibits | |
| 4:15 - 4:45 pm | Day One Closing Plenary - Daphne Willis "Music as Messaging" | SALONS D,E,F,G,H |
| 4:45 - 5:15 pm | Recovery Fine Arts Festival Awards | SALONS D,E,F,G,H |
| 5:15 - 5:45 pm | Break - Networking & Exhibits | |
| 5:45 - 7:00 pm | Dinner & Entertainment - with Kathleen Smith | SALONS D,E,F,G,H |
| 6:15 - 7:15 pm | Mutual Aid Meetings | |
| | Yoga of 12 Step Recovery | SALONS A & B |
| | Refuge Recovery | SALON C |
| | GRASP Grief | ALBANY - COLONIE |
| | Harm Reduction Works | TROY |
| | One Recovery | SCHENECTADY |
| 7:30 - 9:00 pm | YVM Concert - Daphne Willis | EMPIRE |
| | | |

TUESDAY, OCTOBER 22

| 7:30 - 8:45 am | RCO Breakfast (RSVP only) | TROY - SCHENECTADY |
|--------------------|--|---------------------------------------|
| 8:00 - 8:30 am | Meditation - NYC Dharma Recovery | EMPIRE |
| 8:00 - 9:00 am | Registration - Networking & Exhibits | |
| 9:00 - 9:30 am | Welcome & Opening Remarks - Dr. Angelia Smith-Wilson & John Coppola | SALONS D,E,F,G,H |
| 9:30- 10:00 am | Day Two Opening Plenary - Ryan Hampton "Advocating with Purpose: We are the answer to ending America's Addiction Crisis" | SALONS D,E,F,G,H |
| 10:00 - 10:30 am | Break - Networking & Exhibits | |
| 10:30 - 11:45 am | Workshop Series 4 PATHWAYS: Harm Reduction and Community Organization HEALTH: Yoga for Recovery: the 13th Step COMMUNITY: Practical Spirituality for Recovery | ALBANY - COLONIE EMPIRE SALON C |
| 11:45 am - 1:00 pm | PURPOSE: Listening with Purpose: Coaching Skills Lunch - Networking & Exhibits | SALONS A & B |
| 12:00 pm | Raffle Drawings | |

PROGRAM-AT-A-GLANCE

TUESDAY, OCTOBER 22 (continued)

| 1:00 - 2:15 pm | Workshop Series 5 | |
|----------------|---|------------------|
| | PATHWAYS: Personal and Professional Loss: | |
| | Multiple Pathways to Grieft Recovery for Clinicians, Peer Professionals Family Members, and Friends | EMPIRE |
| | • | |
| | HEALTH: Suicide, Safer Care for SUD | SALON C |
| | COMMUNITY: CHAMP's got your back: Treatment on Demand, Accessing Care and Your Insurance Benefits | SALONS A & B |
| | PURPOSE: Engaging Youth in Recovery Around the State | ALBANY - COLONIE |
| 2:15 - 2:30 pm | Break - Networking & Exhibits | |
| 2:30 - 3:45 pm | Workshop Series 6 | |
| | PATHWAYS: Art and Creative Writing for ACO Recovery: | |
| | Finding the Capital S in Self | SALONS D,E,F,G,H |
| | HEALTH: Chiropractic for Prevention & Recovery | ALBANY - COLONIE |
| | COMMUNITY: Cultural Humility vs. Cultural Competence: | |
| | Do You Know Me? | SALON C |
| | PURPOSE: Trauma First Aid for Peer Professionals | SALONS A & B |
| 3:45 - 4:15 pm | Break - Networking & Exhibits | |
| 4:15 - 4:45 pm | Day Two Closing Plenary - Connie McMillan "Sobriety Queen: Wounded to Warrior" | SALONS D,E,F,G,H |
| 4:45 - 5:00 pm | Conference Closing Remarks | SALONS D,E,F,G,H |
| | | |

Continuing Education Units (CEU's)

You are required to have these forms stamped for each session as you exit.

Alcoholism and Substance Abuse Providers of New York State, Inc. (ASAP) is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0396. The 2019 NYS Recovery Conference has been approved for up CEU's for Social Workers.

The New York Certification Board (NYCB), a project of Alcoholism and Substance Abuse Providers of New York State (ASAP), as an approved provider of continuing education credits, has approved the 2019 NYS Recovery Conference for CEU's for renewal of the Certified Addiction Recovery Coach (CARC) and Certified Recovery Peer Advocate (CRPA) certifications.

ASAP is also offering credit by the New York State Office of Alcoholism and Substance Abuse Services (OASAS). 1 unit is equal to 1 clock hour. Attendance forms will be distributed at the registration desk.

"Do you want to define or redefine how you can give back to your community based on how Addiction/Recovery has impacted you? This conference is a fantastic way to educate yourself on all aspects and network with AMAZING people who have done just that. I can't go this year, which is a huge loss for my personal growth. Plus, there is dancing!" ~ Lisa Bennett



KEYNOTE SPEAKERS



Dr. Valerie Mason-John

Dr. Valerie (Vimalasara) Mason-John, M.A (hon.doc) is a public speaker and master trainer in the field of conflict transformation, leadership and mindfulness. She is the award-winning author of 8 books, and the co-author and co-founder of Eight Step Recovery: Using The Buddha's Teaching to Overcome Addiction. Eight Step Recovery offers an alternative to the 12 step program for addiction. Eight Step meetings are now taking place in the UK, USA, Canada, Mexico, India and Finland.

Valerie is the co-creator of Mindfulness Based Addiction Recovery (MBAR). She is a certified professional Mindfulness Teacher, Recovery Coach, Life Coach, and a

Compassionate Inquiry Facilitator and Practitioner. Valerie has been practicing mindfulness for over 30 years and is one of the leading African-descent voices in the field of mindfulness and addiction. She trains professionals working in the field of addiction all over the world.

She also is the author of Detox Your Heart: Meditations for Emotional Trauma — a self-help guide on mindfulness of negative emotions.



Commissioner Arlene González-Sánchez, M.S., L.M.S.W.

Commissioner Arlene González-Sánchez was appointed by Governor Andrew M. Cuomo on January 3, 2011, and unanimously confirmed by the New York State Senate on March 1, 2011, as Commissioner of the New York State Office of Alcoholism and Substance Abuse Services (OASAS). Commissioner González-Sánchez is a member of the Governor's Cabinet, overseeing one of the nation's premier addiction services systems, with more than 1,600 programs that serve more than 100,000 New Yorkers daily.

Commissioner González-Sánchez brings to OASAS more than 30 years of experience in the field of behavioral health administration, policy development,

and medical research, as well as her expertise in integrating accessible systems of care for New Yorkers. Under her leadership, OASAS is committed to providing quality care for the estimated 2.5 million New Yorkers who struggle with an addiction through a core system of prevention, treatment, and recovery services.



Connie McMillan

Connie McMillan found herself battling addiction and was determined to win the fight. She has rightfully taken her place on throne as the queen of Her Sobriety and has remained queen for 10 years!

Since her remarkable recovery, she has dedicated her life to helping women regain their crowns and their rightful place as queen of their own sobriety. She mentors women who are now on their sobriety journey and are looking for guidance in rebuilding their mindset, discovering their life's purpose and gaining self awareness.

KEYNOTE SPEAKERS

Daphne Willis

Daphne is a musician singer-songwriter and recovery advocate for those with substance use disorders and their families. She has a critical message to relay to others when she speaks and performs to audiences nationwide. Daphne's famed "Somebody's Someone" has fast become an anthem for the addiction recovery community. The song and the lyrics sent as a reminder that we are all human. We are all somebody's someone and the lyric's clearly set a reminder for others to offer more kindness and compassion for those suffering with addiction and mental health issues.



A gift to recovery and behavioral health events, Daphne openly shares not only her music, but speaks about her own journey with addiction and mental health. Classifying Daphne Willis in musical terms is no easy task, with infectious melodies delivered with lyrical precision and honesty, the songs and performances of Daphne Willis are sincere, compelling and relevant.

Raised in Chicago, Daphne now calls New York City home and cites influences as varied as Elvis Costello and Michael Jackson, but her musical output cleverly incorporates such inspirations into a style that is refreshing and contemporary in a way that suits her songs best.

An incredible talent, Daphne caught the eyes and ears of Sony/ATV Music Publishing in early 2016 who quickly signed Daphne to a worldwide publishing agreement. This partnership has resulted in several of her songs being recorded by other artists and used in Commercial, Film and TV productions.

Ryan Hampton

Over four years into recovery from a decade-long opioid addiction, Ryan Hampton has been rocketed to the center of America's rising recovery advocacy movement. A former White House staffer, he has worked with multiple non-profits and political campaigns. He is now a prominent, leading face and voice of addiction recovery and is changing the national dialog about addiction. With content that reaches over 1 million people a week, Ryan is breaking down cultural barriers that have kept people suffering in silence and is inspiring a new generation of people recovering out loud through his Voices Project. He's also advocating for solutions and holding public policy makers accountable.



He was part of the core team that released the first-ever U.S. Surgeon General's report on addiction in 2016 and was singled out by Forbes as a top social media entrepreneur in the recovery movement. Ryan connects a vast network of people who are passionate about ending the drug epidemic in America. He has been featured by USA Today, NPR, HLN, Vice, Forbes, Slate, HuffPost, The Hill, the Wall Street Journal, and others.

On October 22, 2018, Ryan announced Recovery Voices Vote, an initiative he's leading to register and engage 1 million recovery oriented voters by the 2020 election.

In 2016, Ryan created the web series Facing Addiction Across America, documenting his 30 day, 28 state, 8,000 mile cross-country trip visiting areas hit hardest by the addiction crisis. His first book, "American Fix — Inside the Opioid Addiction Crisis and How to End It" published by St. Martin's Press, was released in August 2018.

MONDAY MORNING =

8:00 am

Morning Movement/Meditation

Tai Chi for Recovery - Theresa Knorr

Tai Chi for Recovery is an adaptation of a Cheng Man Ching yang style Tai Chi/Qi Gong form called The Baby Dragon. This easy to learn short form is choreographed to The Serenity Prayer and incorporates recovery concepts. It is a mindful moving meditation to mend mood, designed for anyone looking for serenity, acceptance, courage and/or wisdom.

9:30 am

Day One Opening Plenary

Recovery Capital: Mindfulness- A Pathway to Self-Transformation – Dr. Valerie Mason-John

As the author of eight books including Eight Step Recovery: Using the Buddha's Teachings to Overcome Addiction, and Detox Your Heart, Dr. Mason-John will talk about her own personal journey of recovery from multiple addictions. Participants will engage in mindfulness approaches that help free individuals from the "prison of their minds" and liberate themselves from their compulsive, addictive, habitual behaviors, and/or their "stinking thinking."

10:30 am

WORKSHOP SERIES 1

I Could Never Love Anyone... - Katharine Pettit Creative KPC

Katharine Pettit Creative uses dance as a universal language, changing minds by opening hearts through movement and music. I COULD NEVER LOVE ANYONE... tells the story of three sisters struggling with addiction. KPC will guide participants through movement exercises, followed by the presentation of "I could never love anyone...", concluding with a talk-back to understand the power of dance as an instigator of conversation and communication.

Complimentary Health Choices in Recovery - Nutrition, Reiki, Yoga & Meditation Panel - Margaret Reinold, Deborah DeRusha, Jennifer Nickel & Erin Wiggins

Integrative health and wellness practices will be presented to educate peer professionals and the recovery community on healthier lifestyle alternatives to compliment the recovery journey. This interactive panel workshop will focus on movement for stress relief, channeling energy flow, mind clearing techniques, and foods to affect mood and thought processes.

Our House is a Very Fine House: Finding Ethical, Standards-Based Recovery Homes - Beth Fisher Sanders & Van Smith

Finding ethical, standards-based recovery housing can be a challenge for any recovery professional. This session will provide guidance and resources for identifying quality recovery residence providers utilizing a recovery-oriented system of care.

Kickass Recovery – Billy Manus

The Kickass Recovery workshop is based on the book Kickass Recovery – From Your First Year Clean to A Life of Your Dreams. This interactive course is designed to inform people in early recovery about grants and opportunities that are available to them and how to go about setting the wheels in motion to improve their incomes and outcomes. There will be breakout groups on how to find your calling and how to stay solution oriented.

MONDAY AFTERNOON

1:00 pm

WORKSHOP SERIES 2

Creative Recovery Cooperative Building Bridges Through Sustainable Community Programming - Sandra Sabene This presentation for Creative Recovery Cooperative offers a model for building bridges to communities through creative events and programs utilizing a free online platform and network of collaborating locations. The presentation would offer an interactive component offering an experiential sense of what a creative program can offer within 15 minutes. The purpose of this presentation is to model how to build bridges and open doors within the community to offer long term, sustainable programs for persos in recovery from addiction.

Integrated Somatic Mindful Recovery: Mindfulness based Recovery Centers - Samadi: David McNamara, Dr. Maya Hambright & Dr. Valerie Mason-John

This workshop will educate addiction professionals and certified recovery peer advocates (CRPAs) on how The Samadi Recovery Community Center uses mindfulness, meditation and Somatic techniques including meditation, mindfulness based addiction recovery "MBAR", visualization and awareness developing exercises, Qigong and Embodiment classes to reconnect with our bodies and as tools for recovery. This course will also help those working in the field discover their own practice of mindfulness and meditation as a means of self-care, explore directly and experientially how these practices work and how they can be integrated into one's life.

Advocacy 101 - How to Engage with Lawmakers – FOR- NY: Allison Weingarten, Ashley Livingston & Richard Buckman Workshop participants will learn what recovery advocacy is, about the different levels of government in NYS, and take away tangible tools to engage with community decision makers. Action steps in order to engage lawmakers around recovery advocacy will also be discussed.

The Next Right Thing: How Ethical Conduct Keeps Us Honest (and Professional!) ASAP – Ruth Riddick

"I'm a moral person. What do I need ethics for?" Ethics is the hallmark of a professional, promoting the profession itself while protecting clients as well as the interests of all involved parties, including peers, providers, and the public. The workshop presents the purpose, content, and value of Peer Ethics as an integral part of professional certification and practice. The work of peer recovery pioneer, William White, is extensively referenced (and we'll talk about red velvet cake!).

2:30 pm

WORKSHOP SERIES 3

Eight Step Recovery - Buddhist-Based Recovery Workshop - Dr. Valerie Mason-John
Participants will experience an Eight Step Recovery meeting, utilizing Buddhist techniques to learn skills to introduce concepts outside of the workshop Participants will experience an Eight Step Recovery meeting, utilizing Buddhist techniques to overcome addiction. They will

Continuing Care: An Essential Component in Programming for Problem Gambling - Bill Hill, Brenda Gausby & Martina Swiers

This presentation describes the nature of programming for the gambling disabled and the rationale and description of continuing care services paramount for sustaining recovery.

Professionals in Recovery - Addiction: An Occupational Hazard for Nurses & Law Enforcement Officers -Rev. Matt Miller, Daniel Barrett, Deborah Koivula, Marcella Hellu & Matthew L (SPAN)

Attendees will gain awareness of the risk for increased incidence of substance use disorders in the professions of Nursing and Law Enforcement as well as increased awareness of the dangers of impaired practice, the availability of early intervention and support services specific to each profession.

Walk Like a Man: Navigating Strength, Vulnerability, Stereotypes and Gender Role – Jonathan Jacobs

Walk Like a Man will challenge our stereotypical assignments. A multitude of activities will spark humility and trans-

parency between men. Together we join in harmonious brotherhood, learn about male unification, and compound our experiences to become a new resilient force.

4:15 pm

Day One Closing Plenary

Music as Messaging - Daphne Willis

Participants will be inspired by the presenter's personal story and learn about music as a pathway to recovery, a vehicle for awareness, advocacy and inspiration and hope for others.



TUESDAY MORNING

8:00 am

Morning Movement/Meditation

Guided Meditation for Recovery – Lacey Browne

Mindfulness techniques such as awareness of breath and body, building awareness of thoughts and rumination, sitting through discomfort and self-compassion will be taught as tools to sit through cravings and manage reactivity of thoughts and feelings.

9:30 am

Day Two Opening Plenary

Advocacy with Purpose: We are the Answer to ending America's Addiction Crisis – Ryan Hampton

Participants will be inspired on Ryan's personal story and learn about the current issues in the recovery community.

10:30 am

WORKSHOP SERIES 4

Harm Reduction and Community Organizing - Keith Brown, Albi Park & Jess Tilley et al. (panel)

Attendees will leave with a better understanding of how harm reduction, treatment, and recovery intersect with a special focus on organizing. The agenda includes changing public perception of harm reduction within the treatment and recovery communities, the movement for people who use drugs and those in recovery to organize for change, and what is the harm reduction community's vision of their role in the recovery community (and vice versa).

Yoga for Recovery: The 13th Step - Hope Zvara

The Twelve Steps have been pivotal for countless people in the journey through recovery, guiding millions through their darkest days into the light. Hope's 13th Step incorporates physical movement into the recovery process and can help you take that next step into your new everyday life. Hear how yoga has helped Hope with her own eating disorder recovery, grief and ACOA issues.

Practical Spirituality for Recovery: Traditions, Tools and Teachings – Andrew J. Assini, MA, LCADC

Individuals will learn about a variety of spiritual traditions, teachings, and practices, with a specific focus on how to integrate essential components into their ongoing journey of recovery in a practical way. Holistically-minded mental health professional specializing in addiction treatment and recovery, with 9+ years of experience working with mental health, substance abuse, and dual-diagnosis populations across the continuum of care (Residential, PHP, IOP, OP) in a variety of direct care and supervisory roles.

Listening with Purpose - Taking a Coach Approach: Coaching Skills for Recovery Professionals - Keith Greer & Lori Drescher

At its most basic level, the effective and professional practice of Peer Recovery Coaching is based in the practice of deep listening... listening devoid of one's own agenda. This workshop will present a series of practices from the Professional Coaching field that have been found to be highly effective when working with individuals and family members struggling with substance use disorder. Participants will have the opportunity to learn about, discuss and practice (Role Play) effective coaching skills and strategies including listening to connect, empathic reflections, open ended powerful questions and inviting clients to practice a mindset of inquiry and curiosity.

TUESDAY AFTERNOON =

1:00 pm

WORKSHOP SERIES 5

Personal and Professional Loss: Multiple Pathways to Grief Recovery for Clinicians, Peer Professionals, Family Members and Friends - Michael Ballester & Victoria Metz

This workshop will discuss the effect of the deaths from addiction on clinicians, peer professionals, family members, and friends. The grief and loss from death affects us all and often becomes more complicated with the reasons for the death as well as personal and professional relationships. Agency, regulatory, and social expectations of boundaries, confidentiality and expression of our own feelings can be contradictory and confusing. The presenters will discuss and explore these issues along with a discussion of personal and professional support and wellness.

Suicide, Safer Care for SUD - OMH; Brett Harris

This session will provide information about the connection between substance use and suicide, and the importance of providing suicide safer care in substance use disorder treatment settings. The Zero Suicide model will be described, how it may be integrated into substance use disorder treatment and how to help clinicians/peer professionals deal with the aftermath of a patient death by suicide.

CHAMP's Got Your Back: Treatment on Demand, Accessing Care and Your Insurance Benefits -

Stephanie Campbell, Jonathan Westfall, Sue Martin, Lynn Goldberg & Rob Kent (panel)

The presentation will provide an overview of the ways in which NYS has led the way nationally for insurance parity and access to addiction and mental healthcare through New York State law and the ways in which local grassroots organizations (peers and family members in recovery) directly impacted by addiction and mental health conditions, not-for-profit organizations; health care professionals; and government agencies are partnering to address inequities in healthcare. In NYS where this partnership has flourished, the lived-experience of grassroots advocates and professionals is driving policy recommendations that are being incorporated into a multi-pronged approach to legislative, regulatory and funding initiatives to address the public health epidemics of drug overdose and suicide.

Engaging Youth in Recovery Around the State - Youth Voices Matter Team: Lori Teaney, Carlee Hulsizer & Rachelle Brown and YOUTH POWER! of Families Together in NYS; Alex Carpenter & Brianna Gower

How to engage young people in NYS will be explored - best practices for engaging youth and keeping young people involved will be discussed by presenters. Q and A with audience, takeaways and survey. Bring your ideas to this interactive discussion.

2:30 pm

WORKSHOP SERIES 6

Art/Writing for ACOA Recovery: Finding the Capital "S" in Self - Lisa Hope

This presentation will be an experiential (Art/Writing Expressive Arts) and lecture format of the recovery process of adapting to dysfunctional family systems and finding recovery as the adult child. The presentation will explore common themes, belief systems, and behaviors that result throughout the dysfunctional formation of an alcoholic/addict family.

Chiropractic for Prevention and Recovery the Brain: How we feel happy and what happens when it doesn't work right - Dr. Anish Bajaja, Dr. Bryan Ludwig, Dr. Bruce Steinberg & Person in Recovery

Participants will gain an understanding of how we are supposed to feel happy and satisfied and what happens to the brain to make us more inclined to have addictive behavior. Learn where Subluxation and Chiropractic adjustments fit into prevention and recovery for addiction, how messages to the brain can program the brain and how changing this signal can change it for the better or for the worse (plasticity).

Cultural Humility vs. Cultural Competence; Do You Know Me? - Earl Greene, MA

Cultural humility is committing to lifelong learning, critical self-reflection, and continuous transformation. Participants will gain a better understanding of cultural humility and its benefits plus the ethical responsibilities individuals and organizations have to engage in mutually respectful relationships with members of diverse cultures.

Trauma First Aid for Peer Professionals - Lisa Ardner & Sandra Rivers

Trauma First Aid for Peers recognizes the value of peer services as it relates to peers or individuals with trauma history. This workshop is designed to introduce Trauma Informed Care at the Peer level. This introduction will highlight trauma informed best practices to improve trauma recognition, and engagement by utilizing universal precautions; which assumes everyone has trauma. There will be an introduction to trauma de-escalation skills and peer self-care techniques.

4:15 pm

Day Two Closing Plenary

Sobriety Oueen: Wounded to Warrior - Connie McMillan

Author of "From Alcohol Fiend to Sobriety Queen," entrepreneur and recovery coach Connie McMillan will inspire with her personal story of overcoming trauma to being the owner of three successful small businesses. Learn about how you can turn your life around no matter where you are, through faith, perseverance and living a life of purpose.

PRESENTERS

Jayme Abbot

Peer 2 Peers

Lisa Ardner

Crouse Hospital

Drew Assini

Helping Folks Remember

Anish Bajaj

New York Chiropractic Council

Michael Ballester

MA Community Psychology

Daniel Barrett

Western NY Law Enforcement Help Line

Jennifer Brock

Family and Children's Association

Keith Brown

Katel Center

Rachelle Brown

Youth Voices Matter - NY

Keith Brown

Katel Center

Lacey Browne

Recovery Dharma

Stephanie Campbell

CHAMP - NYS OASAS

Alex Carpenter

Youth Power

Deborah DeRusha

Dreaming Gypsy.com

Lori Drescher

Recovery Coach University

Beth Fisher Sanders

National Alliance for Recovery Residences

Brenda Gausby

Center for Problem Gambling

Lynn Goldberg

CHAMP - NYS Council for Community Behavioral Health Care

Brianna Gower

Youth Power

Earl Greene

NCADD-RA Finger Lakes Prevention Resource Center

Keith Greer

Recovery Coach University

Maya Hambright

Samaritan Village, Samadi

Ryan Hampton

Advocate

Brett Harris

NYS Office of Mental Health

Meghan Hetfield

Our Wellness Collective

William Hill

Center for Problem Gambling

Lisa Hope

FOR-Westchester/NYP: Westchester Division/Prepared Training

Carlee Hulsizer

Youth Voices Matter - NY

Jonathan Jacobs

Aisling Connect

Robert Kent

NYS OASAS

Theresa Knorr

FOR-NY/BALANCE Recovery

Deborah Koivula

SPAN

Ashley Livingston

FOR-WW

Bryan Ludwig

New York Chiropractic Council

William Manas

Kickass Recovery

Sue Martin

RAIS

Valerie Mason-John

Eight Step Recovery

Connie McMillan

Sobriety Queen

David McNamara

Samadi

Victoria Metz

Arms Acres

Matt Miller

FOR-Greater Erie

Lisa Najavits

Treatment Innovations

Jennifer Nickel

A Place Called Om

Katharine Pettit

Katharine Pettit Creative – KPC

Erin Pownall Burns

Peer 2 Peers

Margaret Reinold

I Am Worth It Wellness, LLC

Albert Park

HRH413

Ruth Riddick

ASAP-NYCB

Sandy Rivers

Crouse CDTS

Angela Robertson

Save the Michaels

Sandra Sabene

Artistic Innovations LLC

Susan Salmone

Drug Crisis in Our Backyard

Van Smith

Recovery Houses of Rochester

Bruce Steinberg

New York Chiropractic Council

Martina Swiers

New Choices Recovery Center

Lori Teaney

Youth Voices Matter - NY

Jess Tilley

HRH413

Linda Ventura

Thomas's Hope

Allison Weingarten

Friends of Recovery - New York

Jonathan Westfall

ROCovery Fitness

Erin Wiggins

Center for Family Life & Recovery

Daphne Willis

Speakers for Change

Hope Zvara

Copper Tree Wellness Studio, Mother Trucker Yoga

SPONSOR RECOGNITION

DIAMOND SPONSOR



SILVER SPONSOR



BRONZE & DANCE SPONSORS





BRONZE SPONSORS

DANCE SPONSOR









We're a company that takes on the toughest health challenges. But we do more than treat diseases—we aim to make a remarkable impact on people's lives. We are AbbVie, a highly focused research-driven biopharmaceutical company. We come up with new approaches to addressing today's health issues—from life-threatening illness to chronic conditions. We target specific difficult-to-cure diseases where we can leverage our core R&D expertise to advance science. We're constantly working to create solutions that go beyond treating the illness to have a positive impact on patients' lives, on societies—and on science itself. At AbbVie, we see a future full of possibility, where health is in reach and patient lives are improved.



Acutis Diagnostics, a New York-based, clinical toxicology laboratory, is intimately familiar with the workings and expectations of pain specialists and substance-abuse clinics. The exacting quality of our work, our sense of urgency, and the depth of services we provide have earned our clients' trust. We understand all that is at risk, and so our obligation to the profession, those it treats and the communities they serve. Together we'll work to help bring the current crisis to an end.



As a community-based, not-for-profit health plan, BlueShield of Northeastern New York has empowered millions of people to lead healthier lives throughout its 70-year history serving the Capital Region. BlueShield is doing significant work to prevent pathways to addiction, expand access to treatment and support those who are battling substance use disorder. As an early leader in supporting innovative treatment approaches and removing pre-authorization requirements and coverage limits on SUD drugs, BlueShield knows that a comprehensive approach to treating addiction is essential for long-term success. Recently, the health plan assembled an in-house team of doctors, counselors and nurses who are dedicated to connecting members to the care they need. BlueShield remains committed to supporting programs that enhance the health of the place they're proud to call home.



Chem Rx/PharMerica offers exceptional pharmacy services which include an experienced client services team, the latest industry technology, customized reports and multiple deliveries. Chem Rx/Phar-Merica offers strong support at our customers' community events, and provides your staff with accredited educational seminars, online education and training.



Cornerstone Treatment Facilities Network (CTFN) has been a respected leader in the chemical dependency treatment field for more than 25 years. Our mission is to provide quality inpatient detox and rehab services to all chemically dependent individuals in a progressive, dignified, confidential and safe environment. The staff of CTFN is comprised of clinically focused and culturally diverse treatment professionals who use their expertise to provide professional treatment services ensuring a positive experience.



Delphi Behavioral Health Group is a network of drug and alcohol addiction treatment facilities that provides the entire spectrum of care to those starting on the road to recovery. The unique quality of our treatment methods comes from our commitment to on-demand care, comprehensive clinical therapies, and compassionate staff. Coupled with the intimate atmosphere cultivated by each of our facilities, our client-first approach is geared toward treating the root of addiction and facilitating lasting sobriety.



Families Together in New York State is a family-run organization that represents families of children with social, emotional, behavioral and cross-systems challenges. Our goal is to ensure that ALL children and youth have the support they need in order to succeed. We represent thousands of families from across the state whose children have been involved in many systems including mental health, substance abuse, special education, juvenile justice, and foster care. Our board and staff are made up primarily of family members and youth who have been involved in these systems.



The Long Island Center for Recovery is a 50-bed Inpatient and rehabilitation facility with a medically supervised detoxification unit. LICR is OASAS licensed and JCAHO Accredited and offers Group and Individual Therapy, Family Education and Counseling, cutting edge Rapid Resolution (Trauma Based) Therapy, Military Services-Veterans and First Responders Program, Gender Specific Groups, 12 Step Recovery, Relapse Prevention Groups and Educational Lectures and Workshops. Admissions are open 24 hours a day, 7 days a week. Insurance precertifications are conducted by our admissions team. Transportation is available for all admissions and discharges upon completion of treatment.



Recovery Centers of America

Recovery Centers of America offers men and women struggling with addiction a complete continuum of care, including medically-monitored detox, 30-40 days inpatient treatment, a range of outpatient programs, and a strong alumni and community support system. We know that patients who are treated well, get well sooner and stay well longer. As a result, we take a holistic approach to getting patients into a life of long-term, meaningful recovery.



Recoveres R US, LLC is a dynamic organization committed to the success of individuals interested in seeking to enter the addictions field. Our mission is to provide professional development, training and education. We strive to equip our students with quality, experiential hands on training. Students will walk away with all the necessary tools neeed to succeed in the field of counseling for Substance Use Disorders & Alcoholism.



Recovery Dharma is a peer-led movement using Buddhist practices and principles to overcome addiction through meditation, personal inquiry, and community. We believe that the traditional Buddhist teachings ("Dharma") offer a powerful approach to healing from addiction and living a life of true freedom; by following a balanced path of understanding, ethical behavior, and mindfulness, all beings have the potential to find happiness and free themselves from the suffering of repetitive craving.

As NYS OASAS continues to develop public awareness and educational materials, OASAS seeks your input. Stop by to see Peggy Bonneau from OASAS for a brief videotaped interview in the Troy room at the Albany Marriott on Monday from 12-4 p.m.





COMING SOON! Resource Recovery Center of Orange County is A NEW licensed 120 bed inpatient substance use disorder facility located in Middletown, New York, providing licensed medically supervised detoxification and inpatient rehabilitation services for men and women ages 18 and older. Admissions will be available 24/7. Same day admission offered. Transportation available. Insurances accepted will be commercial and Medicaid. Admissions can be reached at 1-844-606-4357. RRCOOC is an OASAS licensed facility scheduled to open in early December.



Restore is a state licensed and Joint Commission accredited substance use and mental health disorder facility located in Canoga Park CA. Our program stay is 30-90 days with a 3 phase program. RESET: Detox and stabilization period. REBUILD: During this phase through a combination of traditional and holistic and experiential therapies. We empower clients to rebuild life. RELAUNCH: The clients will begin to plan with their case manager the journey back into the community.



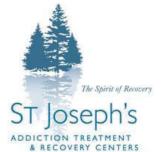
Retreat Behavioral Health is a respected provider of substance abuse and mental health treatment services. With a number of locations along the East Coast and a multitude of inpatient and outpatient services, Retreat's goal is to help people easily access the best quality of care in a holistic and peaceful environment. We are in-network with most major insurances, and our admissions department operates 24/7.



Sandoz, a Novartis division, is a global leader in generic pharmaceuticals and biosimilars and a pioneer in the emerging field of prescription digital therapeutics. Our purpose is to pioneer access to healthcare by developing and commercializing novel, affordable approaches that address unmet medical need. Our broad portfolio of high-quality medicines, covering all major therapeutic areas and increasingly focused on valueadding differentiated medicines, accounted for 2018 sales of USD 9.9 billion. Sandoz is headquartered in Holzkirchen, in Germany's Greater Munich area.



Shatterproof is a national nonprofit organization dedicated to reversing the course of the addiction crisis in America. Shatterproof is focused on ending the stigma of addiction and ensuring treatment in America is based upon proven research. The organization advocates for changes to federal and state policy, payer reform, treatment quality assessment, and provides public education through family and workplace programs.



St. Joseph's Addiction Treatment & Recovery Centers operates a 67-bed co-educational inpatient facility, 25bed long-term residential program for male Veterans, and our family program on our main campus in Saranac Lake. We provide adolescent treatment at our 28-bed co-educational facility, Rose Hill, in Massena; outpatient services through eight sites in Essex, Franklin, and St. Lawrence Counties, supportive housing in Malone, Massena, Saranac Lake, and Ticonderoga; and aftercare at our supportive living program in Poughkeepsie, and guest house in Schenectady.



SUNY Empire State College empowers students to earn an accredited degree around the demands of a busy lifestyle to advance their personal and professional goals. With world-class faculty, more than 1,300 dedicated mentors to help students tailor their degree programs, and cutting-edge distance learning technology, SUNY Empire delivers a personalized learning experience both online and at more than 30 New York state locations and seven international sites. Learn more at esc.edu and follow @SUNYEmpire



Truetox specializes in providing behavioral health and addiction treatment providers with on-demand medication monitoring and management of clients' progress throughout their treatment. What separates Truetox from other laboratories is our commitment to utilization management, adherence to Medicare compliance requirements, rapid turn-around, sophisticated delivery reporting systems, data mining capabilities, and client support. These capabilities allow our clients to provide targeted medication management, reduce health care delivery costs, improve overall treatment results, and most importantly, improve patient outcomes.



White Deer Run Treatment Network works to offer comprehensive treatment for chemical dependency and certain co-occurring men-

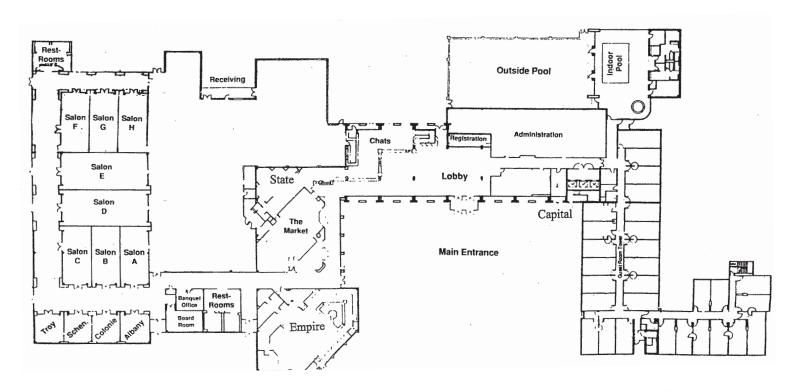
tal health conditions. Located throughout Pennsylvania, these centers supply detoxification services, residential rehabilitation, partial hospitalization programs, intensive outpatient programs, traditional outpatient programs, continuing care planning, halfway houses, and more. We are dedicated to ensuring that each person receives treatment that is tailored to their needs and the support necessary to live a life free from chemical dependency.

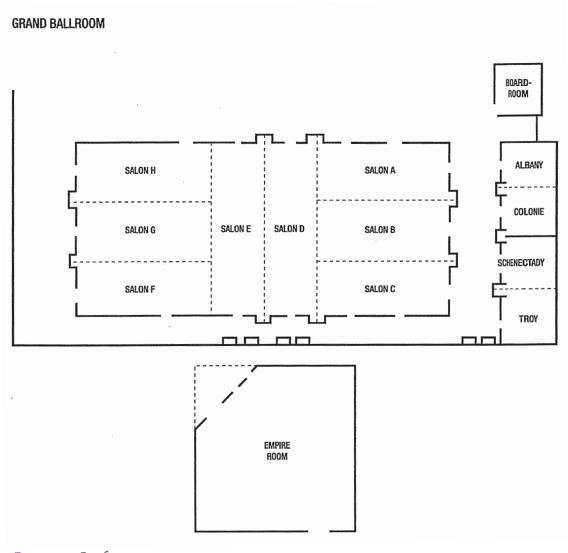


Your support is very much appreciated!



Albany Marriott Map





Recovery Fine Arts Festival AWARD RECIPIENTS

| DRAWING | | |
|---|----------------|--|
| 1st Michelle Quentin "Exercize in Patience" | 3rd | Dana Buckingham – "Changing My Perspective" |
| 2nd Zamyra Lancaster – "My Recovery Process" | НМ | Corey Kuebler – "The Present Moment / I Am So Afraid" |
| PAINTING — | | |
| 1st Briana Slurff – "Out of the Darkness Into the Light" | 3rd | Al Trotman – "Strength" |
| 2nd Lydia Lavere – "Serinity" | НМ | Charles Young – "Black Holes Sun" |
| MIXED MEDIA | | |
| 1st Erin Pownall Burns – Title: "Recovery Isn't Always Pretty,But I F | Haven't Lost I | My Magic" |
| 2nd Diane Murray – Title: "Everything and Nothing" | | |
| 3rd Susan Weinricht – Title: "Art is Recovery" | HM | Justin Chaize – Title: "Poppies for Marshall's Lantern" |
| PHOTOGRAPHY ———————————————————————————————————— | | |
| 1st Nicole Lanahan – "I Chose the Right Path, Now I Am Free" | | |
| POEMS — | | |
| 1st Carlene Covington – Title: "Gratitude" | 3rd | Kathryn Barajas – Title: "If You See Them" |
| 2nd Dave Beach – Title: "Whispering Wind" | HM HM | Roy Kearse – Title: "The Noblest Profession" Glenn Riches – Title: "Just for Today" |
| COMMISSIONER'S CHOICE | | |
| Lydia Lavere – Title: "Serinity" | | |
| DIRECTOR'S CHOICES | STAF | F CHOICE ————— |
| Antoinette Cassoni – Title: "Looking Out" (Art Choice) Carlene Covington – Title: "Gratitude" (Poem Choice) | | Dimitri Damon – Title: "Working Our Way Out Of Addiction" |

2019 Recovery Conference Committees

COORDINATING COMMITTEE

Deborah Brosen

John Coppola

Ashton Daley

Lou Desso

Paulette Doudoukjian

Theresa Knorr

Sherry LaFountain

Shannon Schielke

Dr. Angelia Smith-Wilson

Allison Weingarten

PEER SCHOLARSHIP REVIEW COMMITTEE

Ruth Riddick Willie Townes

PROGRAM COMMITTEE

Rachelle Brown (NYC)

Joe Cavallo (Long Island)

John Coppola (Capital District)

Meghan Hetfield (Mid-Hudson)

Yana Khashper (Finger Lakes)

Ed Kirby (North Country)

Theresa Knorr (Capital Region)

Sherry LaFountain (Capital Region)

Ashley Livingston (North Country)

Suzanne Loevner (Long Island)

Stephen White (Western)

Erin Wiggins (Central)

MARKETING COMMITTEE

Jordan Eubanks (Central))

Friends of Recovery - New York Staff

Louis Laboy (NYC)

Sherry LaFountain (ASAP)

Ashley Livingston (North Country)

Caren Schwartz (Hudson)

Kelsey Smith (Central)

Van Smith (Finger Lakes)

Martina Swiers (Capital Region)

Willie Townes (NYC)

Jon Westfall (Finger Lakes)

Stephen White (Western)

Youth Voices Matter - NY Staff

Thank you to all of our NYS Recovery Community Organizations for their generous raffle donations!

Thoughts, Notes & Contacts

| |
|------|
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| - |
| |
| |



"Certifying the Peer Recovery Profession in New York State."



John Coppola

The mission of the New York Certification Board (NYCB), a project of the NYS Association of Addiction Services and Providers (ASAP), is to strengthen health and human services outcomes and enhance the recoveryoriented skills and capacity of the workforce.



Roy Kearse **NYCB Board President**





Charlene Payne A Vision of Legacy



Margaret Price Addiction Recovery Advocates



Chris Taylor Conifer Park



Ioe Turner Exponents



Patricia Wooldridge Brooklyn Community Recovery Center



Addictions Care Center of Albany





Adrienne Brown Divine Intervention



Iim Conklin ADAC-Orange County



Ricky Cottingham VeraMae Services



Jackson Davis Center for Community Alternatives



Jennifer Faringer NCADD-Rochester



Vickie D. Griffiths The Refuge



Aisha Muhammad Tauheed Center for Human Excellence

Peer Recovery Certifications

http://www.asapnys.org/ny-certification-board/nycb-certifications/

- Introducing the Value & Purpose of Professional Certification presentation
- Certified Recovery Peer Advocate (CRPA)
- CRPA-Provisional
- **CRPA-Family**
- CRPA-Youth (January 1, 2020)
- Certified Addiction Recovery Coach (CARC)
- NYCB Code of Ethical Conduct & Disciplinary Procedures
- application forms and submission directions

CRPA Candidate Information

http://www.asapnys.org/ny-certification-board/certified-recovery-peer-advocate-crpa/

- Connecting to Recovery Oriented Systems of Care overview
- CRPA Knowledge, Skills, Abilities competencies inventory
- Six Steps to CRPA
- Why CRPA-Provisional?
- Simple Steps to CRPA upgrade
- Peer Recovery (CRPA) Exam Prep Workshop
- Scholarships (when funded)

CRPA-Family Candidate Information

http://www.asapnys.org/certified-recovery-peer-advocate-family/

- An Introduction to CRPA-F presentation
- CRPA-F Knowledge, Skills, Abilities competencies inventory
- CRPA-F certification standards
- · Links to online and in-person training

Certification Support

http://www.asapnys.org/ny-certification-board/

- Ten Steps Certification Development Process
- Certifications Renewal Program
- Certification Verification
- **Training Program Approvals**

Community Services

http://www.asapnys.org/nycb-news/

- News & Event Listings
- Peer Recovery Subject Matter Expertise and Consultations
- · Community Outreach & Presentations
- Job Recruitment distribution
- Resources



Suzanne Hall-Westcott **Director of Certification** shall-westcott@asapnys.org

Elisabeth Kranson Certification Coordinator ekranson@asapnys.org 518-426-3122 x 101





Cathie Gifford Program Associate cgifford@asapnys.org 518-426-3122 x 115

for further information: **Ruth Riddick** Community Outreach & Communications rriddick@asapnys.org



Doug Rosenberry CRPA-F & CRPA-Y

Project Coordinator

New York Certification Board at ASAP 11 N. Pearl Street, #801, Albany, NY 12207 http://www.asapnys.org/ny-certification-board/





February 11, 2020

8 a.m. - 3 p.m.

Empire State Plaza Concourse Convention Hall Albany, New York

On behalf of millions of individuals and families throughout New York impacted by addiction, Friends of Recovery-New York (FOR-NY), the statewide Recovery Community Organization (RCO), is committed to educating decision-makers and the general public about addiction recovery. FOR-NY calls for the end of discrimination that blocks access to addiction treatment, housing, employment, education, and community-based recovery supports.



ONE COMMUNIT

Save the Date and Participate!