



Keith Greer Coaching

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Coach Recoveree Contracting

“The Conversation about the Conversation”

How are the following topics possibly informed by a client’s family/ethnic/cultural/gender/religious background and experience?

Trust Safety and Inclusion:

What would you need “in the room” to come to feel a sense of trust, safety and inclusion?

What would the “evidence” be that trust, safety and inclusion is in the room in a manner that is meaningful to you?

What do you listen for/Feel for/look for that would signify a trusting space/person?

What do you need in this space to make it conducive for you to engage in reflection?

Attitude/Experience working with a helping person?

How do you learn best?

What are your beliefs about change?

What needs to be present in the room/our relationship for you to make the best use of uncomfortable/intense emotion. ie: grief, loss, trauma?

Balance of Support vs. Challenge (overall/session)

Giving/Receiving/Soliciting Feedback

Coaches sharing of self

Self Disclosure

Sharing of the “here and now”

Client Autonomy

Impact of me (the coach) as a white male?

Physical Space

What exists in the physical environment that might respectfully speak to the cultural, ethnic, gender, religious practices of your client?

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Practicalities

Day/time

Length of session

Number of Sessions

Cost

Coach availability outside of scheduled sessions

Procedures

Cancellations

No Shows

Prep Form Completion

No Interruptions

Ending Coaching

Roles and Responsibilities

Who keeps time

Who sets the coaching session agenda (Co-Creation that honors Autonomy)

Prep Form Completion – Client comes Prepared (Session Agenda...Overall agenda)

Coach note taking during the session

Goal Setting

Confidentiality

Verbal/Coaching Notes/Coach's Supervision