



## E-News | July 2023

### **Interview with Stacy Charpentier**

CCAR Director of Training, Recovery Coach Professional, RCP-Facilitator

*Stacy Charpentier joined the Connecticut Community for Addiction (CCAR) team as Director of Training the ten years ago. She celebrated the diamond anniversary in January. Even then, however, Stacy was no newbie, having served with the Connecticut Certification Board and helped with establishing the New York Certification Board at ASAP (2012).*



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### **CCAR introduced the RCP-Facilitator program last year. What does it mean for trainers?**

We want to invite all current trainers to obtain their RCP-F (Recovery Coach Professional Facilitator) in order to be authorized to train CCAR Curricula past January 1, 2024. Details are posted on our website at <https://addictionrecoverytraining.org/becoming-a-facilitator/>.

Our goal is to ensure that all facilitators possess the necessary skill-set and foundational principles that the CCAR model relies upon. These include actively listening, asking insightful questions, discovering and managing personal challenges, all while treating the recoveree as their own best resource.

### **I've been facilitating CCAR's Recovery Coach Academy for years. What do I do now?**

We understand that some facilitators may still be in the midst of this journey or may be feeling discouraged or anxious about the RCP process. I would like to encourage those who have yet to complete the process, or are experiencing any doubts, to reach out to the CCAR Training team. We are here to assist you in any way possible, as we genuinely want to see everyone succeed.

### **How is this CCAR RCP-F program different from what ASAP-NYCB wants?**

CCAR is a recovery community organization and, therefore, we do not have the authority to certify anyone.

CCAR and ASAP-NYCB are two separate entities with different purposes. CCAR provides training programs and ASAP-NYCB certifies individuals. Our reporting, registration and other procedures, are vastly different, as they should be. Training should never influence certification and vice versa. Regardless of what ASAP-NYCB needs, CCAR documentation and reporting are requirements of all facilitators and must be complied with in order to maintain the ability to train our curriculum.

### **Weren't you involved in starting ASAP-New York Certification Board? What was that about?**

I began my career in this field as a temp working for the CT Certification Board. While I was there is when we developed the original CARC. (The original application and artwork were the designed by me!) It was the desire of ASAP to adopt what we had developed and to truly replicate it in hopes of making standard for people who were eager to serve as coaches. I applaud ASAP-NYCB for keeping a certification for Recovery Coaching.

### **What has been the most meaningful experience of your career so far?**

I feel so blessed to be able to serve the recovery community through the work I do every day. We have now trained over 92,000 people and to know that I had part in ensuring that people in and or seeking recovery have Recovery Coaches that are able to help them in their journey is truly humbling. As have the opportunities entrusted to me, such as traveling to Doha, Qatar twice this past year to train the CCAR curricula. It was the first time the training had been conducted in Arabic, translated into Arabic and delivered to a group of men and women together in the same room! Being part of that, and seeing how impactful our curriculum, and being able to designate RCPs a half a world away, was another truly meaningful experience.

### **Do you have time for extracurricular activities and what's next for you?**

I do have limited time for extracurricular activities, which I believe is a huge part of self-care which I practice as much as I can. I crochet – a lot. I'm also an avid reader, reading about 25 books per year on my iBooks app. I have two adult daughters, and two adult stepdaughters who I love spending time with any chance I get. I love to travel with my husband, most recently visiting Nashville.

I am also a part time student, pursuing a degree in public health.

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*Thank you, Stacy!*

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<https://www.asapnys.org/ny-certification-board/>