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E-News

for Peer Recovery Professionals

ASAP-NYCB | December 2022



- **Tawana Rowser-Brown**, ASAP-NYCB Trainer Registry member, talks approved *Medication Supported Recovery* (MSR), required for initial CARC and CRPA - take the training now!
- **YouTube MSR** option is **discontinued**, says Ruth Riddick, but it's [still available online](#)
- **Keith Stack**, CARC (2012) and CRPA (2014), is the first New Yorker dually certified as a coach and an advocate. What does he have to say for himself?
- **Ashley Behrle**, ASAP Chief Operating Officer, tells us why she came back to work at ASAP
- **ON OUR MINDS** will tell you where to find information about role experience, supervision and the IC&RC Peer Recovery exam

MEDICATION SUPPORTED RECOVERY

4-hour online training for initial certifications (CARC and CRPA)

ONLY TRAININGS APPROVED AT TIME OF COMPLETION WILL BE ACCEPTED

<https://www.asapnys.org/nycb-approved-training/>

Dr. Tawana Rowser-Brown (pictured) has been delivering MSR training since the requirement was first introduced for Certified Addiction Recovery Coach in 2012. With increasing relevance in the field, MSR has been required for initial CRPA since April 2022.

"The term 'Medication Supported Recovery' (MSR)" reflects the reality that some individuals may utilize medication to support their recovery without them necessarily being involved in traditional treatment," Rowser-Brown tells E-News.

What about controversies around substituting one drug for another? The idea that "you're not sober" on MSR?



"Addressing these controversies and misconceptions is an integral piece of this training," she confirms. "We facilitate this discussion via breakrooms with each room being tasked with dispelling several common myths/misconceptions. And we include a frequently asked

questions regarding misinformation as important content for discussion with the students."

Together with her training partner, **Toby Haskins**, Rowser-Brown offers both a 4-hour and a 7-hour MSR training. "The seven hours enable us to go more in depth and also allow for more discussion time and time for communication skills building."



Find Dr. Tawana Rowser-Brown and other approved MSR Training on our website

"There are important updates to the list of approved MSR trainings," confirms ASAP-NYCB Trainer Registry Program Manager, **Ruth Riddick**. "The YouTube option has been **discontinued but it's still available online.**"

Find all approved foundational training at

<https://www.asapnys.org/nycb-approved-training/>

Only training approved at time of completion is accepted for certifications/renewals.



MEET SOME MORE OF THE PEOPLE BEHIND THE CERTIFICATIONS **Keith Stack**, first dual certificant & **Ashley Behrle**, newest team member



"I think the foundation of recovery is peer-to-peer," says founding ASAP-NYCB Board member, **Keith Stack**

"One of my first recovery community meetings - when I worked for ASAP more than ten years ago - was about certification of peers. We wanted a certification with value and meaning, and a process with integrity."

Keith is both a Certified Addiction Recovery Coach (from 2012) and a Certified Recovery Peer Advocate (from 2014, introduction of the certification).

More from **ASAP-NYCB's Oral History Project** in 2023!

Thanks for your continuing



The peer recovery workforce has so much potential and promise," says **Ashley Behrle**, newly appointed as ASAP's first Chief Operations Officer.

"Those who choose that career path bring so much passion and deep commitment to helping improve the lives of those they work with, and the systems they work within."

"I know that ASAP will continue to provide stellar credentialing, training and networking opportunities in the years ahead!"

Read about Ashley's work, her history with ASAP and her thoughts on the future of the field [here](#).

ASAP-NYCB Board Member Aisha Muhammad is also dually-certified!

Aisha Muhammad has been an ASAP-NYCB Board member since. Her peer recovery certifications also date from 2012 (CARC) and 2014 (CRPA). She has also been honored by OASAS, and serves as a founding member of the ASAP-NYCB Trainer Registry Governance Committee.



Aisha Muhammad discusses online training here (she's not impressed!)



Are you CRPA-Provisional?

Schedule the IC&RC Peer Recovery Exam NOW - email the Certification Team. For instructions, [click here](#).

For information about the optional, online ASAP Exam Prep workshop with **Lori Drescher**, **Lisa Nichols** and **Ruth Riddick** (IC&RC item writer), [click here](#).

On Our Minds What is Role Experience, Supervision & the Exam?



"In technical assistance meetings with students, CRPA-Provisionals, managers and other stakeholders, these are the three items people mostly ask about," says **ASAP Community Outreach, Ruth Riddick**.

"So, I refer everyone to the ASAP-NYCB homepage where you'll find our downloadable guides - <https://www.asapnys.org/ny-certification-board/>."

Click the green navigation buttons for the following documents:

- **New Applicants:** Find our practical [Guide to Role Competencies for Peer Supervisors & Program Managers](#); essential reading for peers and their supervisors. Highly recommended for trainers.
- **Peer Recovery Exam:** Full details on [how to schedule](#) the IC&RC Peer Recovery nationwide exam required for full CRPA (Certified Recovery Peer Advocate). No, it's not the "CRPA Exam" - our [online exam prep workshop](#) explains why it's unhelpful to think of the exam as NYS only - it isn't! Same exam in VA, VA, PA, LA where they do peer work differently. **Work locally, think globally!**

Questions? Email Ruth at rriddick@asapnys.org.

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Date: December 20, 2022

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