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E-News

for Peer Recovery Professionals



ASAP-NYCB | October-November 2022

- **CELEBRATE** Elisabeth Kranson and the milestones of her two years as ASAP-NYCB's first full-time Director of Certification & Sherry LaFountain, ASAP Director of Events Management, now preparing the **ASAP 8th Annual Veterans Summit** (in-person, Wednesday, November 2; Tarrytown)
 - **PREVIEW** ASAP-NYCB Board member, Malik Hutchinson, at November's **ASAP 8th Annual Veterans Summit** (Wednesday). Continuing Education credits available!
 - **CONGRATULATE** ASAP-NYCB Board member, Luis Laboy, on his new position at Acacia Network
 - **READ A Guide to Supervision for CRPA-Provisionals** for peer recovery professionals and their supervisors and trainers. Are you CRPA-Provisional looking for information on your 500 hours for your Supervisor? This Guide is for both of you!
 - **CHECK OUT** custom-developed complimentary 4-hour **Medication Supported Recovery: A Pathway of Recovery** webinar training **substituting** for 3-hour "Supporting Recovery with Medications for Addiction Treatment (MAT)" (expires December 31, 2022)
 - **FIND** information on scheduling the **IC&RC Peer Recovery exam** (CRPA-Provisional, Upgrade to CRPA and CRPA only)
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In the news with ASAP-NYCB Board members Luis Laboy & Malik Hutchinson



"You know that my CRPA credential is the dearest to me," says **ASAP-NYCB Board member, Luis Laboy**, who has just taken up his new position as Senior Administrator for OASAS Residential



As he promised at last month's ASAP Annual Conference, **Malik Hutchinson** will bring the **Veteran Supported Recovery (VSR)** back to its roots on Wednesday (Nov 2) at the 8th ASAP Veterans Summit -

Services at ACACIA Network.

A familiar face in the recovery community where he is a seasoned advocate, he confirms that "ACACIA Network is extremely supportive to my community engagement efforts, and I will continue my commitments to the Bronx Council on Alcohol and Substance Use Disorders and the New York State Alumni Association, both of which are approved for CARC and CRPA continuing education and, of course on the NYS ASAP-Harm Reduction Committee."

CONGRATULATIONS, Luis!

<https://tinyurl.com/ASAP-Vets-2022-reg>.

"Veterans are the closest to my heart," Malik explains, remembering the Vets Summit three years ago when he first advocated for a dedicated VSR certification with proper role training.

"It's very exciting to report back that ASAP stepped up, and to be saluting the first VSR certificants!"

For information on VSR, please visit <https://www.asapnys.org/veteran-supported-recovery/>.

In the office with Elisabeth Kranson & Sherry LaFountain



CELEBRATE

Elisabeth Kranson
ASAP-NYCB Director of Certification
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Elisabeth's first initiative on her groundbreaking appointment as ASAP-NYCB's full-time Director of Certification on September 1, 2020, was to sign up for the national **Institute for Credential's Excellence's** Certification Specialist credential. "ICE is the industry-standard and I wanted to be trained and recognized as a credentialing professional," she explained. "At ASAP-NYCB, we can committed to excellence in everything that we do."

Click here to read highlighted
ASAP-NYCB 2012-2022
Milestones



CELEBRATE

Sherry LaFountain
ASAP Director of Special Events
slafountain@asapnys.org

"Yes, it's annual conference season," ASAP's long-term Director of Special Events, Sherry LaFountain confirmed from her downtown Albany office. "Our 8th **Annual Veterans Summit** is in-person on November 2 and last month's **ASAP conference** last month was a great success."

Click here for our interview with
Sherry LaFountain

Register here for Malik Hutchinson
on VSR, and so much more, at the
in-person Annual Veterans
Summit

CRPA-Provisional? Trainer? Supervisor?

NOW AVAILABLE - MUST READ!



Role Experience for Certified Recovery Peer Advocate (CRPA) Candidates | 500 hours A Guide to Role Competencies for Peer Supervisors & Program Managers

To ensure that CRPA candidates are provided a quality and comprehensive 500-hour role experience, to include 25 hours direct supervision, supervisors and program managers are encouraged to review and use this guide to better support the development of the knowledge, skills, and abilities considered essential to competent performance in the peer recovery advocate role, as determined by ASAP-New York Certification Board (ASAP-NYCB) - see Appendix.

The following guide follows the four competence domains covered during initial certification training (Advocacy, Mentoring and Education, Recovery/Wellness Support, and Ethics). It is recommended that supervisors use this guide to help candidates maximize their learning during the role experience period.

In this document, the term "CRPA candidate" identifies the "peer" offering services, and "individual" identifies the person (i.e., client, patient, consumer, individual, etc.) being served. "Peer" and "individual" are the terms used by the International Certification & Reciprocity Consortium (IC&RC), originators of the role and its competencies. It's the language used in the IC&RC Peer Recovery exam, also a CRPA requirement.

Domain 1: Advocacy

During the 500-hour role experience, CRPA candidates should gain practical experience of **advocacy** using:

1. Strengths based and person-centered language when working with individuals
2. Shared decision-making techniques to develop self-advocacy skills within individuals
3. Professional advocacy to help individuals connect with recovery resources including, *but not limited to*:
 - i. Treatment
 - ii. Housing
 - iii. Benefits
 - iv. Healthcare
 - v. Recovery Community supports
4. Professional meetings and other forums for advocacy on behalf of individuals
5. Policies and the patient bill of rights to protect individual interests regarding treatment and recovery resources

Domain 2: Mentoring and Education

During the 500-hour role experience CRPA candidates should gain practical experience of **mentoring and education** using:

1. Professional relationships with individuals that respect personal boundaries and help with conflict resolution and problem-solving skills.
2. Effective client-centered communication skills such as asking open-ended questions, affirmations, reflections and summaries
3. Effective and appropriate self-disclosure as a means of building trust and educating through shared experiences
4. Empowerment strategies that strengthen the individual's ability to build self-efficacy

"A Guide to Role Competencies for Peer Supervisors & Program Managers" [click here](#)

MEDICATION SUPPORTED RECOVERY

4-hour online training for initial certifications (CARC and CRPA) and CRPA renewal substitutes for expiring 3-hour "Supporting Recovery with Medications for Addiction Treatment (MAT)"

Filling a gap in training options for Medication Supported Recovery, **ROcovery Fitness of**

Rochester and ASAP-Peer Workforce Initiative have partnered to co-sponsor an original 4-hour approved MSR training as substitute for the expiring 3-hour eHeath Knowledge MAT program. With production costs fully underwritten by the co-sponsors, this new **MSR: A Pathway of Recovery** training is now available online at the same price.



"ASAP-NYCB policy is very clear," said Ruth Riddick, ASAP-PWI administrator. "Peer recovery professionals are all about **recovery**." Recovery-focused training is the priority for CARC and CRPA. "Our partnership with ROcovery Fitness is simply in the interests of maximizing choice and access, and to meet a specific need previously met only by the expiring eHeath Knowledge option."

Recommending that candidates check out the many trainer-led MSR options posted on the ASAP website, she continued: "There are terrific original, recovery-focused MSR trainings on the approved foundational trainings list - <https://www.asapnys.org/nycb-approved-training/>."

As advertised on the website, the eHealth Knowledge 3-hour MAT program taken after December 31, 2022 will not be accepted. This expiration date affects all versions of this *Supporting Recovery with Medications for Addiction Treatment (MAT)* program wherever hosted and irrespective of who issues completion certs.



See full details and access the training at <https://tinyurl.com/ASAP-ROC-MSR-Part-1>.

For details of other approved Medication Supported Recovery opportunities, please check out the full list at <https://www.asapnys.org/nycb-approved-training/>.

All training must be approved to be accepted for certification.

CRPA-Provisional?

Schedule the IC&RC Peer Recovery Exam NOW - email the Certification Team. For instructions, [click here](#).

For information about the optional, online ASAP Exam Prep workshop with **Lori Drescher, Lisa Nichols** and **Ruth Riddick** (IC&RC item writer), [click here](#).

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