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E-News for Peer Recovery Professionals



ASAP-NYCB | July 2022

- **WELCOME** new members of the Certification Board
- **JUST PUBLISHED; A Guide to Supervision for CRPA-Provisional;** for peer recovery professionals and their supervisors
- **PREVIEW the ASAP Annual Conference in September;** recovery track presentations with CE credits from ASAP-NYCB Board member, **Malik Hutchinson**, and ASAP-NYCB Trainer Registry member, **Aja Stubbs**
Trainer Registry Members: Dona Pagan, former CCAR Core Trainer, discusses new CCAR protocols for CCAR authorized trainers (does **NOT** affect ASAP-NYCB training approvals)

WELCOME!

JUST PUBLISHED!

 Board Members 2022	 President Adrienne Brown Divine Intervention	 Vice President Christal Montague Outreach
 Jim Conklin ADAC Orange County	 Ambi Daniel Center for Family & Recovery	 Jackson Davis Community Alternatives
 Jennifer Faringer NCADD Rochester	 Linda Ferdico Independent Living, Inc.	 Eric Malik Hutchinson Elmcor Youth & Adult Activities
 President Emeritus Roy Kearse SDV-PARC	 Denis King Champlain Valley Family Center	 Luis Laboy Bowen Center
 Aisha Muhammad Tauheed Center	 Jason Page SUNY Cortland	 Keith Stack Addictions Care Center of Albany
 Chris Taylor DynamixCare Health	 Joe Turner Exponents	 Patricia Wooldridge Brooklyn AASC

Role Experience for Certified Recovery Peer Advocate (CRPA) Candidates | 500 hours
A Guide to Role Competencies for Peer Supervisors & Program Managers

To ensure that CRPA candidates are provided a quality and comprehensive 500-hour role experience, to include 25 hours direct supervision, supervisors and program managers are encouraged to review and use this guide to better support the development of the knowledge, skills, and abilities considered essential to competent performance in the peer recovery advocate role, as determined by ASAP-New York Certification Board (ASAP-NYCB) - see Appendix.

The following guide follows the four competence domains covered during initial certification training (Advocacy, Mentoring and Education, Recovery/Wellness Support, and Ethics). It is recommended that supervisors use this guide to help candidates maximize their learning during the role experience period.

In this document, the term "CRPA candidate" identifies the "peer" offering services, and "individual" identifies the person (i.e., client, patient, consumer, individual, etc.) being served. "Peer" and "individual" are the terms used by the International Certification & Reciprocity Consortium (ICRC), originators of the role and its competencies. It's the language used in the ICRC Peer Recovery exam, also a CRPA requirement.

Domain 1: Advocacy
 During the 500-hour role experience, CRPA candidates should gain practical experience of **advocacy** using:

1. Strengths based and person-centered language when working with individuals
2. Shared decision-making techniques to develop self-advocacy skills within individuals
3. Professional advocacy to help individuals connect with recovery resources including, but not limited to:
 - i. Treatment
 - ii. Housing
 - iii. Benefits
 - iv. Healthcare
 - v. Recovery Community supports
4. Professional meetings and other forums for advocacy on behalf of individuals
5. Policies and the patient bill of rights to protect individual interests regarding treatment and recovery resources

Domain 2: Mentoring and Education
 During the 500-hour role experience CRPA candidates should gain practical experience of **mentoring and education** using:

1. Professional relationships with individuals that respect personal boundaries and help with conflict resolution and problem-solving skills
2. Effective client-centered communication skills such as asking open-ended questions, affirmations, reflections and summaries
3. Effective and appropriate self-disclosure as a means of building trust and educating through shared experiences
4. Empowerment strategies that strengthen the individual's ability to build self-efficacy

Developed by ASAP-NYCB Trainer Registry | trainers@asapnys.org July 20, 2022 | Page 1 of 3

Visit the ASAP-NYCB Board and Certification Team here

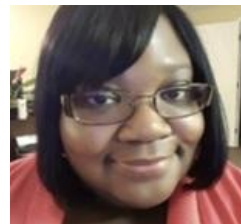
"A Guide to Role Competencies for Peer Supervisors & Program Managers" click here



Veteran Supported Recovery (VSR): A New Call to Service

"Veterans transitioning to civilian life face unique challenges, and these challenges, including mental health issues, are increasingly recognized as complicated by the effects of substance use disorder. Effective responses require facing the dimensions of the problem and embracing innovative approaches to finding solutions."

Malik Hutchinson is a member of the ASAP-New York Certification Board and served as a subject matter for [VSR](#).



Recovery In Color: Elevating and Empowering BIPOC Experiences in Recovery

"Focusing on the four pillars of recovery—Health, Home, Purpose, and Community—this workshop will discuss how substance use and recovery support service providers can ensure that they are providing culturally competent support services to the BIPOC they serve."

Aja B. Stubbs is a member of the ASAP-New York Certification Board (ASAP-NYCB). See the [Registry Directory](#).



CCAR introduces new trainer terms

Does **NOT** affect your ASAP-NYCB training approvals

As a member of the [ASAP-NYCB Trainer Registry](#), do you deliver CCAR trainings? If so, CCAR's new protocols/terms apply to you!

ASAP-NYCB Trainer Registry Governance Committee member, **Lori Drescher**, summarizes CCAR's instructions:

- First, acquire the CCAR Recovery Coach Professional (RCP), CCAR's designation (not a professional certification)
- Then, add the "Facilitator" (RCP-F)

Quoting from a CCAR information session, Lori Drescher advises that registry members who want to continue offering CCAR training products follow these steps (in this order) as soon as possible:

1. **Complete** the RCP Application <https://addictionrecoverytraining.org/rcp/> (\$149.99)
2. **Schedule** a panel interview when invited by CCAR; Interviews are held mostly on Mondays. See details [here](#).
3. **Take** the 1 day CCAR Facilitator Training; upcoming dates are Tuesday, August 16 or Tuesday, September 20. CCAR will schedule more dates soon. (Free)

Transition to these new protocols/terms has begun and will be complete by January 1, 2024. If this applies to you, you would be well advised to "get with the program" - now!

Questions? Email CCAR's Maysha Zakrevskyy at maysha@ccar.us.

Former CCAR Core Trainer Dona Pagan reflects

on the new CCAR RCP-F program

Does **NOT** affect your ASAP-NYCB training approvals

A well known - and well respected - member of the ASAP-NYCB Trainer Registry, **Dona Pagan**, is honorary recipient of the inaugural CCAR Recovery Coach Professional designation presented at a special facilitator retreat in 2016.



Dona has served as a CCAR Core Trainer since the inception of its TOT program through its abolition this year. Read her reflections on the experience of delivering recovery coach training of trainers, nurturing a generation of trainers and what these new terms mean for the field [here](#).

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