

WHAT IS A PROFESSION?

TRAINING Practice-Specific

- Based on Role Delineation Study
- Delivered by qualified trainers
- Approved by credentialing board

Approved Role Training:
<https://www.asapnys.org/nycb-approved-training/>

Code of Ethical Conduct:
<https://www.asapnys.org/ny-certification-board/>

assuring performance

ETHICS Profession-Specific

- Developed by the profession
- Implemented by the credentialing board
- Binding on certificants
- Ethical complaints assessed by credentialing board

assuring accountability

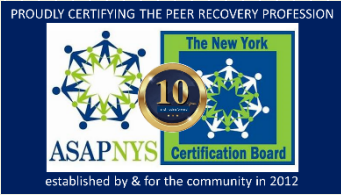
CERTIFICATION Role-Specific

- Awarded to candidates demonstrating role competence per standards developed by the credentialing board

Certification Standards and Applications:
<https://www.asapnys.org/ny-certification-board/>

assuring competence





ASAP-NYCB CERTIFIED RECOVERY PEER ADVOCATE (CRPA)

ROLE DEFINITION

"A peer advocate provides outreach, advocacy, mentoring, and recovery support services to those seeking or sustaining recovery."

- ASAP-NYCB via International Certification & Reciprocity Consortium (IC&RC), 2013

Peer support services are an important part of the treatment and recovery process. CRPAs draw from personal experience with substance use, and professional training to provide non-clinical support services as identified in the patient's treatment or recovery plan."

- OASAS, 2023

JOB DUTIES

Per OASAS, 2023:

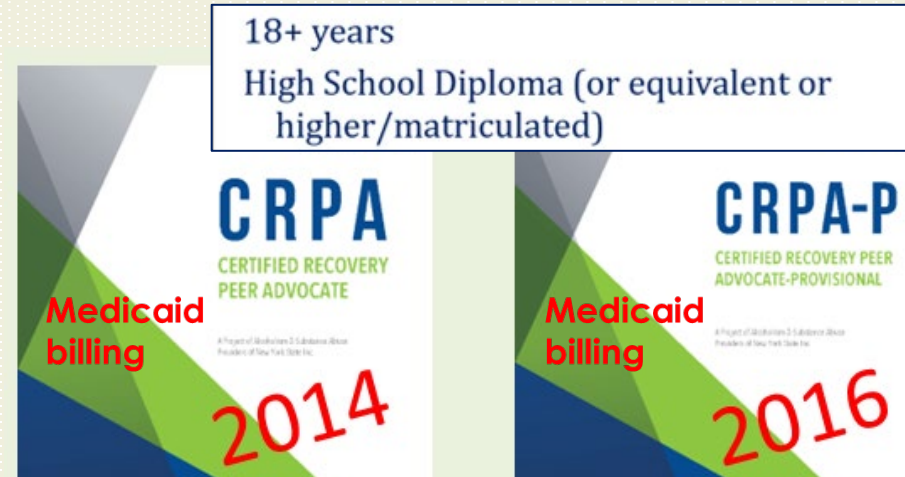
The primary function of a Certified Recovery Peer Advocate is facilitating outreach with individuals currently in a program or considering treatment:

- Non-clinical crisis support, especially after periods of hospitalization or incarceration
- Educating program participants about various modes of recovery
- Accompanying clients to medical appointments
- Raising awareness of existing social and other support services
- Linking participants to formal recovery supports
- Assisting with applying for benefits



FOUNDATIONAL ROLES in the PEER RECOVERY PROFESSION

Find approved training at <https://www.asapnys.org/nycb-approved-training/>



CRPA-Provisional is a time-limited status recognized for Medicaid-billing. Upgrade to CRPA within 24 months.

- 46 hours ASAP-NYCB approved role training
- 4 hours ASAP-NYCB approved Medication Supported Recovery
- Affirmation of ASAP-NYCB Code of Ethical Conduct

add (CRPA):

500 hours role experience, plus 25 hours of being mentored/supervised

IC&RC Peer Recovery Exam: passing grade in test of knowledge, skills, ability in 54 role competencies (via ASAP-NYCB only)

18+ years
High School Diploma, GED/HSE/equivalent; higher (matriculated)

50 hours role training

- 46 hours domain-based training
- 4 hours Medication Supported Recovery

CRPA-PROVISIONAL

24 months only

- 500 hours role experience
- Pass IC&RC Peer Recovery exam

CRPA-Provisional is a time-limited status recognized for Medicaid-billing. Upgrade to CRPA within 24 months.

CERTIFIED RECOVERY PEER ADVOCATE

3 years renewable

- 24 hours education
- 4 hours Peer Ethics

500 hours role experience



ROLE EXPERIENCE – CRPA only

New Applicants

NYCB Certificants

Peer Recovery Exam

Which Certification?

NYCB Ethics

For Trainers



Role Experience for Certified Recovery Peer Advocate (CRPA) Candidates | 500 hours A Guide to Role Competencies for Peer Supervisors & Program Managers

To ensure that CRPA candidates are provided a quality and comprehensive 500-hour role experience, to include 25 hours direct supervision, supervisors and program managers are encouraged to review and use this guide to better support the development of the knowledge, skills, and abilities considered essential to competent performance in the peer recovery advocate role, as determined by ASAP-New York Certification Board (ASAP-NYCB) - see Appendix.

The following guide follows the four competence domains covered during initial certification training (Advocacy, Mentoring and Education, Recovery/Wellness Support, and Ethics). It is recommended that supervisors use this guide to help candidates maximize their learning during the role experience period.

In this document, the term "CRPA candidate" identifies the "peer" offering services, and "individual" identifies the person (i.e., client, patient, consumer, individual, etc.) being served. "Peer" and "individual" are the terms used by the International Certification & Reciprocity Consortium (IC&RC), originators of the role and its competencies. It's the language used in the IC&RC Peer Recovery exam, also a CRPA requirement.

Domain 1: Advocacy

During the 500-hour role experience, CRPA candidates should gain practical experience of *advocacy* using:

1. Strengths based and person-centered language when working with individuals
2. Shared decision-making techniques to develop self-advocacy skills within individuals
3. Professional advocacy to help individuals connect with recovery resources including, *but not limited to*:
 - i. Treatment
 - ii. Housing
 - iii. Benefits
 - iv. Healthcare
 - v. Recovery Community supports
4. Professional meetings and other forums for advocacy on behalf of individuals
5. Policies and the patient bill of rights to protect individual interests regarding treatment and recovery resources

Domain 2: Mentoring and Education

During the 500-hour role experience CRPA candidates should gain practical experience of *mentoring and education* using:

1. Professional relationships with individuals that respect personal boundaries and help with conflict resolution and problem-solving skills.
2. Effective client-centered communication skills such as asking open-ended questions, affirmations, reflections and summaries
3. Effective and appropriate self-disclosure as a means of building trust and educating through shared experiences
4. Empowerment strategies that strengthen the individual's ability to build self-efficacy



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5. Role model a recovery lifestyle that includes selfcare and other wellness practices
6. Resource connections to support the individual beyond treatment services

Domain 3: Recovery/Wellness Support

During the 500-hour role experience CRPA candidates should gain practical experience of *recovery/wellness support* using:

1. The multiple pathways model to support individuals in establishing and, where appropriate, implementing recovery goals
2. Education to enhance the individual's knowledge of the recovery process and potential challenges inherent to it
3. A strengths-based approach that acknowledges the individual's innate strength and attributes that can be applied to the recovery process
4. Universal trauma informed approaches when working with individuals in individual and group settings
5. Collaborative practices to identify an individual's basic needs and recovery-oriented support systems

Domain 4: Ethical Responsibility

During the 500-hour role experience CRPA candidates should gain practical experience of *ethical responsibility* using:

1. The ASAP-NYCB Code of Ethical Conduct to ensure the welfare of the individuals they serve - available for download at the ASAP-NYCB homepage (<https://www.asapnys.org/ny-certification-board/>)
2. Agency policies related to confidentiality and patient protection, including appropriate relationships and professional boundaries, to maintain the safety of the individuals they serve
3. Culturally competent approaches to professional practice
4. Non-judgmental, person-centered practice not influenced by the candidate's own biases and attitudes toward recovery
5. Supervisory feedback, and feedback from the individual, to improve professional practice

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Role Experience for Certified Recovery Peer Advocate (CRPA) Candidates | 500 hours A Guide to Role Competencies for Peer Supervisors & Program Managers

Select Activities Recommended for Peer Supervision

1. Work collaboratively to develop a supervision contract outlining each parties' responsibilities
2. Collaboratively establish developmentally appropriate goals that guide the 500-hour role experience for both parties
3. Develop collaborative documentation related to supervisory discussions
4. Utilize skills building techniques during individual and/or group supervision. These techniques may include:
 - a. Role/Re-Play¹
 - i. Of peer interactions with service users
 - ii. Of advocacy with other professionals
 - iii. Of scenarios that entail ethical judgement
 - b. Peer/supervisor observation and feedback
 - c. Case discussion
 - d. Discussion of ethical standards related to peer practice and how they protect services users and professionals¹⁾
 - e. In-service training
 - f. Continuing education provided by external parties
 - g. Chart reviews with the peer as part of supervision to allow for real time feedback and guidance

¹ Re-play reenactment of previous situations for feedback and guidance on future interactions

¹⁾ Please see ASAP-NYCB Code of Ethical Conduct, <https://www.asapnys.org/ny-certification-board/>

PEER RECOVERY EXAM-CRPA only

New Applicants

NYCB Certificants

Peer Recovery Exam

Which Certification?

NYCB Ethics

For Trainers



How to Schedule the IC&RC Peer Recovery Exam

Only individuals who have been certified by ASAP-NYCB as CRPA-Provisional, and have paid the \$80 exam fee, are eligible to schedule and take the exam.

- On request, ASAP-NYCB will preregister CRPA-Provisionals with the IC&RC testing company, Schroeder Management Technologies (SMT).
- ASAP-NYCB will then send a confirmatory email together with study guides and further instructions. Preregistered candidates have 12 months to schedule and take the exam or they will lose their access and forfeit the fee.
- SMT will immediately email preregistered candidates inviting them to "create an account" and complete the exam registration process.
- Once candidates complete their registration with SMT, they will choose the date and the place to take the computer-based exam. The computer-based exam is held under secure conditions at in-person testing sites only.
- Candidates will know their exam score immediately and IC&RC will notify ASAP-NYCB of the result.
- For candidates who do not pass, there is a mandatory 90-day waiting period before ASAP-NYCB can again preregister someone for the exam. Additionally, there is another exam fee of \$80 due. ASAP-NYCB will set up that extra payment step in Certemy.
- If a candidate doesn't show up for the exam, the test fee is forfeited and another \$80 must be paid to reschedule and take the exam.

Please note:

A candidate who is certified as a CRPA-Provisional may take and pass the exam before submitting or completing the Upgrade to CRPA application. However, passing the exam does not automatically confer certification as a Certified Recovery Peer Advocate (CRPA).

That is, certification candidates must also complete the required 500 role experience hours (with 25 hours of being supervised) and submit an Upgrade to CRPA application. The upgrade fee is \$50 and must be submitted before the CRPA Upgrade application will be reviewed.

A candidate is professionally certified only when ASAP-New York Certification Board has approved the Upgrade to CRPA application.

Exam Fee Payments:

Candidates have the option of paying exam fees in Certemy as part of either a CRPA-Provisional or and Upgrade to CRPA applications. Or, checks or money orders, made payable to ASAP-NYCB, may be mailed to this address:

ASAP-New York Certification Board
194 Washington Ave, Suite 300
Albany, NY 12210-2314

[CHECK OUT THE ASAP EXAM PREP WORKSHOP - NOW AVAILABLE 24/7](#)

EXAM PREP ONLINE!



A Career in the Peer Recovery Profession

Are you ready for CRPA? Upgrade to CRPA?

ASAP Peer Recovery Exam Prep workshop
co-presented with Recovery Coach University
online availability - 24/7

Register and create a unique account for future log in at
<https://tinyurl.com/ASAP-exam-prep-online>

Registration Fee: \$10 covers hosting costs

Already registered? Have tech issues? Email: support@scioyix.com

Questions? Ruth Riddick, riddick@asapnys.org

- ✓ You have applied to the New York Certification Board for CRPA (or are currently CRPA-Provisional and preparing your CRPA Upgrade)
- ✓ You have already completed, or are in the process of completing, 500 hours peer advocate role experience in the field (job, volunteer, internship, community work, etc.) with 25 hours supervision
- ✓ You have completed 50 hours of ASAP-NYCB-approved peer recovery training (check with your trainer to confirm training approval status): 46 hours foundational plus 4 hours Medication Supported Recovery
- ✓ You have a High School Diploma / equivalent / or higher
- ✓ You are 18 years (or older)
- ✓ You're just interested!

The filmed workshop with Ruth Riddick, Lori Drescher and Lisa Nichols:

- Revisits core concepts from practice-specific education
- Explores individual attitudes and concerns regarding taking the exam
- Demonstrates motivational interviewing skills
- Outlines the purpose and process of the exam
- Implements a real-time sample test
- Recommends options for further study



schedule

prepare

VALUE OF CERTIFICATION

CERTIFICATION Role-Specific

- Awarded to candidates demonstrating role competence per standards developed by the credentialing board

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assuring competence

“Certification confirms that I’m a **competent** and **ethical** professional with a **transparent** and **accountable** practice in the certified **role**.”

CERTIFICATION RENEWAL PROGRAM

Because You Are the Best and You Want the Best!



Renewal Program details:

<https://www.asapnys.org/renewal-program/>

Certification renewal every 3 years

PURPOSE of Continuing Education

- To become the best possible peer recovery professional I can be
- To become proficient in the knowledge, skills and abilities of my professional certification
- To be able to offer great service in my role

PROCESS for Preparing Renewals

- **Research:** Find out what I need to meet the certification standards
- **Inventory:** What are the gaps in my knowledge, skills and abilities?
- **Due Diligence:** Find out about these trainings and the trainers, including the logistics (time, date, cost) and trainer skills and reputation