



Veteran Supported Recovery (VSR) Role Knowledge, Skills and Abilities (KSAs)

September 2020

Domain #1 – Advocacy
<p>Task 1.1: Provides and advocates for any effective recovery-based services that will aid Veterans in daily living.</p> <p>Task 1.2: Assists Veterans in articulating personal goals for recovery to support systems navigation.</p> <p>Task 1.3: Informs Veterans about community and mutual supports and how to use these in the recovery process.</p> <p>Task 1.4: Assists Veterans in developing empowerment skills and combating stigma through self-advocacy.</p> <p>Task 1.5: Serves as liaison between the individual and community-based, supportive organizations.</p>
Domain #2 – Recovery for Veterans
<p>Task 2.1: Assists Veterans in identifying skills, strengths, supports, and resources that will aid them in achieving recovery goals.</p> <p>Task 2.2: Helps Veterans to determine steps to help achieve goals and self-directed recovery.</p> <p>Task 2.3: Uses effective communication skills to engage in problem-solving and conflict resolution strategies to support Veterans in self-directed recovery.</p> <p>Task 2.4: Shares own recovery story, where appropriate, to demonstrate the power of recovery.</p> <p>Task 2.5: Models effective coping techniques and self-help strategies.</p> <p>Task 2.6: Employs awareness of trauma and PTSD, and the therapeutic resources available to treat both.</p> <p>Task 2.7: Recognizes the use and value of common medications for substance use, psychiatric care and trauma.</p> <p>Task 2.8: Uses knowledge of community resources and demonstrates ability to identify and make appropriate connections for Veterans.</p> <p>Task 2.9: Displays empathy for Veteran experiences.</p>
Domain #3 – Military Culture & Resources
<p>Task 3.1: Demonstrates an understanding and appreciation of military culture, language, and the military experience.</p> <p>Task 3.2: Values what Veterans experience in service to their country and upon transition.</p> <p>Task 3.3: Acts as a willing and attentive listener and makes suggestions to aid Veterans as they transition to the community.</p> <p>Task 3.4: Applies awareness of public attitudes toward Veterans and military personnel.</p>
Domain #4 – Ethical Responsibility
<p>Task 4.1: Establishes boundaries to maintain a healthy relationship with the Veteran.</p> <p>Task 4.2: Remains cognizant of one’s own recovery and commitment to self-care.</p> <p>Task 4.3: Preserves confidentiality unless a Veteran’s health or safety is at risk.</p>



VSR Code of Ethical Conduct

Addendum to the ASAP-NYCB Code of Ethical Conduct

The Veteran Supported Recovery professional honors a keen sense of ethical conduct, honesty, integrity and responsibility in the peer relationship.

In observance of these values, the VSR professional:

Confidentiality

- Respects confidentiality within explicit Working Agreements that are developed together and mutually understood with the Veteran
- Upholds the integrity of and honors the boundaries of the Veteran peer relationship within the framework of these Working Agreements
- Commits self and assumes responsibility for complying with established laws, legal guidelines and relevant regulations/policies governing confidentiality in his/her work with Veterans

Multiple Relationships

- Addresses the Veteran's needs while honoring the invested interests of family members, loved ones, friends, professional staff and other agencies
- Builds trust and assures integrity by respecting the defined boundaries in communications with the Veteran and all vested parties
- Understands the value of teamwork in the Veteran relationship, but faithfully communicates with other vested parties only with the explicit verbal and written permission of the Veteran

Cultural Competence

- Faithfully commits to use of culturally appropriate language when communicating with Veterans
- Maintains a sense of excellence and is always ready to embrace new learnings and update knowledge and skills in the ever-evolving discipline of military culture and ethos
- Honors and respects the many challenges of transitioning from active military culture/status to civilian lifestyles

Self-Care

- Acknowledges his/her duty to stay committed to one's own recovery and/or self-care on an ongoing basis
- Strives for personal excellence by seeking out supervision and support when challenged by stress, compassion fatigue or burnout to ensure professional accountability and wellness