



ASAP-NYCB CERTIFIED ADDICTION RECOVERY COACH (CARC)

ROLE DEFINITION

“Coaches partner with clients in a thought-provoking and creative process that inspires them to maximize their personal and professional potential.”

- International Coaching Federation, 1997

“A recovery coach is anyone interested in promoting recovery from addiction by assisting recoverees to remove barriers to recovery, generating individualized recovery options, and connecting recoverees with recovery support services designed to build recovery capital.”

- ASAP-New York Certification Board, 2012



CERTIFICATION STANDARDS

- 60 hours of ASAP-NYCB approved role training:
 - Recovery from Addiction (16 hours)
 - Recovery Coaching (20 hours)
 - Recovery Education (5 hours)
 - Ethical Responsibility (15 hours)
 - Medication Supported Recovery (4 hours)
- Affirmation of ASAP-NYCB Code of Ethical Conduct
- ASAP-NYCB Recovery Coach Exam: passing grade in test of 27 role competencies (when available)

Approved Training for CARC & CRPA:
<http://www.asapnys.org/ny-certification-board/nycb-approved-training/>

