



Domain 1 – Youth Peer Support – 11 items

- 1.1 Practice individualized peer support that strengthens resiliency and well-being
- 1.2 Develop self-awareness and utilize lived experience effectively
- 1.3 Navigate local and regional youth recovery support and treatment options including diverse levels of care and Medication Assisted Treatment/Narcan
- 1.4 Connect youth with recovery-friendly work, volunteer, educational and recreational activities
- 1.5 Collaborate with family members and encourage active involvement in recovery activities
- 1.6 Assist with values clarification and promote self-expression
- 1.7 Recognize the impact of peer groups and encourage positive community connections
- 1.8 Understand youth development and how best to respond to stage-specific needs
- 1.9 Identify and respond to high risk situations during developmental, social and environmental transitions including social reintegration from correctional and treatment settings
- 1.10 Recognize the impact of diverse school settings and school culture
- 1.11 Collaborate effectively with community stakeholders such as clinical treatment teams, criminal/juvenile justice and social welfare professionals

Domain 2 – Recovery & Addiction – 9 items

- 2.1 Recognize the full continuum of substance use/addictive disorders
- 2.2 Differentiate between drug culture and recovery culture
- 2.3 Recognize the impact of family substance use/addiction
- 2.4 Explain the impact of substance use/addiction and recovery on youth development
- 2.5 Recognize local and regional trends related to youth substance use/addiction and recovery
- 2.6 Assist individuals to manage triggers and identify coping skills
- 2.7 Promote recovery by utilizing empowering, hopeful and optimistic strategies
- 2.8 Utilize recovery-friendly technology, social media, web-based support communities and resources
- 2.9 Practice recovery-oriented language and avoid the use of stigmatizing labels and terms