



Addiction Recovery Coach | Initial CARC Certification

Role Training Opportunity & Guidelines

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"A recovery coach is anyone interested in promoting recovery from addiction by assisting recoverees to remove barriers to recovery, generating individualized recovery options, and connecting recoverees with recovery support services designed to build recovery capital."

- ASAP-New York Certification Board 2012

"Coaches partner with clients in a thought-provoking and creative process that inspires them to maximize their personal and professional potential."

- International Coaching Federation, 1997

The Certified Addiction Recovery Coach certification was developed per the 2012 Role Delineation & Job Task Analysis (CT Certification Board). ASAP-NYCB offers this certification in NYS and posts its four performance domains and 27 associated competencies (knowledge, skills and abilities) at <https://www.asapnys.org/ny-certification-board/> ("Which Certification"). Candidates are required to demonstrate role competence per standards determined by ASAP-New York Certification Board.

These standards stipulate a minimum of 56 training-hours, plus a mandatory 4-hours training in Medication Supported Recovery (MSR); giving a total of 60 approved foundational-hours. Trainings are approved by ASAP-NYCB and listed at <https://www.asapnys.org/nycb-approved-training/>.

Role Training Requirements for CARC Certification

- 1. Foundation:** In building a candidate's training portfolio for CARC certification, ASAP-NYCB accepts approved 46-hour foundational peer recovery training programs in part-fulfilment of the 60-hour domain based training requirements.
- 2. MSR:** The mandatory 4-hour Medication Supported Recovery content may be delivered by trainers offering foundational peer recovery programs or sourced elsewhere via approved third-party training providers, including asynchronous virtual trainings. Original curriculum.
- 3. CARC Electives:** The final 10-hour block may be assembled via one or more ASAP-NYCB approved performance domain-based elective courses. A particular value of this opportunity is to provide candidates with a choice of additional skill-building training.

Total CARC Training: Trainers may offer a complete training package: (a) one training from each category above; **or** (b) an all-in-one 60-hour original domain-based curriculum. In either case, trainers will secured approval for all elements of their training programs.

CARC Electives: Training & Development Opportunity

ASAP-NYCB invites Trainer Registry members to submit programs to fulfill the 10-hour CARC Elective Training requirement. Submissions may be an adaptation of relevant material from current offerings, consist of original coursework, or comprise standard third-party curricula developed by experienced peer recovery training vendors. **You do not need to offer foundational training to avail of this opportunity.** Submit trainings for approval at: <https://tinyurl.com/asap-nycb-approval-sub>.

- CARC Electives offer all or part of the final CARC 10-hour training block; programs may be shorter/longer than 10 hrs to qualify for training approval
- Must be appropriate to foundational training in the Recovery Coach role
- Must be domain-based, per the CARC Role Delineation Study
- Focus primarily on:
 - **Communication Skills** such as purposeful conversation; motivational interviewing; strategic story sharing; and/or
 - **Resource Building** including local and community; public/private; state and nationwide
- May address hot-button topics that bring challenges into the conversation - for example, difficult conversations about spirituality in recovery; cultural humility and competence; managing conflict and professional detachment; sensitive stories; etc. - to the extent that coursework develops deeper communication skills and abilities
- Must avoid content with potential to generate role boundary confusion (i.e. clinical issues)

*** Approved CARC Electives may also be offered for all certification renewals; one-use credit only. ***