

## PEER ADVOCATE | CRPA



## RECOVERY COACH | CARC

“A peer advocate provides outreach, advocacy, mentoring, and recovery support services to those seeking or sustaining recovery.”

- ASAP-NYCB via International Certification & Reciprocity Consortium (IC&RC), 2013

“[A peer advocate provides . . .] outreach for engaging an individual to consider entering treatment, reinforcing current patients’ engagement in treatment, and connecting patients to community- based recovery supports consistent with treatment/recovery and discharge plans.”

- OASAS, 2019

“Coaches partner with clients in a thought-provoking and creative process that inspires them to maximize their personal and professional potential.”

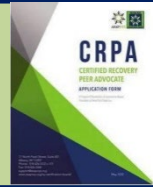
- International Coaching Federation, 1997

“A recovery coach is anyone interested in promoting recovery from addiction by assisting recoverees to remove barriers to recovery, generating individualized recovery options, and connecting recoverees with recovery support services designed to build recovery capital.”

- New York Certification Board, 2012

# ASAP-NYCB CERTIFIED PROFESSIONAL ROLES IN NEW YORK STATE

## PEER ADVOCATE



- 18+ years
- High School Diploma (or equivalent or higher/matriculated)
- 46 hours ASAP-NYCB approved role training incorporating:
  - Advocacy (10 hours)
  - Mentoring & Education (10 hours)
  - Recovery Wellness Support (10 hours)
  - Ethical Responsibility (16 hours)
- Affirmation of ASAP-NYCB Code of Ethical Conduct
- 500 hours role experience, including 25 hours mentoring/supervision
- IC&RC Peer Recovery Exam: passing grade in test of knowledge, skills, ability in 54 role competencies

## RECOVERY COACH



- 60 hours of ASAP-NYCB approved role training:
  - Recovery from Addiction (16 hours)
  - Recovery Coaching (20 hours)
  - Recovery Education (5 hours)
  - Ethical Responsibility (15 hours)
  - Medication Assisted Treatment (4 hours)
- Affirmation of ASAP-NYCB Code of Ethical Conduct
- ASAP-NYCB Recovery Coach Exam: passing grade in test of 27 role competencies (on hiatus)

Approved Training for CRPA & CARC:

<http://www.asapnys.org/ny-certification-board/nycb-approved-training/>

# RECOVERY COACH



<http://www.asapnys.org/ny-certification-board/nycb-approved-training/>



# CERTIFIED RECOVERY PEER ADVOCATE

## Role Experience & Supervision



**Certified Recovery Peer Advocate**  
Applications Form | *Role Experience and Supervision*  
<http://www.asapnys.org/ny-certification-board/>

To be eligible for full CRPA certification, a candidate must meet the following requirements  
[\* also required for CRPA-Provisional]:

- 18+ years \*
- High School Diploma, or equivalent, or higher \*
- 46 hours approved foundational training in role practice \*
- 500+ documented hours role experience providing peer recovery support to those with Substance Use Disorder (SUD); *including*
- 25 documented hours of being supervised in individual (one-on-one) or group sessions
- Passing grade in IC&RC Peer Recovery competence-based exam (scheduled upon certification approval)

Application forms and full instructions are available at ASAP-NYCB homepage -  
<http://www.asapnys.org/ny-certification-board/>.



In Certemy, NYCB's online database, both the **CRPA** and **Upgrade to CRPA** applications require the candidate's supervisor, manager or mentor to complete the *Role Experience and Supervision* form.

When they reach this step in the application process, candidates will be prompted to invite their supervisors via Certemy to complete this section electronically.

Supervisors will receive an email from the candidate's Certemy account with instructions on how to proceed electronically in accessing and completing the supervisor *Role Experience and Supervision* form on behalf of the candidate.

In preparing for this section, and to best supervise candidates generally, we encourage supervisors to review the appended CRPA role competencies (56 items incorporating the knowledge, skills and abilities of competent performance in the peer recovery advocate role). This review will help to determine the activities that meet the work experience requirement for CRPA certification, and will aid a supervisor in answering the questions in the *Role Experience and Supervision* form

In completing the form, both the candidate's job title and job description will need to be included.

Some CRPA candidates may work with clients who have co-occurring diagnoses in mental health and SUD. Only hours providing peer recovery support for those with substance use disorder meet the requirement for CRPA certification.

For further information, please contact:

Elisabeth Kranson, Director of Certification - [ekranson@asapnys.org](mailto:ekranson@asapnys.org)

Cathie Gifford, Program Associate - [cgifford@asapnys.org](mailto:cgifford@asapnys.org)

<http://www.asapnys.org/ny-certification-board/>

## Exam-Prep Workshop

**EXAM PREP ON ZOOM!**



### A Career in the Peer Recovery Profession

*Are you ready for CRPA?*

ASAP Peer Recovery Exam Prep workshop  
co-presented with Recovery Coach University  
online availability - 24/7

Please register at

<https://tinyurl.com/ASAP-exam-prep-online>

Registration Fee: \$10 covers hosting costs

Questions? Ruth Riddick, [riddick@asapnys.org](mailto:riddick@asapnys.org)

### Want to take the Exam?



- ✓ You have applied to the New York Certification Board for CRPA (or are currently CRPA-Provisional and preparing your CRPA Upgrade)
- ✓ You have already completed, or are in the process of completing, 500 hours peer advocate role experience in the field (job, volunteer, internship, community work, etc.)
- ✓ You have completed 46 hours of ASAP-NYCB-approved peer recovery training (check with your trainer to confirm training approval status)
- ✓ You have a High School Diploma / equivalent / or higher
- ✓ You are 18 years (or older)
- ✓ You're just interested!

The filmed workshop with Ruth Riddick, Lori Drescher and Lisa Nichols:

- Revisits core concepts from practice-specific education
- Explores individual attitudes and concerns regarding taking the exam
- Demonstrates motivational interviewing skills
- Outlines the purpose and process of the exam
- Implements a real-time sample test
- Recommends options for further study



<https://tinyurl.com/ASAP-exam-prep-online>

# Certification Renewal Program

## Renewal Standards

### Step 1 - Complete Continuing Education Training

Any training taken after 1/1/21 for CARC or CRPA renewals, **MUST** be NYCB approved, or they will **NOT** be accepted for renewal. Please see the lists on the right for NYCB-approved training opportunities. There are trainer-led and computer-based courses. The minimum continuing education hours required for renewal are as follows:

- **CRPA:** 28 hours recovery-specific education (multiple courses); **including**, 4 hours peer ethics. CASAC ethics will not be accepted for the ethics requirement.
- **CARC:** 18 hours recovery-specific education (multiple courses); **including**, 3 hours peer ethics. CASAC ethics will not be accepted for the ethics requirement.

### Step 2 - Submit a Renewal Application

When you have completed the required training, please submit your renewal application using our new digital application processing platform called Certemy. To begin your CARC and/or CRPA renewal application, please log into your Certemy account using the following link: <https://nycb.certemy.com/entry/login> and submit your online renewal application, continuing education certificates, and payment. You will be able to complete the entire application process online using any device or computer. If you need assistance accessing your Certemy account, please email [support@certemy.com](mailto:support@certemy.com).

*Renewal applications received within 45 days of the expiration date are subject to a \$25 late fee. Please note that payments are non-refundable and expire 1-year after submission, if candidates do not complete the renewal process.*

The approval process can take up to four weeks from receipt of your application. Incomplete applications, or applications without payment/scholarship will be on hold until complete. The Certemy system will send reminders if steps are incomplete. Once a renewal application has been approved, your new certificate will immediately be available in your "Digital Wallet" in your Certemy account for you to download and/or print.

In order to determine your renewal date, please [click here](#) to use the NYCB Registry in Certemy.

## Approved Training



### Approved Trainings for Professional Certifications Renewal

Make a mix-n-match selection from these three lists of one-time only credits to enhance your professional skills, your understanding of the peer recovery profession, and your role within it. Continuing education is a three-year journey undertaken during the lifetime of your certification – enjoy!

**Friends of Recovery–New York (FOR-NY)** offers a comprehensive calendar of statewide peer recovery training opportunities. Listings are continuously updated, and FOR-NY provides the option of secure registration on the website.

If you're looking to take a training for initial or renewal certifications, please [click here](#). Before registering for a training, confirm that it's approved for certification (initial or renewals).

Trainers are strongly encouraged to post approved trainings to the FOR-NY calendar – [click here to post an approved training](#). However, the calendar cannot be considered a definitive list of all available trainings.

<http://www.asapnys.org/ny-certification-board/renewal-program/>