

Alcoholism & Substance Abuse Providers of New York State's 8th Annual Veterans Summit

November 2, 2022

CONFERENCE PROGRAM



OPERATION RECOVERY MINDSET:
HELPING VETERANS AND THEIR FAMILIES THRIVE



Sleepy Hollow Hotel & Conference Center
455 South Broadway
Tarrytown, New York 10591

WELCOME



On behalf of the ASAP Veterans Committee, welcome to the 8th Annual Veterans Summit; Operation Recovery Mindset: Helping Veterans and Their Families Thrive. We are so excited to be able to host an in-person Summit this year; re-connect with familiar faces and meet the heroes of our industry. Please take time during the conference to network with each other and enjoy the ability to bump fists and go home with a bagful of swag. A special thank you to all our sponsors and exhibitors, we are grateful for your recognition and support as we bring some of the sharpest minds New York has to offer together to better prepare to help Veterans and their families.

The theme of the Summit this year is a call to action. Not a pithy title to ponder over, or a vision to direct our day. Operation Recovery Mindset is meant to invoke a sense of being called to a mission. The mission? To help Veterans and their families thrive in their respective communities.

Servicemembers, when called to action, do a very intentional, very personalized series of behaviors to ensure they are ready to fulfill their duties. We are asking you to do some of the same actions as you engage in our Summit today:

First, take a moment to accept the reality of the situation. We have more Veterans in need of substance use, and mental health help than ever before. There is inequity in our healthcare systems at times. We don't know the extent of the situation, but we are willing to accept that reality and serve.

Second, we pack our duffle bags. As you network and engage in the presentations, exhibitors, and colleagues today, make sure you are gearing yourself up for what you will need to be effective as you serve. Remember to pack something to remind you why you are serving.

Finally, we train as hard as we can to be as ready to serve as possible. Dig in with us, ask hard questions, challenge your assumptions, and take the time to share your successes. It many help someone help someone!

With appreciation,

Zachary Randolph, MA, MAC, CAMS-1
Chair of ASAP Veterans Committee

Purpose and Goal of Veterans Committee

- ◇ The ASAP Veterans Committee seeks to enhance the quality of services that veterans receive through the prevention, treatment and recovery network. This includes those veterans who have less than honorable or dishonorable discharges because we believe that, regardless of discharge status, substance abuse is an issue that must be treated with the appropriate benefits and services through the healthcare system.
- ◇ Help promote and educate providers on best practices to ensure special needs for Veterans are met.
- ◇ Coordinate and promote networking and collaboration opportunities between providers that offer Veteran services, i.e. education, etc.
- ◇ Ensure competent training of Veterans.

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AGENDA AT-A-GLANCE

8:45 am - 9:15 am	WELCOME AND OPENING REMARKS
9:15 am - 10:15 am	Opening Keynote <i>Senator Pete Harckham, Chair of the NYS Senate Alcoholism and Substance Abuse Committee and Member on the NYS Senate Veterans, Homeland Security and Military Affairs Committee</i> Helping Veterans and their families thrive includes making sure they have all the supports they need. Senator Harckham will discuss challenges such as post-traumatic stress disorder, addiction, and homelessness and New York State's responsibility to ensure that Veterans and their families receive the strong services, support, and gratitude that they deserve and have earned.
10:15 am - 11:15 am	Suicide Prevention Panel Presentation <i>Mark Lombardo, Psy.D., Clinical Psychologist/Suicide Prevention Coordinator, EAP Coordinator, VA Hudson Valley Health Care System; Jenna Heise, MA, BC-NC, Director, Division of Implementation, Suicide Prevention Center of New York, Office of Mental Health; Garra Lloyd-Lester, Coordinator, Community and Coalition Initiatives, Suicide Prevention Center of New York, Office of Mental Health and Karen DeBell, LCSW-R, Mental Health Program Specialist 3, Division of Adult Services, Office of Mental Health</i> Participants will gain an understanding of innovative resources and supports for NYS Veterans such as the Expiration of Terms of Service (ETS) program, Joseph P Dwyer program, VA Healthcare system resources, and a unique online resource for family members and loved ones of a veteran on discussing lethal means safety.
11:15 am - 11:30 am	BREAK
11:35 am - 12:35 pm	Overdose Prevention Harm Reduction Panel Presentation <i>Katie Burbee, LCSW, Director of Clinical Program Development, Horizon Health Services; Danielle Lang, NCC, LMHC, CASAC, Mental Health Case Manager, Veterans Residential Program & Detoxification Facility, St. Joseph's Addiction Treatment and Recovery Center and Malik Hutchinson, CASAC 2, Director Residential Services, Elmcot Youth and Adult Activities, Inc.</i> As communities across New York State grapple with alarming rates of death due to overdose and suicide, harm reduction is increasingly seen as a much-needed life-saving tool. This panel will address how harm reduction services can help to engage veterans who are struggling with mental health and addiction challenges, while also dealing with discrimination on multiple levels (racism, stigma related to drug use, insensitivity to Veterans' needs).
12:40 pm - 12:50 pm	Missing Man Table Presentation Zach Randolph

12:50 pm - 1:50 pm	Commissioners' Panel Plenary Luncheon <i>NYS OASAS Commissioner Chinazo Cunningham; NYC Department of Veterans' Services Commissioner James Hendon and NYS Division of Veterans' Services Executive Deputy Director Joel Evans</i> The Commissioners will discuss the New York State and New York City government commitment to ensure that policy and services respond to the needs of Veterans and their families. The Commissioners will highlight current service and policy priorities and how we can support them.
1:50 pm - 2:50 pm	Military Sexual Trauma Mini-Plenary <i>Dawnmarie Martire, MA, CASAC, Program Director, Women Veteran's Program, Samaritan Daytop Village and Gavin T. Walters Sr., MSW-USAF Veteran, Vet2Vet of Ulster County Program Director, Hudson Valley National Center for Veteran Reintegration (HVNCVR)</i> This presentation will bring an awareness and understanding of the term Military Sexual Trauma (MST), as "an experience and not a diagnosis" that became a national focus during the Tailhook Convention Scandal. The presentation will also focus on the terms sexual assault and sexual harassment and how MST affects health and wellbeing as well as including treatment modalities and MST programs. Attendees will also watch a short interview video of a Veteran that shared their lived experience with MST. This story is one of many stories that have been shared by men and women that have put on the uniform. After the video, we will have a discussion on MST and how it has impacted the survivors as well as their families. We know trauma never leaves any individual but when you have to re-live it, knowing you are not alone will make all the difference. During the presentation, you will understand and learn how peer support as well as groups has helped to uplift many individuals as well as encouraged others to fight for their service connection from the VA. In addition, you will receive information about organizations and programs that provide one on one support that connects our
2:50 pm - 3:10 pm	BREAK
3:15 pm - 4:15 pm	Trauma/Racism Mini-Plenary: The Assumptions We Make and Their Compounding Effects on Racial Bias and Discrimination in a Military Setting <i>Kiran Miner, LCSWR, CFRC, Regional Supervisor, Calm Seas Psychotherapy and Sharon Elise Prager, LCSWR, BCD, Founder & CEO, Calm Seas Psychotherapy</i> Mind, emotion, and conduct are intricately interconnected. How we think determines how we feel, which in turn affects what we do. Working with someone whose values and actions differ from our own is more difficult than we realize. Research demonstrates that racial, gender, and other biases have a negative impact on the promotion rate and distribution of benefits among military members. Can exposure to diversity and a willingness to alter perceptions foster equality and inclusion? Genuine receptivity to the "other" is essential. Influencing impressions requires engaging individuals at the proper time, place, and under the proper conditions. This could be accomplished by recognizing and valuing the "norms" in a specific context. We believe that the practice of awareness and reflection facilitates the integration of divergent experiences and expectations in our community.
4:15 pm - 4:30 pm	CLOSING REMARKS

EXHIBITOR DIRECTORY

Calm Seas Psychotherapy

Calm Seas Psychotherapy is a private practice focused on Military and Law Enforcement. We have created a life-long “Life Line” to mental health and wellness services. Our experiential program integrates three pillars of well-being to include nutrition, physical activities, and mental agility. These programs allow both officers and veterans constant contact from resources that are supportive in nature throughout their career. The ultimate in resiliency. The long-term goal of Calm Seas as a whole is to support our Law Enforcement and Military families from the start of their careers (DAY ONE) until they retire and move into the next phase of their lives.

For more information, please visit our website: www.calmseapsyc.com.

Forge Health

Forge Health is family and veteran owned and provides intensive outpatient and outpatient mental health, substance use disorder and associated trauma with locations in New York. In addition to serving the general adult population, our Forge VFR (Veterans and First Responders) program was built by veterans and first responders for veterans and first responders. It offers specialized mental health and substance use treatment designed to address the unique culture, preferences, and values of first responders, emergency and health care professionals, veterans, active-duty members of the military and their families. Our White Plains location provides outpatient mental health treatment either in-person or virtual. We address issues such as depression, anxiety, stress, trauma, family issues, etc. Kenneth Peters Center, which is a part of the Forge family, provides intensive outpatient and substance use disorder treatment on Long Island. Specialized services for Veterans and First Responders either in-person or virtual. We are in-network with most insurance plans and have a centralized Intake # 888-224-7312.

For more information, please visit our website: www.forgehealth.com.

Long Island Center for Recovery

Long Island Center for Recovery is a 50-bed inpatient rehabilitation facility with a medically supervised detoxification unit. LICR is OASAS Licensed and JCAHO Accredited and offers Group and Individual Therapy, Family Education and Counseling. LICR has cutting edge Rapid Resolution (Trauma Based) Therapy, Military Services-Veterans and First Responders Program, Union Groups, Women Empowerment Groups, G.A. Groups, Pride Groups, 12 Step Recovery, Relapse Groups and Educational Lectures and Workshops. LICR also offers state of the art Holistic Therapies including Serenity Bed, Tibetan Bowl, Rhieki, Yoga, Drum Circle, Music/Art Therapy and Equine Therapy. Admissions are open 24 hours a day, 7 days a week. Insurance pre-certifications are conducted by our admissions team. Transportation is available for all admissions and discharges upon completion of treatment.

For more information, please visit our website: www.longislandcenterrecovery.com.

New York State Office of Addiction Services and Supports

New York State Office of Addiction Services and Supports (OASAS) oversees one of the nation's largest Substance Use Disorder systems of care with approximately 1,700 prevention, treatment and recovery programs serving over 680,000 individuals per year. This includes the direct operation of 12 Addiction Treatment Centers where our doctors, nurses, and clinical staff provide inpatient and residential services to approximately 8,000 individuals per year. OASAS is the single designated state agency responsible for the coordination of state-federal relations in the area of addiction services. Our mission is to improve the lives of New Yorkers by leading a comprehensive system of addiction services for prevention, treatment, harm reduction and recovery. Our vision is a future where New York State is alcohol-safe and free from chemical dependence and compulsive gambling.

For more information, please visit our website: www.oasas.ny.gov.

EXHIBITOR DIRECTORY

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For more information, please visit our website: www.onegroup.com.

Pyramid Military Therapy & Recovery Program

Pyramid Military Therapy & Recovery Programs in Dallas, Pennsylvania provides quality detox and residential treatment specifically designed for veterans facing addiction, co-occurring mental health disorders or other challenges directly or indirectly stemming from their military service. Through evidence-based treatment modalities, education and peer support, the programs help veterans truly understand the underlying issues resulting in their substance use and mental health symptoms.

Call our 24/7 Veterans and Military Help Line at (888) 202-6071 or visit pyramidmilitarytherapy.com.

Recovery Centers of America

Recovery Centers of America was founded on the premise of providing superior addiction treatment, delivered by a team of expert professionals, in the comfort of a world-class facility local to the client so they can build a foundation for lasting recovery close to home. The path that has leading someone to treatment is unique to them but familiar to us. They may be here today because they are hurting or searching for answers for themselves or someone they care about. We know this pain. Many of us personally, but all of us professionally. That's why we have come together at Recovery Centers of America – to bring peace, clarity, and hope to those suffering from substance use disorder. Our mission is to save lives from the disease of addiction, and we want to make a difference in their life, today.

Please visit our website: www.recoverycentersofamerica.com or call (516) 455-8302 for additional information.

The Child Center of New York

Founded in 1953 as a children's counseling center in Queens, The Child Center of NY has become a powerful community presence throughout the city. With 50 locations and 100 programs in NYC's most under-served communities, our 1,000+ results-oriented professionals make a difference for more than 43,000 children and their families each year. We know that with the right skills, education, and emotional support — tools that we provide — children of any background can build a happy, healthy, and fulfilling future.

For more information, please visit our website: www.childcenterny.org.



ABOUT ASAP



Alcoholism and Substance Abuse Providers of New York State (ASAP) represents the interests of the largest substance use disorders service delivery system in the United States. Through advocacy at the state and federal levels, ASAP champions the urgent message that addiction is a public health issue that, with adequate resources, can be effectively addressed. ASAP offers professional development, program development, technical assistance, and community education to strengthen and increase access to prevention, treatment, recovery, and harm reduction services. ASAP serves as a catalyst for cross systems collaboration with public health, mental health, criminal justice, juvenile justice, child welfare, and social services, policy makers and service providers. We represent the field on numerous policy development and implementation work groups with a regional, statewide and national focus.

<https://www.asapnys.org/veteran-supported-recovery/>



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NOTES

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ASAP VETERANS COMMITTEE MEMBERS

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