Virtual Office Hours for Peers

Support for Frontline Workers during COVID-19



The New York State Office of Addiction Services and Supports (NYS OASAS) and the Institute on Trauma and Trauma-Informed Care (ITTIC) at the State University at Buffalo are providing a series of sessions to support to our heroic frontline staff during this global pandemic. These "Office Hour" sessions are conducted by Sue Green, LCSW, and Samantha Koury, LMSW, who assist participants in developing practical approaches to respond to trauma. Participants also have the opportunity to connect with one another and receive additional resources and materials on trauma-informed practices and self-care.

Office Hours are being offered to five specific audiences, with dedicated sessions for each:

- 1. The peer workforce
- 2. Direct care staff in residential and inpatient settings
- 3. Direct care staff in outpatient and Opioid Treatment Programs (OTPs)
- 4. Direct care staff in OASAS Addiction Treatment Centers (ATCs)
- 5. Prevention program staff

We are pleased to announce the topics of our next two rounds of sessions:

- → Grief, Loss, and Meaning-Making
- → Vicarious Trauma and Resilience

You are invited to participate in the upcoming Office Hours. There is no prerequisite for attending a session. There are two opportunities to attend an Office Hours session on each topic, so please register for the date and time below that works best for you. **Note: There is no fee associated with attending Office Hours, but pre-registration is required.**

Click the link beside the date and time of the session you wish to attend and complete your registration.

Office Hours for Peers on Grief, Loss, and Meaning-Making:

4/30/20 @ 12:30 PM: https://bit.ly/GLMM-Peer1 5/6/20 @ 6:00 PM: https://bit.ly/GLMM-Peer2

Office Hours for Peers on Vicarious Trauma and Resilience:

5/12/20 @ 9:30 AM: https://bit.ly/Resilient-Peer1 5/20/20 @ 6:00PM: https://bit.ly/Resilient-Peer2

Questions related to Office Hours may be directed to <u>Samantha.Kawola@OASAS.ny.gov</u>. We look forward to having you join us!

More resources and guidance for OASAS providers and addiction professionals on navigating service provision during the pandemic can be found on the <u>OASAS website</u>.

For more information about the Institute on Trauma and Trauma-Informed Care, please visit their website.

